



# KARACHI CAMPUS

# ISRA UNIVERSITY



## **VISION STATEMENT**

"Excellence in education and knowledge creation with empathy for societal development"

## **MISSION STATEMENT**

"To impart quality education, foster scientific research and entrepreneurship, and produce graduate with strong interpersonal skills, responsibility and ethical values to serve their profession and the society"

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The Karachi Campus is strategically located at 5 kms from Malir No. 15, Main Shahrah-e-Faisal. The beautiful and lush green campus houses the Al-Ibrahim Eye Hospital, Al Tibri Medical College, Isra School of Optometry, Isra Institute of Rehabilitation Sciences and Isra Postgraduate Institute of Ophthalmology.

#### AL TIBRI MEDICAL COLLEGE

The purpose-built college building has been designed in accordance with the specifications of Pakistan Medical Commission (PMC), and comprises lecture halls, demonstration rooms, laboratories, museums, library, auditorium and staff offices. It is equipped with modern and state of the art teaching aids and laboratory equipment to impart quality education in a clean and serene environment.

Al Tibri Medical College has its own teaching hospital, which has all the essential clinical departments including; Internal Medicine, General Surgery, Obstetrics and Gynaecology, Paediatrics, Ophthalmology, ENT, Radiology, Clinical Laboratory and Operation Theatres. All clinical departments are furnished with modern equipment to provide high quality medical care. The faculty members in both basic medical sciences and clinical sciences are highly qualified and experienced professionals, as per the guidelines of PMC.

#### AL TIBRI COLLEGE OF NURSING

Al-Tibri College of Nursing (ATCON) is recognized academic unit from Higher Education Commission and Pakistan Nursing Council (PNC) aims to produce qualified and competent nurses, capable of providing standard nursing care. ATCON provides an opportunity to promote critical thinking and hands on skills among nurses to serve better and work under challenging situations.

ATCON has highly qualified faculty members with developed infra-structure. It has comfortable and creative environment of learning. ATCON offers two undergraduate programs that are BSN four year degree program and Post RN BSN two year degree program to meet the growing demand of qualified nurses at national and international level.

#### SRA SCHOOL OF OPTOMETRY

The Isra School of Optometry offers training and education in the field of vision sciences. It greatly

contributes in producing human resources required at mid-level ophthalmic personnel both nationally and internationally. The building has been donated by Sight Savers International (SSI) by virtue of the charitable services offered by the Al-Ibrahim Eye Hospital in eye care.

The Isra School of Optometry offers a 4-year bachelor's degree program in vision sciences to develop mid-level ophthalmic work force to serve at primary level hospitals and at higher levels, both nationally and internationally.

## ISRA INSTITUTE OF REHABILITATION SCIENCES

The Isra Institute of Rehabilitation Sciences (IIRS) aims to produce competent rehabilitation practitioners who are capable of conducting unique and independent research. The School promotes critical thinking and inquiry to foster an environment of research and academic learning. Its programs have been designed to meet the growing demand of the populace in rehabilitating patients from injuries and disabilities. Its graduates are equipped with the skills and aptitude to provide effective care in restoring bodily functions, improving mobility, relieving pain and contributing towards a better life style for the patients.

## ISRA POSTGRADUATE INSTITUTE OF OPHTHALMOLOGY (IPIO)

The IPIO started as a small eye unit in the name of

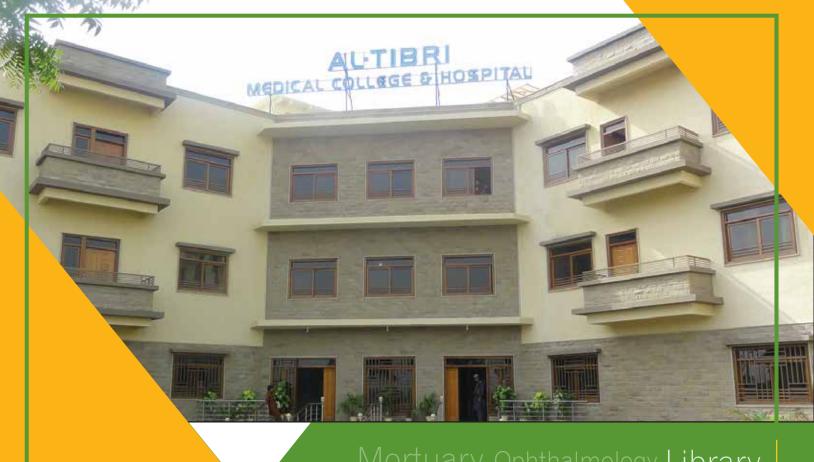
Al-Ibrahim Eye Hospital (AIEH) in 1990 at a Community Center of the same suburb and has grown to be a Tertiary Teaching Hospital that boasts a 70 bed indoor facility with 30 consultation rooms and 6 Operation Theatres.

IPIO is recognized by Pakistan Medical Commission (PMC) for house job, residency training leading to MS Ophthalmology, MS Second Fellowship in Pediatric Ophthalmology, Vitreo Retina & Oculoplasty by Isra University Hyderabad. MCPS, FCPS, Second Fellowship in Vitreo-Retina and Pediatric Ophthalmology by College of Physicians & Surgeons Pakistan (CPSP). On the other hand IPIO launched Ophthalmic Paramedics training program in 1994 which is recognized by the Sindh Medical Faculty.

IPIO runs a full time training program in ophthalmology that includes lectures, case presentations and on job training. This centre has well developed subspecialty units that include Vitreo-Retina, Pediatric Ophthalmology, cornea, Glaucoma, Occuloplasity, Cataract and Low-Vision Aids, IPIO has also received full accreditation from CPSP for recognition of Second Fellowship in Vitreo-Retina and Pediatric Ophthalmology.







Al Tibri Medical College Mortuary Ophthalmology Library Paediatrics Anatomy Pathology Surgery Physiology Gynaecology Nursing Community Medicine Forensic Medicine Otorhinolaryngology Internal Medicine Bio Chemistry Doctor of Physical Therapy



# Al Tibri Medical College

The Al Tibri Medical College is committed to academic excellence in medical education. It caters for the urgent need of community oriented, competent, dedicated and above all caring medical doctors, physiotherapists and vision scientists who through their comprehensive understanding and acquisition of relevant skills can deal with the health problems of the people.

10 AL TIBRI MEDICAL COLLEGE MBBS

# BACHELOR OF MEDICINE & BACHELOR OF SURGERY

The MBBS degree is a five-year program of 236 credit hours. The first two years mostly cover the pre-clinical studies in basic medical sciences. The courses taught in the pre-clinical years deal with the normal structure and function of the organs of the body. The program also incorporates community-oriented medicine, biostatistics and preliminary clinical medicine.

In the subsequent years of clinical education and training, the students gain a broad systematic knowledge of para-clinical, medical and surgical subjects. The clinical teaching is mainly given in attached Al Tibri Teaching Hospital. It prepares the students to learn how the disease process affects the body, and provides them necessary skills to examine, investigate and treat the patients.

During the clinical period, the students are also exposed to clinical laboratories and hospital wards where they get an opportunity to become familiar with the most commonly encountered health problems. From time to time, the students are also required to participate in clinicopathological conferences to integrate various aspects of a particular disease.

#### **Courses of Study**

The curriculum conforms to the rules and regulations laid down by the Pakistan Medical Commission (PMC). It aims at stimulating the cognitive, affective and psychomotor domains of learning. There are two broad categories of subjects covered in the MBBS program, namely basic medical sciences & pre-clinical and clinical subjects.

MBBS program courses are being taught in integrated, system based modular form in accordance with guidelines of PMC [80%] will be on basic medical sciences and during the following years on the clinical sciences. Thus total period of training will be five years before a student qualifies to practice medicine.



#### Anatomy (Contact Hours 600)

The subject matter is structured to give an understanding of the cell biology, gross anatomy, microscopic anatomy (histology), neuroanatomy and embryology with emphasis on clinical implications. The subject is taught with the help of models, dissected cadavars, prosections, films, CD's, slides, and other audiovisual aids. MDAT 111, 112.

# Physiology and Behavioral Sciences (Contact Hours 600)

The discipline of physiology includes the study of living systems from sub-cellular and cellular levels to organ function and whole body behavior. The topics covering the major organ systems of the body include cardiovascular, digestion, respiration, internal homeostasis, voluntary and involuntary motor control, energy balance and geriatic physiology. Experimental work in physiology is designed to include and illustrate important physiological concepts, and measurements. The use of advanced recording and monitoring equipment and techniques is demonstrated, emphasizing the importance of precise recording and analysis of data in the solution of medical problems. MDPL 121, 122. The discipline of behavioral sciences include the study of consciousness and its altered states; psychological development of learning, memory, personality and human motivation in health and illness, MDBS 123.

#### **Biochemistry (Contact Hours 300)**

The science of biochemistry is fundamental to the understanding of relationships between structure and function of biomolecules in the human body. Students are taught those areas of biochemistry that are important for the understanding of nutritional, metabolic and genetic disorders, relevant to common disturbances of body functions, gene structure and its function. The course is integrated with concomitant studies of the morphology and physiology of the human organ systems. Experimental work in biochemistry will highlight important clinical applications of biochemical tests. Methods of biochemical analysis by various techniques are used for separation, identification, and measurement of biomolecules relevant to clinical sciences.

MDBC 131, 132,

# Pharmacology & Therapeutics (Contact Hours 300)

The science of pharmacology is concerned with the effects of drugs on the cells, organs of human beings, influence of drugs on cellular mechanisms and the fate of drugs in the body. The teaching of pharmacology is limited to general principles of pharmacokinetics and pharmacodynamics of groups of commonly used drugs. The course also contributes to studies in the clinical disciplines in which the therapeutic uses of drugs and an appreciation of adverse drug reactions form an essential part of the preparation of clinical practice. Experimental work in pharmacology is aimed at the demonstration of actions of drugs on isolated tissues and living subjects. MDPM 251.

#### Pathology (Contact Hours 600)

This subject includes general and special pathology, clinical and chemical pathology,

microbiology, hematology and immunology. The general pathology presents a scientific study of diseases, the genetic basis of some diseases, the body's normal responses to noxious environmental stimuli and the principles of homeostasis. Abnormal and deleterious effects of the immune responses, neoplasia, infection and metabolic derangement constitute an important part of the course. The course on microbiology consists of bacteriology, mycology, virology, immunology and parasitology. Emphasis on microbiology is given for the knowledge of various infections in humans and the application of this knowledge in the diagnosis and management of infectious diseases. Practical work in the laboratory complements instruction given in lectures and tutorials. Teaching of general principles is supplemented by experimental work. Students are trained in collection of various specimens for analysis, and performing commonly used tests. MDGP 241,

MDMB 242, MDSP 243.

# Forensic Medicine & Toxicology (Contact Hours 100)

Students are taught the legal aspects of medical practice and the legal implications of medical disorders, in collaboration with the departments of pathology, pharmacology, hospital casualty, and other clinical sciences. The emphasis is placed on those legal aspects of medicine that a young medical graduate may be expected to face in professional life. MDFM 244.

#### **Community Medicine (Contact Hours 250)**

This subject is highly stressed in the curriculum to familiarize the students with community health problems and is taught from year one to four. It covers fields of biostatistics, epidemiology, primary healthcare and community related medicine. The subject is taught by way of lectures and tutorials, field



12 AL TIBRI MEDICAL COLLEGE MBBS

visits to various rural communities, and through environmental health projects. MDCM 261.

# Islamic and Pakistan Studies (Contact Hours 40)

These courses, though not falling under basic sciences curriculum, are important for a medical student in Pakistan. The causes of ailments of body go beyond the derangement of physiological systems of body. Its roots go deep down in the society and culture of a diseased person.

Pakistani culture and moral values are derived from its religion, Islam. The courses consist of an overview of Islam as a religion, its contribution to human civilization, its concepts of moral values, and the chief characteristics of an Islamic society. While emphasizing the moral, constructive and reformative values of Islam, the students are guided to evolve their own codes of behavior with respect to medical ethics and relationships with patients and society. HMPS 113, HMIS 114.

## **Computer Applications (Contact Hours 40)**

The subject involves rigorous training over 48 contact hours that enables students to use popular computer software packages and learn the course related subject matter through computer simulated educational programs that are available at the Isra University library and elsewhere. CSMO 115.

