

#### April-June 2015



03

Biennial International Conference of Pakistan Physiological Society

International Surgical Conference 2015



02

#### **EDITORIAL**

Dear Readers,

Assalamu Alaikum! Isra News is an official organ of Isra University. This quarterly newsletter is designed to keep the Isra affiliated community well connected, and at the same time bring the readers up to date with the various cocurricular and extra-curricular activities taking place at the University along with the educational and social welfare programs pursued by the parent organization, Isra Islamic Foundation.

In order to keep Isra News well populated, we rely on contribution of news items from the community members. When sending news items, please make sure to include the essential elements of an event: what took place, whom it concerns the most, where and when it took place. You are encouraged to send your news items by email to the address given below.

Last but not the least, your news contributions are important to us, so help us keep the Isra community connected by contributing regularly to Isra News. We appreciate your interest and contributions, and hope that you will find Isra News to be informative and pleasant to read.

Best Regards, Irfan Haroon isra.news@isra.edu.pk

# **ISRA NEWS**

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## Biennial International Conference of Pakistan Physiological Society



From 27<sup>th</sup> to 29<sup>th</sup> March 2015, Isra University and Sindh University, Jamshoro Campus held 14<sup>th</sup> Biennial International Conference of Pakistan Physiological Society on Physiology in Health Care. This conference spanned over three days till 29<sup>th</sup> March 2015. It was sponsored by Isra University and Higher Education Commission. Prof. Ali Muhammad Soomro chaired the organizing committee while the Vice Chancellor of Isra University, Prof. Ghulamqadir Kazi, and Prof. Abida Tahirani, Vice Chancellor of Sindh University were the patrons. This event was graced by the President of Pakistan Physiology Society, Prof. Taj Muhammad Khan; and Prof. Umar Ali Khan, Pro-Vice Chancellor of Isra University Islamabad Campus as the chief guests. The session was held at Shaikh Ayaz Auditorium Sindh University, Jamshoro.

The session was concluded at Asadullah Kazi Auditorium Isra University, Hyderabad in which the chief guest was the President of Pakistan Medical and Dental Council, Prof. Massod Hameed Khan. He acknowledged the services of Isra University in education and health field. He further mentioned that Continuing Medical Education is mandatory for registration of doctors with PM&DC for rural doctors as well as general Medical Practitioners. He urged the Vice Chancellor, Prof. Ghulamqadir Kazi to initiate CME sessions as per PM&DC laid down criteria at Isra Hyderabad and all other Campuses without ado. He also thanked and congratulated Pakistan Physiological Society for holding regular conferences to update the doctors on latest and cutting edge



information and research in Physiology. This conference was attended by over 500 doctors from Pakistan and other countries.