#### **Professionalism & Communication Skills**

In today's competitive world, effective communication skills training is more essential than ever before. It is the foundation on which careers are built and a crucial component of lasting success. The communication skill and professional courses help young doctors to develop a truly engaging and responsive communication style, leading to positive professional attitude.

#### Clinical Skill Lab

Medicine of present world demands high level of competency in both clinical examination and

performing a procedure in patients. The traditional methods of bedside skill learning and teaching are supplemented by instruction in clinical skills lab is basic important method of teaching clinical skills.

## **Clinical Subjects**

Clinical clerkships in various clinical disciplines are essential to develop basic clinical skills for accurate assessment, analysis, synthesis, and critical thinking, leading to appropriate diagnosis and management. Students are exposed to common health problems of the community. They spend much of their time in clinics, hospitals, and community health facilities, with less reliance on conventional classroom lectures. Students actively involve in the day-to-day management of patients in the wards, outpatient clinics, community health facilities, operation theaters, and so forth. They perform their duties under the supervision of their professors. Clinico-Pathological Conferences are held and a multidisciplinary, integrated approach is adopted



to correlate clinical presentations with pathology, and include comprehensive management of health problems.

## **Internal Medicine (Contact Hours 800)**

This field of study deals with medical diagnosis, treatment and care of a diseased person. It introduces the students to the art of history taking, teaches them the basic skills in performing the physical examination of patients, trains them in prescribing appropriate investigations, interpreting the results rationally, Formulating their findings orally and in polishing their writing skills, and providing them with the basic knowledge needed to stimulate them reaching a reasonable differential diagnosis. Internal Medicine and allied specialties include, among others, disciplines like cardiology, dermatology, psychiatry, and radiology. MDMD 361, 461.

#### Surgery (Contact Hours 800)

Included under this broad heading are subjects of general surgery and allied specialties consisting of orthopedics, anesthesiology, radiotherapy and radiology. Students are taught the general principles, indication and contra-indication of common surgical procedures. Emphasis is laid on developing skills in aseptic techniques, dressing, and mastering of minor surgical opportunity to observe the live operations of patients through closed circuit TV, and at times be physically present, to see the whole process from beginning to the end. In addition to this, training in the skills for giving local anesthesia, intubation and resuscitation is provided during clinical clerkship in anesthesia. MDSG 371, 471.

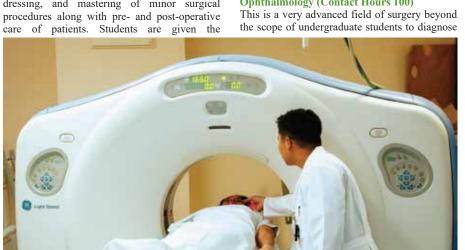
## Obstetrics and Gynecology (Contact Hours 300)

These courses cover concepts of childbirth, reproductive health, family planning and aspects of diseases specific to women. Students are assigned to take part in maternity & child welfare clinics and other community health facilities. While on duty in obstetrics and gynecology unit, the residence of student in the hospital premises is made compulsory so that they can take active part in labor room procedures. MDOG 481.

#### **Pediatrics (Contact Hours 300)**

Teaching of pediatrics includes; understanding of normal child growth and development, neonatology and theoretical as well as clinical aspects of diseases specific to children. The students are also familiarized with child health statistics and national health programs. MDPD

#### **Ophthalmology (Contact Hours 100)**



and manage all the common problems of the eye. However, the students are taught and trained to diagnose and manage minor common eye problems. They are trained to recognize and refer complicated eye problems to concerned specialists. MDOP 472.

## Otorhinolaryngology, ENT (Contact Hours

This is a very advanced field of surgery beyond the scope of undergraduate students to diagnose and manage all the common problems of the ENT. However, the students are taught and trained to diagnose and manage minor common ENT problems. They are trained to recognize and refer complicated ENT problems to concerned specialists. MDOL 473.

#### Clinico-Pathological Conferences (Contact Hours 80)

Clinico-pathological conferences are held regularly in the fourth and final year. These conferences are held in rotation by the various units. The students are encouraged to use their knowledge and skills to gather relevant information, and present case studies employing an integrated approach involving concerned specialists. Students are encouraged to attend mortality and morbidity sessions in the hospital. Furthermore, the conferences provide a platform for discussion on topics of practical importance, as well as updating and reviewing of specific clinical issues. This process also improves the students' competence and skills of public speaking and communication, and boosts up their ability to carry out literature survey, review the subject and become familiar with the art of report writing, MDCP 541.

#### Electives (Contact Hours 150)

Students are encouraged to gain further experience in one or two clinical subjects or carry out research on some aspect of medical sciences during annual vacations. This requirement can be fulfilled by gaining the required experience either inside the Isra University or its Hospitals. In some instances, arrangements can also be made so that the same can be accomplished in accredited institutions in Pakistan or abroad. For outside work, students themselves will bear the financial burden.

14 AL TIBRI MEDICAL COLLEGE MS Programs

## DESCRIPTION OF POSTGRADUATE PROGRAMS IN CLINICAL SCIENCES

MS programs are offered in various fields of clinical sciences, as stated under.

#### MS in Ophthalmology

The aim of the training program is to produce an Ophthalmologist having sufficient knowledge, skill and attitude to provide care at the consultant level with confidence. This is a four-year program with 78 credit hours of clinical and surgical training in the field of Ophthalmology and dissertation of 12 credit hours.

#### MS in ENT

The aim of the training program is to produce an ENT specialist having sufficient knowledge, skill and attitude to provide care at the consultant level with confidence. This is a four-year program with 78 credit hours of clinical and surgical

training in the field of ENT and dissertation of 12 credit hours.

## MS in Gynaecology & Obstetrics

The aim of the training program is to produce a Gynecologist & Obstetrician having sufficient knowledge, skill and attitude to provide care at the consultant level with confidence. This is a four-year program with 78 credit hours of clinical and surgical training in the field of Gynecology & Obstetrics and dissertation of 12 credit hours.

#### **MS in General Surgery**

The aim of the training program is to produce a General Surgeon having sufficient knowledge, skill and attitude to provide care at the consultant level with confidence.is is a four-year program with 90 credit hours of clinical and surgical training in the field of General Surgery.

# MS 2nd Fellowship Vitreo-Retina Ophthalmology

The aim of the training program is to produce a Surgeon for vitreo retina having sufficient knowledge, skill and attitude to provide care at the consultant level with confidence. This is a two-year program with clinical and surgical training in the field of Ophthalmology

# MS 2nd Fellowship in Pediatric Ophthalmology

The aim of the training program is to produce Surgeon for pediatric ophthalmology having sufficient knowledge, skill and attitude to provide care at the consultant level with confidence. This is a two-year program with clinical and surgical training in the field of Ophthalmology



		Study Scheme for MS Prog	jram		
Level 1	Course	Compulsory Subjects/Component	Credit Hrs	Courses Duration	Workshops
1 <sup>st</sup> Semester Probation Period	Subject Specialty-I (09)	360 Degree Evaluation	09	06 months	BLS Communication Skills Medical Ethics
2 <sup>nd</sup> Semester	Subject Specialty-II (09)	Workshop Research Methodology & Biostatistics	09/12	06 months	Computer Skills Surgical Skills
3 <sup>rd</sup> Semester	Clinical Rotation-I (09)	(3+0)	09/12	06 months	
4 <sup>th</sup> Semester	Subject Specialty-I (09)	Synopsis Submission	12	06 months	Workshops part of training during first 2 years
		Intermediate Examination			
5 <sup>th</sup> Semester	Subject Specialty-IV (09) Research (03)	Journal Club	12	06 months	
6 <sup>th</sup> Semester	Clinical Rotation-II (09) Research (03)		12	06 months	
7 <sup>th</sup> Semester	Subject Specialty-V (09) Research (03)	Thesis Submission	12	06 months	
8 <sup>th</sup> Semester	Subject Specialty-VI (09)	Medical Education (03)  Thesis Evaluation  Seminar Final  Final Certifying Examination	12	06 months	

Evaluation and Examination				
Internal Evaluation	Semester Examinations in Theory and Practical			
Contribution to Semester Examination 20%	Contribution to Semester Examination 80%			
A student is required to pass each component [Theory & Practical] separately and minimum passing marks in each component is 60%				
The details of course contents are available with the concerned departments				

## **Final Certifying Examination**

The student is required to appear in Final Certifying Examination at the end of Fourth Year.

The examination comprises theory and practical from the whole program AND

Defense of dissertation



# Post Graduate Certificate in "Scientific Writing in Health Professional"

Writing is a critical part of the scientific process; it is often taught secondarily to scientific concepts and becomes an afterthought to medical professionals

Credit Hours: 12 Credit Hours

**Duration of the Course: 20 Weeks** 

# A TYPICAL STUDY PLAN POST GRADUATE CERTIFICATE IN "CERTIFIED CLINICAL RESEARCH PROFESSIONAL" (CCRP)

Minimum Degree Requirements: This program comprises a minimum of 12 credits.

YEAR 1 First Semester

Course Code	Course Title	Credit (Contact) Hours
CRPM 6111	Module-I	2 (2+0)
CRPF 6112	Module-II	2 (2+0)
CRDR 6113	Module-III	2 (2+0)
CRCT 6114	Module-IV	2 (2+0)
CRCT 6115	Module-V	2 (2+0)
CRCT 6116	Assessment	2 (2+0)
	Total Credits	12



# Post Graduate Certificate in "Health Professions Education" (CHPE)

The CHPE course is intended for a broad cross-section of health professions including those working as a faculty in medicine, nursing and allied health services.

Credit Hours : 08 (5 credit hours for 2 Contact Sessions and 3

Credit Hours for assignments

**Duration of the Course:** 06 months



# Al-Tibri College of Nursing

Al-Tibri College of Nursing is recognized academic unit from Higher Education Commission and Pakistan Nursing Council. It offers two undergraduate programs that are BSN four year degree program and Post RN BSN two year degree program. Al-Tibri College of Nursing is moving on the path of development of human capacities through dissemination and advancement of knowledge and its application through dedicated service provision.

## **Bachelor of Science in Nursing**

The objective of this four year undergraduate program is to produce competent nurses to practise efficiently in any patient care area and upcoming fields of nursing such as nursing research, nursing administration, nursing education and many more. This program is

consisting of 135 credits with duration of four years. ATCON offers admission to male and female with any domiciles with age between 17-30 years and passed intermediate (pre-Medical with minimum 50% score in overall subjects)

Moreover, the BSN students will be registered

with Pakistan Nursing Council after completing one year internship as per given PNC internship policy and must pass the PNC Licensure examination.



# A TYPICAL STUDY PLAN BS Nursing

**DURATION 4 YEARS** 

Minimum Degree Requirements: This program comprises on minimum of 135 credit hours.

YEAR 1 First Semester

Course Code	Course Title	Credits	Total
NU - 611	Fundamentals of Nursing-I	4	
SC - 612	Microbiology	3	16 Credits
SC - 613	Anatomy & Physiology-I	3	
SC - 614	Biochemistry for Nurses	3	
EN - 615	English-I	2	
CS - 616	Computer Skills	1	

Course Code	Course Title	Credits	Total
NU - 621	Fundamentals of Nursing-II	4	
SC - 622	Anatomy & Physiology-II	3	
NU - 623	Community Health Nursing-I	3	
SC - 624	Applied Nutrition	1	17 Credits
EN- 625	English-II	2	
IS - 626	Islamiat	2	
PS - 627	Pakistan Studies	2	

YEAR 2 **Third Semester** 

Course Code	Course Title	Credits	Total
NU - 631	Adult Health Nursing-I	8	
SC - 632	Pathophysiology-I	2	17 Credits
NU - 633	Health Assessment-I	2	
SC - 634	Pharmacology-I	2	
MS - 635	Mathematics	1	
EN - 636	English-III	2	

## **Fourth Semester**

Course Code	Course Title	Credits	Total
NU - 641	Adult Health Nursing-II	8	
SC - 642	Pathophysiology-II	3	
NU - 643	Health Assessment-II	2	
HU - 644	Developmental Psychology	2	20 Credits
SC - 645	Pharmacology-II	2	
EN646	English-IV	2	
NU - 647	Nursing Ethics	1	

YEAR 3 Fifth Semester

<b>Course Code</b>	Course Title	Credits	Total
NU - 651	Pediatric Health Nursing	7	18 Credits
NU - 652	Community Health Nursing-II	6	
NU - 653	Teaching/Learning Principles & Practices	3	18 Cledits
EN - 654	English-V	2	

## **Sixth Semester**

Course Code	Course Title	Credits	Total
NU - 661	Mental Health Nursing	6	
SC - 662	Introduction to Biostatistics	3	
HU - 663	Behavioural Psychology	3	
SC - 664	Epidemiology	2	18 Credits
EN- 665	English-VI	2	
HU - 666	Culture Health & Society	2	

YEAR 4 **Seventh Semester** 

<b>Course Code</b>	Course Title	Credits	Total
NU - 671	Critical Care Nursing	7	
NU - 672	Introduction to Nursing Theories	2	
NU - 673	Leadership & Management in Nursing	3	17 Credits
NU - 674	Nursing Research	3	17 Credits
EN - 675	English-VII	2	

## **Eighth Semester**

<b>Course Code</b>	Course Title	Credits	Total
NU - 681	Community Health Nursing-III	5	
NU - 682	Nursing Seminar/Role Transition	2	12 Credits
NU - 683	Clinical Practicum	5	

#### Post RN Bachelor of Science in Nursing

The objective of this two year undergraduate program is to provide opportunity to diploma nurses to acquire a broad liberal degree level education with particular emphasis on theoretical and clinical knowledge related to nursing practice, nursing research and population health at primary, secondary and tertiary level. This program consists of 60 credits with two years duration. ATCON offers admission to male and female nurses with any domiciles, with no age limits, has completed diploma in nursing, Diploma in post basic specialty, 01 year clinical experience and valid PNC registration (NOC issued from respective department for candidates working in government services).

#### A TYPICAL STUDY PLAN Post RN BS Nursing

**DURATION 2 YEARS** 

#### YEAR 1

#### **First Semester**

Course Code	Course Title	Credits	Total
SC - 611	Biochemistry	2	
NU - 612	Advance Concept in Nursing-I (Adult Health Nursing)	4	
NU - 613	Health Assessment	3	16 Credits
SC - 614	Pharmacology	3	10 Credits
EN - 615	English-I (Functional)	2	
CS - 616	Computer Skills & Information Technology	2	

<b>Course Code</b>	Course Title	Credits	Total
NU - 621	Advance Concept in Nursing-II (Mental Health)	4	
SC - 622	Introduction to Biostatistics	2	
SC - 623	Epidemiology	2	
HU - 624	Culture Health & Society	2	17 Credits
NU- 625	Introduction to Nursing Models & Theories	2	
EN - 626	English-II (Academics)	2	
NU - 627	Principle of Teaching and Clinical Preceptorship	3	

YEAR 2 **Third Semester** 

<b>Course Code</b>	Course Title	Credits	Total
NU - 631	Advanced Concepts in Nursing III	4	
SC - 632	Introduction to Nursing Research	3	
NU - 633	Professional Development and Ethics	3	17 Credits
PS - 634	Pakistan Studies	2	17 Cicalis
NU - 635	Leadership and Management	3	
EN - 636	English III (Professional Writing)	2	

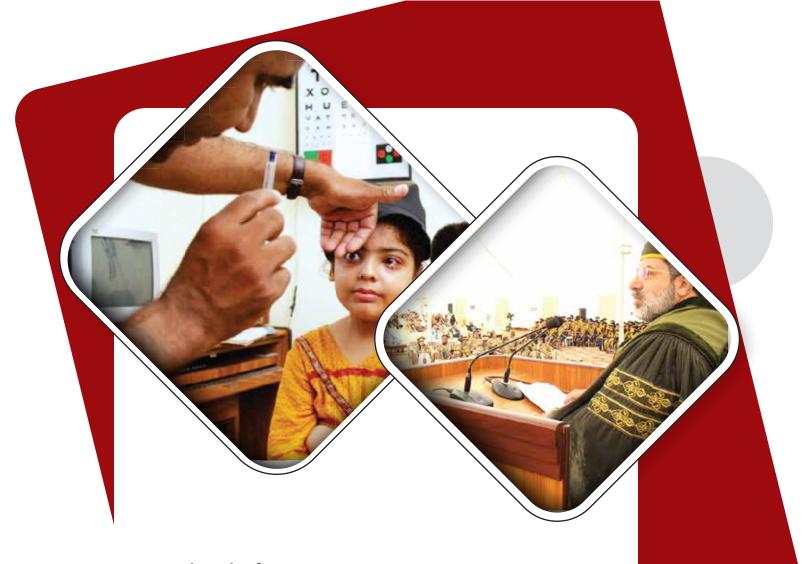
## **Fourth Semester**

Course Code	Course Title	Credits	Total
NU - 641	Research/ Evidence based Elective project	4	
NU - 642	Clinical Practicum	6	
EN - 643	English IV (Scholarly Writing)	2	14 Credits
IS - 644/ ET - 644	Islamic Studies/ Ethics (For non-Muslims)	2	



Isra School of Optometry

Dissertation Writing Pharmacodynamics
Ocular Investigation Basic Orthoptics
Optical Shop Management Physical Optics
Advanced Diagnostics Emergency Priorities
Optical Laboratory Safety Measures
Orthoptics Clinical Orthoptics
Special Clinical Duty Screening



# Isra School of Optometry

The Isra School of Optometry is committed to academic excellence in ophthalmic education. It caters for the urgent need of community oriented, competent, dedicated and above all caring vision scientists, who through their comprehensive understanding and acquisition of relevant skills can deal with the health problems of the people.

## **Bachelor of Science in Vision Sciences**

This program is offered by Isra School of Optometry, Al-Ibrahim Eye Hospital, Malir Karachi a constituent body of Isra University. The objective of this four year bachelor's degree program in vision sciences is to develop ophthalmic personnel in the field of refraction, Orthoptics, and ophthalmic optometry, maintenance of equipments. The human resources developed in these areas are needed to serve at primary level hospitals and at higher levels, both nationally and internationally. On

successful completion of the four year program, a student qualifies for degree of BS (VS) from Isra University.

#### **Course of Study**

The BS (Vision Sciences) is a 4 year program of 130 credit hours. After completion of two years of program, beside the theory in classes, the students are required to perform duties in clinic, Operation outpatient Theater, sub-specialty clinics, wards, out-reach screening clinics and eye camps. This is also

supplemented by education in English Language, computer methods of data collection and analysis and humanities.

The studies of first year are designed to cover coursework, during second year of studies students refer to the practical training in practical labs while these students will also be sent to the OPD and associated departments or clinics of Al-Ibrahim Eye Hospital in their following years (3rd & 4th) for further training in real domain, under the supervision of supervisors.



## **ATYPICAL STUDY PLAN** BACHELOR OF SCIENCE (VISION SCIENCES), BS (VS)

**DURATION 4 YEARS** 

**Minimum Degree Requirements:** This program comprises a minimum of 130 credit hours of coursework.

YEAR 1 First Semester

Course Code	Course Title	Credit (Contact) Hours
HMLG131	English - I	2 (2+0)
ALST 111	General Anatomy	2 (2+0)
ALPL 121	General Physiology	2 (2+0)
ALMC 131	Microbiology	2 (2+0)
ALBC 141	Biochemistry	2 (2+0)
HMIS 111	Islamic Study	1 (1+0)
HMCM 141	Computer Science - I	2 (1+3)
VNIO 161	Introduction to Optometry	1 (1+0)
	Total Credits	14



Course Code	Course Title	Credit (Contact) Hours
HMLG 112	English-II	2 (2+0)
ALPH 111	Pharmacology	2 (2+0)
ALPA 121	Pathology	2 (2+0)
HMPS 121	Pakistan Study	1 (1+0)
PTPG 111	Physical & Geometrical optics	2 (2+0)
HMCM 142	Computer Science-II	2 (2+0)
FRCR 131	Basic & Clinical Refraction	2 (2+0)
HMST 161	Biostatistics	1 (1+0)
	Total Credits	14



YEAR 2 First Semester

Course Code	Course Title	Credit (Contact) Hours
VNST 211	Ocular Anatomy	1 (1+0)
VNPL 221	Ocular Physiology	1 (1+0)
VNPH 241	Ocular Pharmacology	1 (1+0)
VNOD 231	Ocular Diseases - I	2 (2+0)
HMET 271	Ethics	1 (1+0)
HMCS 251	Communication Skills	1 (1+0)
CLPW 211	OPD and Ward Procedures	5 (0+15)
CLTH 221	OT Procedures	5 (0+15)
	Total Credits	17

Course Code	Course Title	Credit (Contact) Hours
PTIP 231	Instrument Optics	2 (2+0)
VNDE 232	Ocular Diseases - II	2 (2+0)
PTVP 221	Visual & Clinical Optics	2 (2+0)
SPSD 321	Ocular Investigation	2 (1+3)
CLRF 241	Refraction Clinic - I	5 (0+15)
CLSC 231	Special Clinical Duty - I	4 (0+12)
	Total Credits	17

YEAR 3 **First Semester** 

Course Code	Course Title	Credit (Contact) Hours
RFCL 331	Contact Lens - I	1 (1+0)
RFAR 321	Advanced Refraction	2 (2+0)
PTDP 341	Dispensing Optics - I	1 (1+0)
VNCO 361	Community Ophthalmology	2 (2+0)
CLRF 342	Refraction Clinic - II	5 (0+15)
CLCL 371	Contact Lens Clinic - I	3 (0+9)
CLLB 381	Optical Laboratory - I	3 (0+9)
	Total Credits	17

Course Code	Course Title	Credit (Contact) Hours
PTDP 341	Dispensing Optics - II	2 (2+0)
RFCL 542	Contact Lens - II	2 (2+0)
PTRS 352	Basic Orthoptics	2 (2+0)
RFLV 351	Low Vision - I	2 (2+0)
CLRF 343	Refraction Clinic - III	4 (0+12)
CLCL 372	Contact Lens Clinic - II	2 (2+0)
CLLB 382	Optical Laboratory - II	3 (0+9)
	Total Credits	17

YEAR 4 First Semester

Course Code	Course Title	Credit (Contact) Hours
RHMT 411	Research Methodology	3 (2+3)
RFLV 442	Low Vision - II	2 (2+0)
PTRS 453	Clinical Orthoptics	2 (2+0)
ALFH 471	First Aid & Hygiene	1 (1+0)
HMCM 443	Computer Science - III	1 (0+3)
CLRS 462	Orthoptics Clinic - I	3 (0+9)
CLRF 444	Refraction Clinic - IV	2 (0+6)
CLLV 451	Low Vision Clinic - I	3 (0+9)
	Total Credits	17

# **Second Semester**

Course Code	Course Title	Credit (Contact) Hours
RHDW 421	Dissertation Writing	5 (2+9)
HMMG 481	Optical Shop and Industry Management	1 (1+0)
SPIM 421	Ophthalmic Instruments & Maintenance	2 (1+3)
CLRS 462	Orthoptics Clinic - I	3 (0+9)
CLLV 452	Low Vision Clinic - II	3 (0+9)
CLSC 432	Special Clinical Duty - II	3 (0+9)
	Total Credits	17



Isra Institute of Rehabilitation Sciences

PPDPT Kinesiology Bio Statistics
M.Phil SMMPT Sports Medicine
Manipulative Physical Therapy
Pathology Doctor of Physical Therapy
PhD in Rehabilitation Sciences
Anatomy Community Based Rehabilitation
Diagnostic Electro Neurophysiology
Speech Language Postgraduate Diploma
Pathology Electro Neuro Physiology



The Isra Institute of Rehabilitation Sciences (IIRS) aims to produce competent rehabilitation practitioners who are capable of conducting unique and independent research. The School promotes critical thinking and inquiry to foster an environment of research and academic learning. Its programs have been designed to meet the growing demand of the populace in rehabilitating patients from injuries and disabilities. Its graduates are equipped with the skills and aptitude to provide effective care in restoring bodily functions, improving mobility, relieving pain and contributing towards a better life style for the patients.

# DOCTOR OF PHYSICAL THERAPY

Physical Therapy, also known as physiotherapy is a dynamic profession concerned with evaluation and rehabilitation of patient disabled by pain, disease, or injury and their treatment by physical therapeutic measures. The objective of the program is to produce a group of highly

competent physiotherapists to fulfill the increasing demand at national and international

## Course of Study

This is a five year under graduate program of full time study. Each year of study comprises of two semesters. The duration of each semester is 18 weeks. The first two year cover the basic medical sciences, communication skills and basic physiotherapy concepts. The last three years will cover clinical medical sciences along with practical physical therapy applications.



A TYPICAL STUDY PLAN DOCTOR OF PHYSICAL THERAPY (DPT)

**DURATION 5 YEARS** 

Minimum Degree Requirements: This program comprises a minimum of 200 credit hours.

YEAR 1 First Semester

SR#	Course Title	Credit Hours
01	Anatomy-I	4 (3+1)
02	Physiology-I	3 (2+1)
03	Kinesiology-I	3 (2+1)
04	English-I (Functional English)	3 (3+0)
05	Pakistan Studies	2 (2+0)
06	Introduction to Physical Therapy & Rehabilitation	2 (2+0)
		17

YEAR 1 Second Semester

SR#	Course Title	Credit Hours
01	Anatomy-II	4 (3+1)
02	Physiology-II	3 (2+1)
03	Kinesiology-II	3 (2+1)
04	English-II (Communication Skills)	3 (3+0)
05	Islamic Studies / Ethics	2 (2+0)
06	Information Systems & Computer Application	3 (2+1)
		18

YEAR 2 **Third Semester** 

SR#	Course Title	Credit Hours
01	Anatomy-III	4 (3+1)
02	Physiology-III	3 (2+1)
03	Biomechanics & Ergonomics-I	3 (2+1)
04	English-III (Technical writing and Presentation Skills)	3 (3+0)
05	Sociology	2 (2+0)
06	Molecular Biology & Genetics	2 (2+0)
07	Medical Physics - I	3 (2+1)
		20

YEAR 2 **Fourth Semester** 

SR#	Course Title	Credit Hours
01	Anatomy-IV	4 (3+1)
02	Exercise Physiology	3 (2+1)
03	Biomechanics & Ergonomics-II	3 (2+1)
04	Biochemistry-I	3 (2+1)
05	Therapeutic Exercise & Techniques	3 (2+1)
06	Behavioral Science (Psychology & Psychiatry)	2 (2+0)
07	Medical Physics-II	3 (2+1)
		21

YEAR 3 Fifth Semester

SR#	Course Title	Credit Hours
01	Pathology / Microbiology-I	3 (2+1)
02	Pharmacology & Therapeutics-I	3 (2+1)
03	Physical Agent & Electrotherapy-I	3 (2+1)
04	Biochemistry-II	3 (2+1)
05	Manual Therapy	3 (2+1)
06	Community Medicine-I & Rehabilitation	3 (3+0)
07	Supervised Clinical Practice-I	3 (0+3)
		21

# YEAR 3 Sixth Semester

SR#	Course Title	Credit Hours
01	Pathology / Microbiology-II	3 (2+1)
02	Pharmacology & Therapeutics-II	3 (2+1)
03	Physical Agent & Electrotherapy-II	3 (2+1)
04	Education Techniques & Teaching Methodology	2 (2+0)
05	Human Development & Growth	2 (2+0)
06	Health Promotion & Wellness	3 (2+1)
07	Supervised Clinical Practice-II	3 (0+3)
		19

YEAR 4 **Seventh Semester** 

SR#	Course Title	Credit Hours
01	Medicine-I	3 (3+0)
02	Surgery-I	3 (3+0)
03	Radiology & Diagnostic Imaging	3 (2+1)
04	Musculoskeletal Physical Therapy	3 (2+1)
05	Biostatistics-I	3 (3+0)
06	Consultation, Screening, Delegation & Cultural Competency	2 (2+0)
07	Supervised Clinical Practice-III	3 (0+3)
		20

YEAR 4 **Eighth Semester** 

SR#	Course Title	Credit Hours
01	Medicine-II	3 (3+0)
02	Surgery-II	3 (3+0)
03	Evidence Based Practice	3 (2+1)
04	Neuromuscular Physical Therapy	3 (2+1)
05	Prosthetics & Orthotics	3 (2+1)
06	Biostatistics-II	3 (3+0)
07	Supervised Clinical Practice-IV	4 (0+4)
		22

YEAR 5 Ninth Semester

SR#	Course Title	Credit Hours
01	Primary Care & Emergency Procedures in Physical Therapy	3 (2+1)
02	Cardio Pulmonary Physical Therapy	3 (2+1)
03	Clinical Decision Making and Differential Diagnosis	3 (3+0)
04	Integumentary & Metabolic Physical Therapy	3 (2+1)
05	Professional Practice, Laws, Ethics & Administration	2 (2+0)
06	Scientific Inquiry & Research Methodology	3 (2+1)
07	Supervised Clinical Practice-V	4 (0+4)
		21

## YEAR 5 Tenth Semester

SR#	Course Title	Credit Hours
01	Obstetrics & Gynecological Physical Therapy	3 (2+1)
02	Paediatrics Physical Therapy	3 (2+1)
03	Geriatrics & Gerentological Physical Therapy	3 (2+1)
04	Sports Physical Therapy	2 (2+0)
05	Supervised Clinical Practice-VI	4 (0+4)
06	Project/Dissertation	6 (0+6)
		21
	Total Credits	200



# Professional Deficiency Make-up Program

PDMP stands for Professional Deficiency Make- up Program, A special program designed exclusively for those physical therapy candidates who eventually want to practise physical therapy abroad.

# Why PDMP is an Essential Requirement for Physical Therapy Graduates

Entry of physiotherapists abroad is now like climbing Mount Everest and a determined pursuit is required to achieve that. When physical therapists try to get license abroad, they need to go through credential sign, where the authorities analyze your transcripts to see whether the Bachelor of Physical Therapy Education you have earned is equivalent to the curriculum level taught in their universities.

If you are not found up to the mark your application is deemed deficient and your dream of becoming a licensed physical therapist abroad may be stalled indefinite.

Over years of extensive experiences, we, Isra University indeed uncovered a new pattern among the Bachelors of Physical Therapy holders so as to pursue their dreams of working abroad as a deficient, licensed physiotherapist. We are the beginners here in Pakistan, who actually valued the dreams of our BSPT holders to work abroad.

General subjects such as History, Basic Sciences, and Philosophy are usually not taught at undergraduate level in our country, which becomes a reason of the rejection of our application abroad. In this program general as well professional subjects are taught to fulfill the International deficiency.

#### **Solution by Isra University**

Isra University has developed an innovative, unique and comprehensive solution which will serve as a bridging program between you and the deficient subjects called PDMP (Professional Deficiency Makeup Program). It is the quickest and most effective way of jump starting your ambitions of working abroad.

PDMP is a value added program can be used along with your 4, or 3 years of Bachelors in Physical Therapy in order to make your qualifications equivalent to the standards abroad. Each semester consists of 12 to 16 Credit hours, depending on the deficiency of the candidate.

The university designed the course in such a way that the BPT holders can start working abroad in the most effective and progressive way after a short period of time.

#### **PDMP Objectives**

• To provide solid foundation of knowledge in

General Education & Professional Education.

- To train students to become more expressive, creative, appreciative and innovative.
- To provide an educational program for physical therapist to enhance their Physical Therapy Skills.

#### PDMP Vision

The Professional Deficiency Make-up Program operates under Isra University's vision of creating and innovating an expert community of health care professionals that will proudly serve their family, society and the other mankind, and make our country proud.

#### PDMP Assurance

We assure you;

- Your education will be equivalent to that of Physical Therapy abroad.
- You will be eligible to pass the credential evaluation in Canada, Australia and over 30 states of U.S.
- Your application will be done in the fastest and cheapest way possible.



#### The Institute's Commitment:

It has always been the tradition of Isra Institute of Rehabilitation Sciences (IIRS)-Isra University to meet the National and International demands placed on Occupational Therapy profession to cope with the challenges of the present day. The IIRS is dedicated and committed to produce Physical Therapists of high caliber to provide professional care to diverse communities. One of such commitments is the initiation of One Year Additional Certificate Program in Physical Therapy.

Why Additional Certificate Program in Physical Therapy?

The One Year Additional Certificate Program

in Physical Therapy program, has been launched for those Physical Therapists who desire to meet the deficiencies in their entry level degree curriculum either put by a Foreign Credentialing Agency/University or Licensure Board for the issuance of substantial equivalency report while comparing their Physical Therapy Education to their own.

#### **About the Program:**

The IIRS offers under graduate level courses under the title of One YearAdditional Certificate Program in Physical Therapy program. The IIRS offers a 16 credits/semester as approved by the Board of Studies and Academic Council of Isra University. Each

semester comprises of six months duration with an actual period of study spreading over 18 weeks.

#### **Minimum Entry Requirement:**

The minimum eligibility criteria for admission to the One Year Additional Certificate Program in Physical Therapy program is a 3-Years Bachelor's degree in Physical Therapy from a recognized university.



#### ONE YEAR ADDITIONAL CERTIFICATE PROGRAM IN PHYSICAL THERAPY

(03 years B.Sc in Physical Therapy and 01 years Additional Certificate Course in Physical Therapy Equivalent to 04 years BS in Physical Therapy)

# Semester - I

SR#	Course Title	Credit Hours
01	Islamiat	2(2+0)
02	Information Systems & Computer Applications	2(2+0)
03	Pakistan Studies	2(2+0)
04	English	3(3+0)
05	Sociology	3(3+0)
06	Statistics	4(4+0)
		16

#### Semester - II

SR#	Course Title	Credit Hours
01	Pharmacology	3(2+1)
02	Genetics	2(2+0)
03	Ethics & Administration	3(3+0)
04	Community Medicine	3(3+0)
05	Research Methodology	3(3+0)
06	Biochemistry	3(2+1)
		17
	Total Credits	33

#### Commitment by the Institute:

It has always been the tradition of Isra Institute of Rehabilitation Sciences (IIRS)-Isra University to meet the National and International demands placed on Occupational Therapy profession to cope with the challenges of the present day. The IIRS is dedicated and committed to produce Physical Therapists of high caliber to provide professional care to diverse communities. One of such commitments is the initiation of One Year Additional Certificate Program in Occupational Therapy.

# Why Additional Certificate Program in Physical Therapy?

The One Year Additional Certificate Program

in Occupational Therapy program, has been launched for those Occupational Therapists who desire to meet the deficiencies in their entry level degree curriculum either put by a Foreign Credentialing Agency/University or Licensure Board for the issuance of substantial equivalency report while comparing their Occupational Therapy Education to their own.

#### **About the Program:**

The IIRS offers undergraduate level courses under the title of One Year Additional Certificate Program in Occupational Therapy program. The IIRS offers aminimum 16 credits/semester as approved by the Board of Studies and Academic Council of Isra

University. Each semester comprises of six months duration with an actual period of study spreading over 18 weeks.

#### **Minimum Entry Requirement:**

The minimum eligibility criteria for admission to the One Year Additional Certificate Program in Occupational Therapy program is a 3-Years Bachelor's degree in Occupational Therapy from a recognized university.



# ONE YEAR ADDITIONAL CERTIFICATE PROGRAM IN OCCUPATIONAL THERAPY

(03 years B.Sc in Occupational Therapy and 01 years Additional Certificate Course in Occupational Therapy **Equivalent to 04 years BS in Occupational Therapy)** 

#### Semester - I

SR#	Course Title	Credit Hours
01	Islamic Studies	2(2+0)
02	Pakistan Studies	2(2+0)
03	Information Systems & Computer Applications	2(2+0)
04	Human Growth, Development & Teaching Methodology	2(2+0)
05	English-I (Functional English)	3(3+0)
06	Biostatistics	2(2+0)
07	Research Methodology	2(2+0)
08	Pharmacology & Biochemistry	3(2+1)
		18

# Semester - II

SR#	Course Title	Credit Hours
01	English-II (Communication Skills)	3(3+0)
02	English-III (Technical Writing & Presentation Skills)	3(3+0)
03	Orthotics, Prosthetics & Assistive Techniques	2(2+0)
04	Medical Terminology	2(2+0)
05	Ethics, Organization & Administration	2(2+0)
06	Research Project	4(0+4)
		16
	Total Credits	34



# Clinical Research Professional" (CCRP)

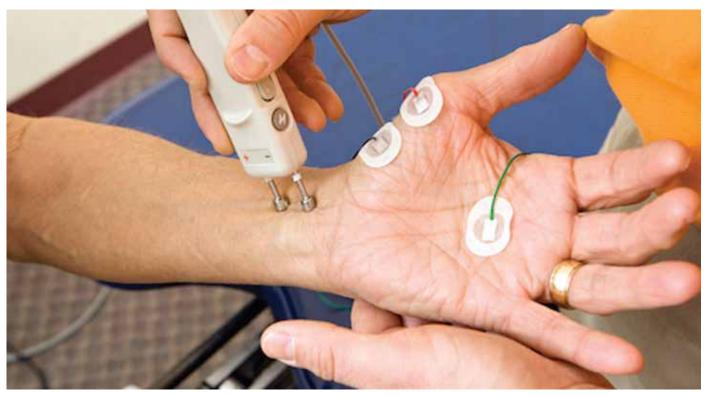
Certified Clinical Research Professional (CCRP) is 6 month skill development program with a primary focus on drug discovery and clinical trial processes, Good Clinical Practice (GCP) guidelines, drug regulatory affairs, Roles and responsibilities of various clinical trial skate holders. The prime objective is to provide a high and training enhancing the employment prospectus.

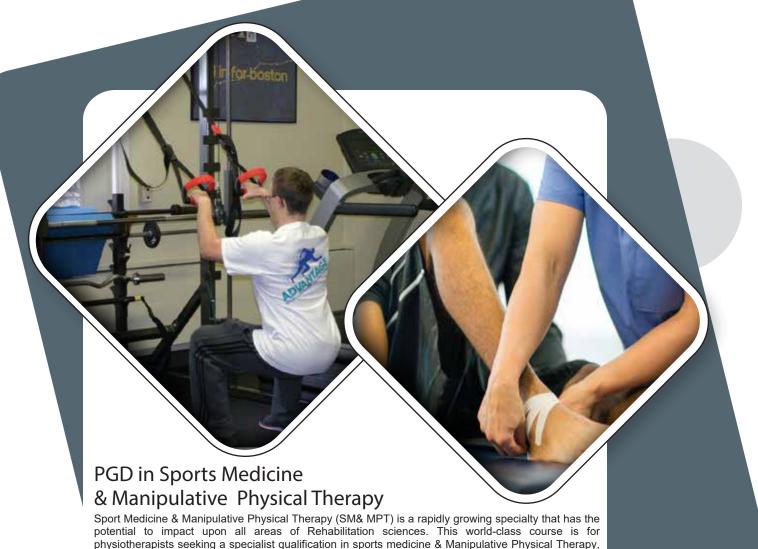
# A TYPICAL STUDY PLAN POST GRADUATE CERTIFICATE IN "CERTIFIED CLINICAL RESEARCH PROFESSIONAL" (CCRP)

Minimum Degree Requirements: This program comprises a minimum of 12 credits.

YEAR 1 **First Semester** 

Course Code	Course Title	Credit (Contact) Hours	Contact Hrs per Semester
CRPM 6111	Introduction to Pharmaceutical Medicine.	3 (3+0)	54
CRPF 6112	Good Clinical Practice Foundation (GCP).	3 (3+0)	54
CRDR 6113	Drug Regulatory Affairs.	3 (3+0)	54
CRCT 6114	Roles & Responsibilities of Clinical Trail.	3 (3+0)	54
	Total Credits	12	216





Sport Medicine & Manipulative Physical Therapy (SM& MPT) is a rapidly growing specialty that has the potential to impact upon all areas of Rehabilitation sciences. This world-class course is for physiotherapists seeking a specialist qualification in sports medicine & Manipulative Physical Therapy, compliant with international standards of practice. Sports Medicine & Manipulative Physical Therapy is becoming an increasingly popular method of treating athletes with musculoskeletal problems. The primary theoretic basis for the claimed beneficial results of manipulation is the restoration of motion with subsequent effects on ligamentous adhesions, muscle spasm, disk nutrition, and central nervous system endorphin systems. Research trials suggest that sports medicine & manipulation is beneficial in relieving or reducing the duration of acute low back pain and acute neck pain. It is evident that sports medicine & manipulative physical therapy enhance certain parameters of motion of the spine and peripheral joints. The Postgraduate Diploma is based over one year of study, while the Master of Philosophy is a two year program.

# A TYPICAL STUDY PLAN

POSTGRADUATE DIPLOMA IN SPORTS MEDICINE & MANIPULATIVE PHYSICAL THERAPY (SM&MPT)

**DURATION 1 YEARS** 

Minimum Degree Requirements: 12 Credits Hours

YEAR 1 **First Semester** 

Course Title	Credit (Contact) Hours	Contact Hrs per Semester
Research Methods, Data Analysis & Scientific Inquiry	3 (3+0)	54
Advance Principles & Practice of Manipulative Physical Therapy	3 (2+1)	54
Musculoskeletal Sciences (Musculoskeletal Injuries, Diagnosis & Management)	3 (2+1)	54
Advance Manipulative Physical Therapy Techniques (Upper, lower Quadrant & Spine)	3 (2+1)	54
Total Credits	12	216

#### **Second Semester**

Course Title	Credit (Contact) Hours	Contact Hrs per Semester
Sports Medicine (Sports Injuries, Diagnosis & Management)	3(2+1)	54
Sports Psychology	3(2+1)	54
Applied Exercise Physiology & Nutrition	3(1+2)	54
Pain Management (Musculoskeletal & Sports Injuries)	3(1+2)	54
Total Credits	12	216



# PGD in Health, Physical Education & Sports Sciences (HPESS)

Eligibility:16 years of education or equivalent from a HEC recognized University.

Duration: 1 year PGD.

## A TYPICAL STUDY PLAN POST GRADUATE DIPLOMA IN HEALTH PHYSICAL EDUCATION & SPORTS SCIENCES (HPE&SS)

**DURATION 1 YEARS** 

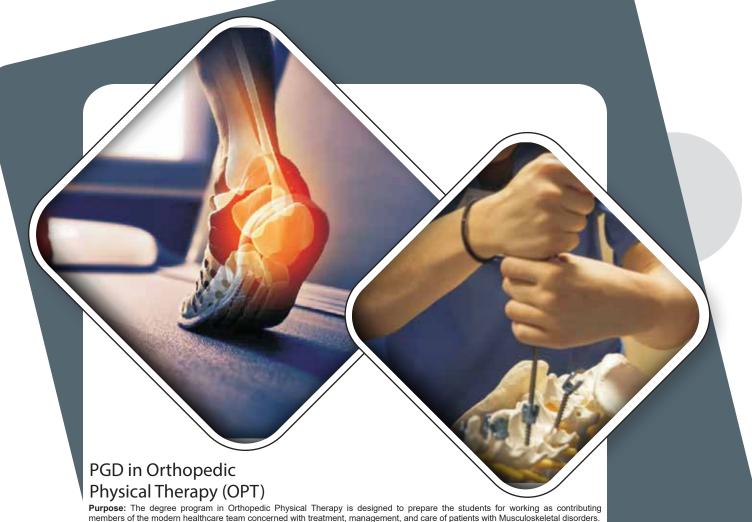
Minimum Degree Requirements: 12 Credits Hours

#### **First Semester**

Course Title	Credit (Contact) Hours	Contact Hrs per Semester
Research Methods, Statistics & Evidence Based Practice	3(2+1)	54
Applied Kinesiology & Sports Biomechanics	3(2+1)	54
Measurement & Evaluation Technology in Physical Education	3(2+1)	54
Exercise Physiology & Exercise Prescription	3(2+1)	54
Total Credits	12	216

#### **Second Semester**

Course Title	Credit (Contact) Hours	Contact Hrs per Semester
Sports Psychology, Human Growth & Development	3(3+0)	54
Health Promotion & Wellness	3(2+1)	54
Sports Injuries, Prevention & Rehabilitation	3(2+1)	54
Pedagogical Methods in Physical Education	3(3+0)	54
Total Credits	12	216



**Purpose:** The degree program in Orthopedic Physical Therapy is designed to prepare the students for working as contributing members of the modern healthcare team concerned with treatment, management, and care of patients with Musculoskeletal disorders. In addition to the general entry requirements for the MS/M.Phil program, student should have the experience to be able to demonstrate an interest in Orthopedics Rehabilitation.

Objectives: This course has been designed to introduce basic orthopedic science, orthopedic practice principles, and treatment techniques required in the day to day management of patients with movement impairments, functional limitations, and disabilities due to musculoskeletal pathologies affecting the extremities. Clinically related orthopedic sciences including anatomy, biomechanics, pathology and radiology will serve as the foundation for technique application and overall patient management. Practice principles will include evidence based practice, clinical decision making skills, clinical hypothesis building, treatment planning and progression. The technique portion includes physical examination and interventions for the extremities including advanced active and passive motion examination, translatoric movement evaluation, and select differential evaluation techniques. Soft tissue, articular and therapeutic exercise interventions for the extremities will be emphasized.

Eligibility: 4 year Bachelor's Degree in Physiotherapy/ Physical Therapy or 3 years B.Sc. in Physiotherapy with one year additional certificate course in Physiotherapy or 5years Doctor of Physical Therapy program or Post Professional DPT or Masters in Physical Therapy or equivalent from a HEC recognized University.

Duration: Minimum 1 year

# A TYPICAL STUDY PLAN POST GRADUATE DIPLOMA IN ORTHOPEDIC PHYSICAL THERAPY (OPT)

**DURATION 01 YEARS** 

Minimum Requirements: 12 Credit hours.

# **First Semester**

Course Title	Credit (Contact) Hours	Contact Hrs per Semester
Fundamentals of Orthopedic Rehabilitation	2 (2+0)	36
Applied Movement Sciences	3 (3+0)	54
Principles of Orthopedic Medicine	2(2+0)	36
Orthopedic Management I	3 (2+1)	54
Biostatistics	2 (2+0)	36
Total Credits	12	216

#### **Second Semester**

Course Title	Credit (Contact) Hours	Contact Hrs per Semester
Orthopedic Clinical Methods	2 (2+0)	36
Manual Therapy	3 (2+1)	54
Orthopedic Management II	3 (2+1)	54
Clinical Pharmacology of Musculoskeletal System.	2 (2+0)	36
Evidence Based Clinical Practice and Research Methodology	2 (2+0)	36
Total Credits	12	216



skill acquisition within the context of rehabilitation, and how learning is affected by other physical and psychological factors. In addition to the general entry requirements for the MS/M.Phil program, candidate should have experience of and be able to demonstrate an interest in Neurological Physical Therapy.

Objectives: Understand the basic neurophysiology of sensory motor control, learning and neuroplasticity.

1. Understand how skills are learnt, consolidated and used.

- 2. Critically appraise methods of measurement at levels of systems function and participate within the international classification of functioning and health framework.
- 3. Critically explain current ideas in control and measurement of human movement.
- Summarize the importance of sensory, psychological, social and cognitive factors in sensory motor learning and skill acquisition.
- Explain how knowledge of sensory motor learning and measurement is applied in neurological rehabilitation, and demonstrate an ability to translate knowledge into clinical practice.
- 6. Critically appraise the mechanisms and evidence for the use of technologies in neurological rehabilitation for both therapy and measurement. Critically appraise research into understanding mechanisms of sensory motor control and learning, interventions, measurement and methods of management in rehabilitation.
- 7. Critically appraise research into understanding mechanisms of sensory motor control and learning, interventions, measurement and methods of management in rehabilitation.

Eligibility: 4 year Bachelor's degree in Physiotherapy / Physical Therapy or 3 years B.Sc. in Physiotherapy with one year additional certificate course in Physiotherapy or 5 year Doctor of Physical Therapy program or Post Professional DPT or Masters in Physical Therapy or equivalent from a HEC recognized University.

Duration: Minimum 1 year

A TYPICAL STUDY PLAN POST GRADUATE DIPLOMA IN NEUROLOGICAL PHYSICAL THERAPY (NPT)

**DURATION 01 YEARS** 

Minimum Requirements: 12 Credit hours.

#### **First Semester**

Course Title	Credit (Contact) Hours	Contact Hrs per Semester
Fundamentals of Neurological Rehabilitation	2 (2+0)	36
Applied Neuro-anatomy & Clinical Neuroscience	3 (2+1)	54
Rehabilitation of Neurological Disorders I	3 (2+1)	54
Exercise Sciences	2 (2+0)	36
Biostatistics	2 (2+0)	36
Total Credits	12	216

#### **Second Semester**

Course Title	Credit (Contact) Hours	Contact Hrs per Semester
Fundamentals of Neurological diseases	2 (2+0)	36
Neuro-diagnosis, Case Studies of Persons with Neuromuscular Disorders	3 (2+1)	54
Rehabilitation of Neurological Disorders II	3 (2+1)	54
Evidence Based Clinical Practice and Research Methodology	2 (2+0)	36
Advanced Neurological Physical Therapy Techniques	2 (0+2)	36
Total Credits	12	216



Introduction: Rehabilitation of persons with locomotor disabilities or neuromuscular disorder is a team work, where centre of attention is the person with disabilities. The team usually comprises of the Physical medicine and Rehabilitation Specialist (Physiatrist) who is usually the leader, Prosthetist and Orthotist, Physiotherapist, Occupational therapist, Social worker and Rehabilitation Nurse. Depending upon the need, other professionals like Orthopedic Surgeons, engineer, psychologist, geriatrist and other related professionals are also included in the team. General planning of the total rehabilitation of the disabled is usually done by the Physiatrist. The role of Prosthetist and Orthotist is important. It is she/he, who fabricates and fits the prosthesis or orthosis to the persons with disabilities both temporary and permanent often referred as "Patient" and thus helps make the patient independent, confident and useful member of the society.

## Aims and Objectives:

- 1. To provide better prosthetic and Orthotic care in the treatment of physically challenged in the rehabilitation setting.
- 2. To provide the students with clinical problems solving skills for lifelong learning combined with advanced biomechanical education.
- 3. To provide expert knowledge of Master in prosthetic Orthotic education.
- 4. To help the society & institutes and national requirements in the field of prosthetics & Orthotic with a growing technological advancement and human resource development.
- 5. To promote research and development in the field of P & O & rehabilitation science to enhance quality of life. **Eligibility:** 4 year Bachelor's degree in Orthotics and Prosthetics or equivalent from a HEC recognized University. **Duration**: Minimum 1 year.

PGD 61

## A TYPICAL STUDY PLAN POST GRADUATE DIPLOMA IN PROSTHETICS & ORTHOTICS (P&O)

**DURATION 01 YEARS** 

Minimum Requirements: 12 Credit hours.

#### **First Semester**

Course Title	Credit (Contact) Hours	Contact Hrs per Semester
Biomechanics & Kinesiology	2 (2+0)	36
Advances in Lower Extremity Orthotics	3 (2+1)	54
Advances in Lower Extremity Prosthetics	3 (2+1)	54
Biostatistics & Research Methodology	2 (2+0)	36
Information Technology & Management Skills.	2 (2+0)	36
Total Credits	12	216

#### **Second Semester**

Course Title	Credit (Contact) Hours	Contact Hrs per Semester
Advances in Materials for prosthetics & Orthotics. Mobility Aids in Rehabilitation.	3 (3+0)	54
Advances in Upper Extremity Orthotics.	3 (2+1)	54
Advances in Upper Extremity Prosthetics.	3 (2+1)	54
Advances in Spinal Orthotics.	3 (2+1)	54
Total Credits	12	216



**Purpose:** The degree program in Cardiopulmonary Physical Therapy is designed to prepare students for roles as contributing members of the modern healthcare team concerned with treatment, management, and care of patients with breathing, and cardiopulmonary disorders.

**Objectives:** Objectives include employment opportunities as cardiopulmonary therapy practitioners in hospitals, clinics, research facilities, home care agencies, and alternate care sites. The Cardiopulmonary Physical Therapist will be able to administer gas therapy, humidity therapy, aerosol therapy, and hyperinflation therapy; assist with mechanical ventilation, special therapeutic and diagnostic procedures, cardiopulmonary resuscitation, and airway management techniques; and follow therapeutic protocols. The Cardiopulmonary Physical Therapist works under the supervision of a physician.

**Eligibility:** 4 year Bachelor's degree in Physiotherapy / Physical Therapy or 3 years B.Sc. in Physiotherapy with one year additional certificate course in Physiotherapy or 5 years Doctor of Physical Therapy program or Post Professional DPT or Masters in Physical Therapy or equivalent from a HEC recognized University.

**Duration:** Minimum 1 Year PGD.

# A TYPICAL STUDY PLAN PGD IN CARDIOPULMONARY PHYSICAL THERAPY (CPT)

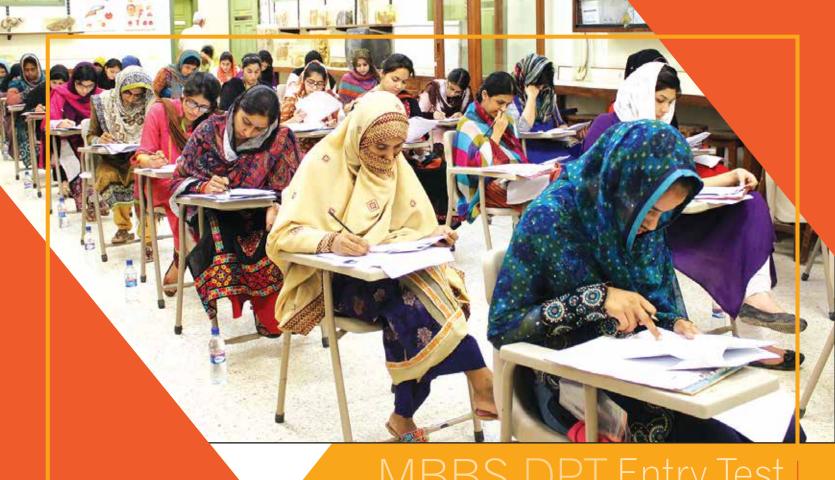
Minimum Degree Requirements: 1 year

# **First Semester**

Course Title	Credit (Contact) Hours	Contact Hrs per Semester
Cardiopulmonary Sciences.	3 (2+1)	54
Cardiopulmonary Health.	2 (2+0)	36
Physical Assessment.	2 (2+0)	36
Cardiopulmonary Rehabilitation I.	3 (2+1)	54
Biostatistics.	2 (2+0)	36
Total Credits	12	216

# **Second Semester**

Course Title	Credit (Contact) Hours	Contact Hrs per Semester
Thoracic Diagnostic Radiology and Therapeutic Procedures.	3 (2+1)	54
Evidence Based Practice and Research Methodology.	3 (3+0)	54
Cardiopulmonary Rehabilitation II.	3 (2+1)	54
Emergency Procedures and Critical Care Monitoring.	3 (2+1)	54
Total Credits	12	216



**Admissions** 

Masters Ph.D Applications
PolicyPPDPT Financial Assistance
Selection Criteria Admission Plan
Rehabilitation Sciences Foreign Students
Short List Nursing Scholarships
Interviews Foreign Students



# **Admissions**

The University invites applications for various degree programs, where admissions are granted, based on academic competence and an entry test that ensures the high quality of student entrants. The affordable and convenient fee packages offer young students a viable opportunity for career advancement and higher learning. Selected students are also awarded financial assistance based on need and merit.

The following programs are offered at Isra University, Karachi Campus:

#### Al Tibri Medical College

Degree Program		Year(s)
Bachelor of Medicine & Bachelor of Surgery	MBBS	05
Master in Surgery Programs (Clinical Sciences)	Postgraduate Program	04

## Al Tibri College of Nursing

Degree Program		Year(s)
Bachelor of Science in Nursing	BSN	04
Post RN Bachelor of Science in Nursing	Post RN BSN	02

#### **Isra Institute of Rehabilitation Sciences**

Degree Program	Year(s)	
Doctor of Physical Therapy	DPT	05
PGD	SM&MPT, HPE&SS, PO, NPT, OPT & CPT	01

#### **Isra School of Optometry**

Degree Program		Year(s)
Bachelor of Science (Vision Sciences)	BS (VS)	04

Students from anywhere in Pakistan or overseas may apply for admission to the above degree programs.

A step-by-step guideline for making an application is available on our website. This

information is particularly useful for overseas and foreign students.

# DRESS CODE

The female students are required to wear long-sleeve shirts apron (white) and use scarves to cover their heads. They are expected to refrain from wearing makeup and abstain from using excessive jewelry. There is a separate female common room and other facilities, which suit special needs of female students. Male students are also required to maintain a neat & professional attire to promote a pleasant environment for learning.

# MINIMUM QUALIFICATIONS FOR ENTRY

The Admissions Committee formulates the admission policy in accordance with the rules laid down by the University. To apply for admission, the student should have the needed minimum qualifications set forth for each program. In view of inconsistency in schedules of examinations conducted by various bodies in Pakistan and overseas, applications for entry from students waiting for the results will also be entertained. Such applicants, if selected in the admission process, will be granted provisional admissions. These admissions will automatically stand cancelled if such candidates fail to attain the required minimum qualifications.



## **Minimum Entrance Qualifications for Bachelor Degree Programs**

Candidates who have passed the Higher Secondary Certificates (HSC) / Intermediate Examinations from any Board of Intermediate and Secondary Education in Pakistan or an equivalent examination recognized by the University are eligible to seek admission to the relevant Bachelor's Program of this University. The eligibility requirements for the programs are listed below:

Degree Program	Eligibility
MBBS	HSC (Pre-Medical, 65% minimum marks) OR SAT-II (550 minimum: Biology & Chemistry, any science subject) & TOEFL (500 or equivalent)/IELTS (5.5), if subjects are taught in other than English
BSN	FSc (Pre-Medical) with 50% marks minimum (Physics, Chemistry & Biology as compulsory subjects) Age Limit: 14-35 years
Post RN BSN	<ul> <li>a. Matric with Science (Biology, Chemistry &amp; Physics as compulsory subjects)</li> <li>b. Diploma in Nursing</li> <li>c. Diploma in Midwifery (any Post Basic Specialty for male in lieu of midwifery)</li> <li>Experience: 01 year as RN</li> </ul>
DPT	HSC (Pre-Medical, 60% minimum marks)
BS (VS)	HSC (Pre-Medical, 60% minimum marks)
MS (Surgical & Allied)	MBBS Degree required from any institute recognized by PMDC
MS 2 <sup>nd</sup> Fellowship	Post FCPS/MS in Ophthalmology

The Government of Pakistan evaluates all the overseas Higher Secondary Certificates for their equivalence. Detailed information is available on the university website. However, the concerned students may directly write to the following address to have their certificates evaluated:

Inter Board Committee of Chairmen, Government of Pakistan, Ministry of Education No. 342, Street 97, G-9/4, Islamabad, Pakistan. Link to download application form /http://www.ibec.edu.pk/attestatian.asp

# ISRA UNIVERSITY ADMISSION TEST (IUAT)

Applicants for admission to all the Bachelor and Master's Degree programs are required to take the Isra University Admission Test (IUAT). The admission is purely on merit attained in this test. The test consists of two parts with an intermediate phase of short listing for personal interviews. It may, however, be noted that overseas Pakistani and foreign students are exempted from taking the Isra University Admission Test unless, it is the requirement of the regularity body for the desired program of admission.

Applicants for M Phil, Ph.D or postgraduate degree programs in clinical sciences, who fulfill the requisite conditions for admissions, will be called for a comprehensive interview or subject Graduate Records Examination or both.

#### **IUAT Part-1**

This is a written test. Sample test papers are available for each program of study, and are provided to those candidates, who complete the prescribed application form and register themselves for taking the admission test.

The test will be conducted at the Isra University Campuses or other venues, as announced through news media. The time and date of the test will be communicated to the applicants individually by post or e-mail and through announcements in the news media.

#### **Short Listing of Candidates**

Short listing will purely depend upon the scores achieved by students in IUAT Part - 1. Only the short-listed students will qualify for IUAT Part - 2 and will be individually called for the interview.

#### **IUAT Part-2**

This part of the test is a personal interview of the applicants to assess their communication skills, aptitude, integrity, motivation, maturity and interest in the selected degree program. An applicant will meet interviewers. The interviews will be held at Isra University Campuses or other venues, as announced through news media. The date and time of the interview will be communicated separately to each short listed

applicant.

#### SELECTION CRITERIA FOR ADMISSION

The results of IUAT (both parts) are compiled and reviewed by Isra University Admissions Committee. The Committee recommends only those students for admission who are considered academically outstanding and have special aptitude for serving the community and the country of their permanent residence. The decision of the Committee will be final 3 days after the announcement of the result which cannot be challenged. During this period, any candidate dissatisfied with their result can file a complaint with the admission committee which shall be addressed. Selected candidates will be informed individually/on website. The results of the IUAT will neither be communicated on telephone nor will be revealed to sympathizers and friends. Selection of the candidates for the M Phil and Ph.D programs is based on correspondence in the case of foreign students and interviews of the candidates residing in Pakistan.

#### PROFICIENCY IN ENGLISH

All programs are conducted in the English language, the official medium of communication of the University. Students are required to demonstrate reasonably good proficiency in this language. However, those who are admitted because of excellent performance in the test but are not up to the required standard in English will be offered an intensive, non-credit course in Special English aimed at improving their proficiency in written and oral communication skills. The students attending this course must take a test at the completion of this course and achieve a satisfactory test score.

#### WHERE AND HOW TO APPLY?

An admission kit containing the application form, prospectus and the necessary information, can be obtained from:

#### **Hyderabad Campus:**

Isra University
Hala Road, Hyderabad-Sindh, Pakistan.
Tel: (+92 22) 2030181-4
Fax (+92 22) 2030180 & 2030185
URL: http://www.isra.edu.pk
Email: admissions@isra.edu.pk

#### Karachi Campus:

Al Tibri Medical College & Hospital Near Al-Ibrahim Eye Hospital, Old Thana, Gadap Town, Karachi, Pakistan.

Tel: (+92 21) 34561711-20 Fax: (+92 21) 34561816 URL: http://www.isra.edu.pk Email: iu.altibri@isra.edu.pk

#### Isra Institute of Rehabilitation Sciences

C8, Block-14, Gulshan-e-Jauhar, Karachi.

Tel: (+92 21) 34664002 Tel: (+92 300) 9248001 Fax: (+92 21) 34664001 URL: http://www.isra.edu.pk Email: iirs.khi@isra.edu.pk

# Islamabad Campus:

Al Nafees Medical College & Hospital Lehtrar Road, Frash Town, Phase - II, Islamabad, Pakistan.

Tel: (+92 51) 8439901-10 Fax: (+92 51) 8439900 URL: http://www.isra.edu.pk Email: info.isb@isra.edu.pk

#### School of Engineering & Applied Sciences

Plot No 360, Street No 5, 1-9/3 Islamabad. Tel: (+92 51) 8358360-61

Fax: (+92 51) 8358362 URL: http://www.isra.edu.pk Email: info.isb@isra.edu.pk

The admission kit may be obtained from various branches of Meezan Bank Ltd. or any campus of Isra University.

The fee for admission kit is Rs. 2,000 (US\$ 35 for overseas applicants). Add Rs. 200 for delivery by courier service in Pakistan and US\$ 35 for overseas destinations.

Fees for admission kit can be paid in cash if the kit is collected in person or through a bank draft / pay order in the name of Isra University. The completed application forms together with the required supporting documents and a non-refundable application processing fee of Rs. 2,000 (US\$ 60 for overseas applicants), should reach the Admissions Office on or before the closing date announced by the University. The

applications received without fees will not be processed. Once acknowledged, an application cannot be withdrawn. It is the sole responsibility of the candidates to comply with all the instructions given on the application form and submit it before the due date. Incomplete applications will not be processed. Applications received after the due date will not be entertained.

In order to meet the deadline, the application form may be downloaded from our website and the same may be submitted along with the fee for admission kit and application processing dues. Prior to entry into Pakistan, the foreign students seeking admission in the University should first obtain an official clearance from the Government of Pakistan. For this purpose, they may approach the Pakistan Mission in their country of residence. Further information on admission of foreign nationals to educational institutions in Pakistan is available on our website.

Applicants who have failed IUAT can apply afresh in subsequent year(s). A fresh application is a must for admission in the ensuing academic year. The merit of the applicant taking repeat test(s) will be evaluated on the basis of the best score in the current or previous tests taken in the last two years.

#### **Finalization of Admission**

The admission, to all the academic programs under all the categories, will remain incomplete and unconfirmed until the following documents are not submitted and duly verified by the competent authority:

- Duly completed admission form.
- All the dues paid in full through a bank draft or challan duly signed by a bank.
- Exact spelling of the name and other antecedents verified from the academic certificates specified on the admission form.
- Duly signed and notarized affidavit specific to a particular program / faculty.

#### FEE PACKAGE AND OTHER DUES

The fee packages and schedule of payment of various degree programs are listed faculty-wise according to the nationality and residence status of the concerned students. The fee packages exclude hostel fees, transportation, Government taxes and

other dues that may be modified from time to time.

- The Government of Pakistan has made it compulsory to collect in addition to cumulative aggregate fees, a 5% advance income tax, where the annual aggregate fees exceeds Rs. 200,000/=
- 2. All dues levied by the government in lieu of taxes or other charges will be payable by the student/parent/guardian.
- The university reserves the right to increase the fees if required according to the recommendation of the Governing bodies.

Forfeiting of Fee: Students must note that if, for any reason, they discontinue the studies or if their admission is cancelled for any reason, the deposited fees will be forfeited.

## Continuous and Uninterrupted Payment of Fee:

A student has to pay full fee package, uninterruptedly over his / her full tenure of studentship in the program registered. This would be the case, irrespective of the fact that he / she fails in an examination, repeats a semester / year or interrupts his / her study that results in extension of the tenure. However, for a student of FES&T and FCE&MS in case of extension of period beyond the tenure, he / she will be required to pay the normal semester fee, while students of FM&AMS will make annual payment. Students who fail to deposit the fees in due time may be disallowed from attending classes and appearing in examination. He may be even debarred from college (Heavy late fee will be always applied after the last date).

Examination Fee: The students of all the Faculties are required to pay fees for each semester examination. In case of the examinations that are conducted under the regulatory control of professional bodies like the Pakistan Medical and Dental Council, a separate fee is chargeable per examination, irrespective of the number of subjects in which the student may wish to appear in a regular or supplementary examination conducted in a particular academic year. There is separate examination fee schedule for postgraduate examinations in each course and discipline. The fee schedule for examinations can be obtained from the Admissions Office.



Refund and Penalty: A student must note that the fees once deposited, in any account, cannot be refunded for any reason. Requests for refund of fees will be subject to HEC and PMC regulations. Furthermore, a student is liable to pay the cost of damage or loss of University property caused by him/her.

Student Categories: A regular Pakistani student, who acquired the entrance qualification while residing in Pakistan, falls in Regular category (Category A). On the other hand a Pakistani student, who acquired the entrance qualification while residing in an overseas country, irrespective of the fact that he/she is presently, living in Pakistan, falls in Overseas Pakistani category (Category B). An overseas (foreign) student, irrespective of where he/she acquired the entrance qualification, falls in the Foreign Student category (Category C).

#### FEE PACKAGES

#### **MBBS Program**

Fee Items	Category A (Regular)	Category B (Overseas)
Admission Fee (One Time)		
University Fee (Annual)	As Per PMC Policy	As Per PMC Policy
Tuition Fee (Annual)		
Tuition Fee will be charged on annual basis from new and existing students as per PMC Policy     Refund will be as per PMC Policy		

## **Doctor of Physical Therapy Program**

Fee Items	Category A (Regular)	Category B (Overseas)	Category C (Foreigner)
Admission Fee (One Time)	PKR 30,000	USD 600	USD 700
University Fee (Annual)	PKR 20,000	USD 400	USD 500
<b>Tuition Fee (Semester)</b>	PKR 225,000	USD 3,500	USD 4,500

- 01 IIRS, SMART Campus System and Library Fee Rs= 3000 per Semester for Existing and New Students.
- 02 Tuition Fee will be charged on annual basis for new & old students.
- 03 Refund will be as per HEC Policy.

As per Government directive, 5% Advance Tax will be charged over Two Lac PKR or equivalent amount.

# One Year Additional Certificate Course of Physical Therapy/Occupational Therapy

Fee Items	Category A
Admission Fee (One Time)	PKR 15,000
University Fee (Annual)	PKR 10,000
<b>Tuition Fee (Semester)</b>	PKR 75,000

- 01 IIRS, SMART Campus System and Library Fee Rs= 3000 per Semester for Existing and New Students.
- 02 Tuition Fee will be charged on annual basis for new & old students.
- 03 Refund will be as per HEC Policy.

As per Government directive, 5% Advance Tax will be charged over Two Lac PKR or equivalent amount.

#### **Master of Surgery Postgraduate Programs in Clinical Scinces**

Fee Items	Category A (Pay + Full time Bond)	Category B (Unpaid + Full time Bond)	Category C (Unpaid + No Bond)
Admission Fee (One Time)	PKR 100,000	PKR 100,000	PKR 100,000
University Fee (Semester)	PKR 50,000	PKR 50,000	PKR 50,000
<b>Tuition Fee (Semester)</b>	No Tuition Fee & Service Bond	No Tuition Fee & Service Bond	PKR 450,000

### Post Graduate Certificate in "Certified Clinical Research Professional"

Fee Items	Category A
Admission Fee (One Time)	PKR 25,000
University Fee (Annual)	PKR 10,000
Tuition Fee (Semester)	PKR 35,000

- 01 IIRS, SMART Campus System and Library Fee Rs= 3000 per Semester for Existing and New Students.
- 02 Tuition Fee will be charged on annual basis for new & old students.
- 03 Refund will be as per HEC Policy.

As per Government directive, 5% Advance Tax will be charged over Two Lac PKR or equivalent amount.

### Post Graduate Diploma Program "PGD"

Fee Items	Category A (Regular)	Category B (Overseas)	Category C (Foreigner)
Admission Fee (One Time)	PKR 25,000	USD 600	USD 700
University Fee (Annual)	PKR 10,000	USD 200	USD 250
<b>Tuition Fee (Semester)</b>	PKR 85,000	USD 1,800	USD 2,000

- 01 IIRS, SMART Campus System and Library Fee Rs= 3000 per Semester for Existing and New Students.
- 02 Tuition Fee will be charged on annual basis for new & old students.
- 03 Refund will be as per HEC Policy.

As per Government directive, 5% Advance Tax will be charged over Two Lac PKR or equivalent amount.

### **Scientific Writing in Health Profession**

Tuition fee	PKR 30,000
Admission Fee	PKR 4,000
<b>Enrollment Fee</b>	PKR 3,000
Certification charges	PKR 3,000
Certification charges	PKR 40,000

### **Health Professions Education (CHPE)**

Tuition fee	PKR 30,000
Admission Fee	PKR 4,000
<b>Enrollment Fee</b>	PKR 3,000
Certification charges	PKR 3,000
Certification charges	PKR 40,000

### **Professional Deficiency Make Up Program**

Fee Items	Category A (Regular)	Category B (Overseas)	Category C (Foreigner)
Admission Fee (One Time)	PKR 20,000	USD 700	USD 800
University Fee (Annual))	PKR 10,000	USD 300	USD 400
<b>Tuition Fee (Semester)</b>	PKR 150,000	USD 1,800	USD 2,000

- 01 IIRS, SMART Campus System and Library Fee Rs= 3000 per Semester for Existing and New Students.
- 02 Tuition Fee will be charged on annual basis for new & old students.
- 03 Refund will be as per HEC Policy.

As per Government directive, 5% Advance Tax will be charged over Two Lac PKR or equivalent amount.

### **BS** (Vision Sciences) Program

Fee Items	Category A (Regular)	Category B (Overseas)
Admission Fee (One Time)	PKR 35,000	USD 300
<b>University Fee (Annual)</b>	PKR 20,000	USD 75
Tuition Fee (Annual)	PKR 162,500	USD 2,000

### BS (Nursing) & Post RN BS (NURSING) Program

Fee Items	BS (NURSING)	Post RN BS (NURSING)
Admission Fee (One Time)	PKR 25,000	PKR 25,000
<b>Tuition Fees (Semester)</b>	PKR 50,000	PKR 50,000
<b>Examination Fees (Semester)</b>	PKR 4,000	PKR 4,000

## FEE FOR REPEATING / REAPPEARING COURSE(S)

FES&T and FCE&MS: A student repeating course(s) has to pay tuition fee on the basis of Rs. 4,500 per credit hour per course or the semester fee, whichever is less. In case of summer session, the student has to pay Rs. 4,500 per credit hour per course for repeating or reappearing in a course.

#### PAYMENT OF FEES

The fee installments of packages and dues are payable by a bank draft in the name of Isra University.

Late Fee: The students, who fail to pay the installments of fee package within the prescribed period, will be required to pay penalty based on the current per day bank rate. The dues inclusive of the penalty is payable until two weeks before the ensuing examination failing which the concerned students will not be allowed to sit in the examinations; and their admission may be cancelled.

#### FINANCIALASSISTANCE

Isra Islamic Foundation and other philanthropic organizations / individuals provide a limited

number of full and partial free-ships,

scholarships and other forms of financial assistance that are available to the needy and meritorious students.

Isra University is listed in the roster of institutions where the poor and meritorious students, seeking admissions, are eligible to apply for the award of scholarships from an endowment fund created by the Government of Sindh. For more information, the interested students should contact the Secretary, Board of Trustees for Endowment Fund, Education Department, Government of Sindh, Karachi.



# Teaching Staff

Dean Teaching Staff Department Lecturer Registrar Chairperson Medical Officer Instructor Associate Demonstrator Assistant Skills Knowledge Professor Coordination Administrator Visiting Faculty Highly Qualified



## **Teaching Staff**

A highly qualified and dedicated teaching staff caters for the academic needs of the students, enabling them to acquire the knowledge and skills, required to compete in the growing economy and serve the society at large.

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### **TEACHING STAFF**

### ISRA UNIVERSITY, KARACHI CAMPUS

Administration

Ghulam Husain Siddiqi

Pro-Vice Chancellor

Muhammad Umar Kazi

MBBS, FCPS

Pro-Vice Chaancellor (Health Sciences)

Masood Ahmed Abbasi Additional Registrar

Tariq Ahmed

Additional Controller of Examinations

Ali Muhammad Memon Chief Financial Officer

### AI-TIBRI MEDICAL COLLEGE

Administration

Muhammad Rafique MBBS, M.Phil Principal

Aamir Hussain Gopang Administrator

### **Department of Anatomy**

Muhammad Rafique MBBS, M.Phil Professor

Qadir Bux Memon MBBS, M.Phil Professor

Hina Khan MBBS, M.Phil Associate Professor

Raja Faisal Zulfiqar MBBS, M.Phil Assistant Professor

Shahid Maqbool Korai MBBS, M.Phil Senior Lecturer

Devi Kumari MBBS, M.Phil Senior Lecturer Fouzia Kirmani

MBBS

Lecturer

Mazhar Ali Kalhoro

MBBS Lecturer

### **Department of Physiology**

Muhammad Ahmed Azmi

Ph.D

Professor

Husan Bano M.Phil Professor

Farrukh Majeed MBBS, FCPS Professor

Adnan Anwar MBBS, M.Phil Assistant Professor

Saba Leeza Mangi

MBBS Lecturer

Aiman Khan MBBS Lecturer

### **Department of Biochemistry**

Nadeem-ul-Haq MBBS, M.Phil Professor

Aziza Khanum

Ph.D Professor

Ghazala Panhwar MBBS, M.Phil Assistant Professor

Syed Liaquat Ali MBBS, M.Phil Assistant Professor

Mehak Mobin MBBS Lecturer **Department of Pathology** 

Anila Qureshi MBBS, M.Phil, Ph.D

Professor

Syed Owais Ahmed MBBS, M.Phil Professor (Microbiology)

riolessoi (Miciobiology)

Muhammad Yousif Khoso MBBS, M.Phil Assistant Professor

Syed Naqeeb Ali MBBS, M.Phil Assistant Professor

Sumayyia Ulffat M.Phil

Assistant Professor

Najia Soomro MBBS, M.Phil Senior Lecturer

Sarwat Batool BDS, M.Phil Senior Lecturer

**Department of Community Medicine** 

Syed Muhammad Maqsood

MBBS, MPH Professor

Zeba Saeed MBBS, MPH Associate Professor

Asad Raza Jiskani MBBS, M.Sc. Associate Professor

Riaz Ahmed Bhutto MBBS, MPH Associate Professor

**Department of Pharmacology** 

Abdul Latif Mahesar MBBS, M.Phil Professor Farheen Hameed MBBS, M.Phil Assistant Professor

Saima Siddiqui MBBS Lecturer

**Department of Forensic Medicine** 

Waqar Hussain Shaikh

MBBS, DMJ Professor

Shahid Kamran MBBS, DMJ Assistant Professor

Nadia Gul MBBS Lecturer

**Department of Medical Education** 

Asad Raza Jiskani MBBS, M.Sc.

Director, Medical Education

Anas Bin Tariq MBBS Lecturer

**Department of General Medicine** 

Shamsuddin Solangi MBBS, MD

Professor

Abdul Rabb MBBS, FCPS Associate Professor

Shumaila Rafi MBBS, FCPS Assistant Professor

Ajmal Jami

MBBS, MCPS, FCPS Assistant Professor

Amanullah Khokhar MBBS, FCPS Senior Registrar

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### TEACHING STAFF

Amjad Hakro MBBS, FCPS Senior Registrar (Psychiatry)

### **Department of General Surgery**

Nazimuddin Jat MBBS, FRCS Professor

Waseem Memon MBBS, FCPS Professor

Khalid Ahsan Malik MBBS, MS, FRCS Professor

Qamaruddin Baloch MBBS, FCPS Professor

Rekha Melwani MBBS, FCPS Assistant Professor

Ihsanullah Sial MBBS, MS Assistant Professor

Bilal Suria MBBS, FCPS Assistant Professor (Urology)

### Department of Obstetrics & Gynaecology

Shabeen Naz Masood MBBS, FCPS Professor

Kausar Parveen Jilani MBBS, FCPS Professor

Ambreen Amna MBBS, FCPS Associate Professor

Nusrat Lakho MBBS, FCPS Associate Professor

Bushra Zulfiqar MBBS, FCPS Associate Professor Saira Saeed MBBS, FCPS Assistant Professor

Shagufta Parveen MBBS, FCPS Senior Registrar

### **Department of Pediatrics**

Yasmin Channa MBBS, DCH, FCPS Professor

Nighat Seema Kamran MBBS, DCH, FCPS Assistant Professor

Zahida Saleh MBBS, FCPS Assistant Professor

Erum Saboohi MBBS, MD Assistant Professor

### **Department of ENT**

Khalid Iqbal MBBS, MCPS, DLO, FCPS Professor

Ejaz Un Nabi MBBS, FCPS Assistant Professor

Vijay Kumar MBBS, FCPS Senior Registrar

### **Department of Ophthalmology**

Sadia Bukhari MBBS, FCPS, MS Professor

Muhammad Umar Kazi MBBS, FCPS Professor

Munawar Hussain MBBS, MS Associate Professor Asif Mashood Qazi MBBS, MS Assistant Professor

### **Department of Anesthesiology**

Pavan Kumar MBBS, FCPS Anesthetist

Sheikh Arz Muhammad MBBS, MCPS

Consultant

Kamran Ali MBBS, MCPS Consultant

Muzmal Hussain MBBS, MCPS Constultant

Syed Noman Ahmed MBBS, MCPS Anesthetist

### **Department of Radiology**

Shabih Zehra MBBS, FCPS Assistant Professor

#### ISRA INSTITUTE OF REHABILITATION SCIENCES

Muhammad Asif

BS (PT), B.P.Ed, M.Sc. (PT), MPT (MSK), PP-DPT, M.Phil

(SM&MPT), CCRP, CKTP, MBA-RM

Professor / Principal

Muhammad Atif Khan

BPT, PP-DPT, M.Phil (SM&MPT), CCRP, CKTP, MBA-RM

Assistant Professor / Vice Principal

Shazia Abdul Hamid Khalfe

BPT, PP-DPT Assistant Professor

Vinod Kumar

BS (PT), PP-DPT, M.Phil (SM&MPT)

Assistant Professor

Ourat ul Ain Arif BS(PT), PP-DPT Assistant Professor Noman Ahmed Issani

B.Tech, B.Ed., MCSE, MBA, M.Sc. (HPE&SS), M.Phil (HPE&SS)

Assistant Professor

Sahar Pasha

BS (PT), PP-DPT, MBA-RM

Senior Lecturer

Nasir Mahmood

BS (PT), PP-DPT, M.Phil (NPT)

Senior Lecturer

Khadija Tul Kubra

BPT, M.Phil (SM&MPT), CCRP

Senior Lecturer

Sumeet Kumar

DPT, M.Phil (OPT), CKTP

Senior Lecturer

Kiran Arshad

DPT, M.Phil (OPT), CKTP

Senior Lecturer

Saman Habib Malik BPT, PP-DPT, CCRP Senior Lecturer

Muhammad Faroog Khan

BS (PT) Lecturer

Muhammad Jawad Baig Chughtai

DPT, M.Phil (OPT)

Lecturer

Danial Baig Chugtai

DPT Lecturer

Rabia Asif Khan BSPT, PP-DPT

Lecturer

Urooj Rafi DPT, MS (NPT)

Lecturer

Shameel Zaheer BSPO, M.Phil Lecturer

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### **TEACHING STAFF**

Hafsa Paracha DPT

Lecturer

Umema Mumtaz

DPT

Research Associate

#### ISRA SCHOOL OF OPTOMETRY

Abdul Hameed Talpur

MBBS, M.Sc. (CEH), MS (Ophthalmology)

Director

Muhammad Nasir Ansari

M.Sc. (Physics)

Assistant Professor

Shua Azam

BS (Optom), M.Phil (Optom)

Senior Lecturer

Izmal Urooj BS (VS)

Senior Lecturer

Hubdar Ali BS (VS)

Senior Lecturer

Um-e-Farwa BS (VS) Lecturer

Shumaila

PGD (CIS), MCS

Lecturer

Muhammad Asif

BS (VS) Lecturer

Nusrat Shakoor

BS (VS) Lecturer

Mehak Asif BS(VS) Lecturer

Ali Hyder BS(VS) Lecturer Kanwal Parveen

BS (VS)

Incharge Research

Muhammad Siddique

BS (VS)

Clinical Coordinator

Abdullah Baloch

BS (VS)

Program Coordinator

Nabila Noor BS (VS)

Student Affairs Officer

### ISRA POSTGRADUATE INSTITUTE OF OPHTHALMOLOGY

Muhammad Saleh Memon

MBBS, FRCS (UK)

Executive Director & Professor

Abdul Fattah Memon

MBBS, FCPS, MS (Vitro-Retina)

Director & Professor

P.S Mahar

MBBS, FRCS (UK), FRC Ophthalmology

Professor

Israr Ahmed Bhutto

MBBS, FCPS, MS (Pediatrics Ophthalmology, FACS)

Associate Professor

Abdul Qadeem Soomro

MBBS, FCPS, MS (Vitro-Retina)

Associate Professor

Muhammad Ashraf Dawood

MBBS, FCPS Associate Professor

Mujahid Inam

MBBS, MCPS, MS (Ophthalmology)

Assistant Professor

Adil Saleem MBBS, FCPS Assistant Professor

Asim Ateeq MBBS, FCPS Assistant Professor Nazia Qidwai MBBS, FCPS Assistant Professor

Mustafa Kamal Junejo MBBS, MRCS, FRCS Assistant Professor

Saima Majid MBBS, FCPS Assistant Professor

Uzma Haseeb MBBS, FCPS Assistant Professor

Nasir Ahmed MBBS, FCPS Assistant Proefssor

Sidra Shakeel MBBS, FCPS Senior Registrar / Consultant

Attiya Zehra Rizvi MBBS, FCPS Assistant Professor

Aijaz Ahmed Memon MBBS, MCPS Ophthalmologist

Ghulam Murtaza MBBS, DO, MS Ophthalmologist

Abu Hena Fazle Rabbi MBBS, MCPS Ophthalmologist

Irshad Ahmed MBBS, DO Ophthalmologist

### AL-TIBRI COLLEGE OF NURSING

Shireen Arif MSN, BSN,RN, RM Principal Shakeel Rufan Khokhar BSN, RN Senior Lecturer

Noureen Hussain B.Sc. Nursing Lecturer / Instructor

Asma Aly

Diploma in Nursing, Post RN BSN

Lecturer / Instructor

Ambreen Sadiq

**BSN** 

Lecturer / Instructor

Eraj Abbas

M.Phil, MSc, BSc Hon (Biochemistry)

Lecturer

Amber Ayaz Memon M.Sc (Physiology)

Lecturer



# Karachi Campus: AL TIBRI MEDICAL COLLEGE & HOSPITAL

Near Al-Ibrahim Eye Hospital, Old Thana, Gadap Town, Karachi, Pakistan. Tel: (+92 21) 34561711-20 Fax: (+92 21) 34561816 http://www.isra.edu.pk info@altibri.edu.pk

### ISRA INSTITUTE OF REHABILITATION SCIENCES

C-8, Block # 14 Gulistan-e-Jauhar, Karachi Tel: (+92 21) 34614002, (+92 300) 9248001, Fax: (+92 21) 34614001 URL: http://www.isra.edu.pk Email: iirs.khi@isra.edu.pk, iirsiu@gmail.com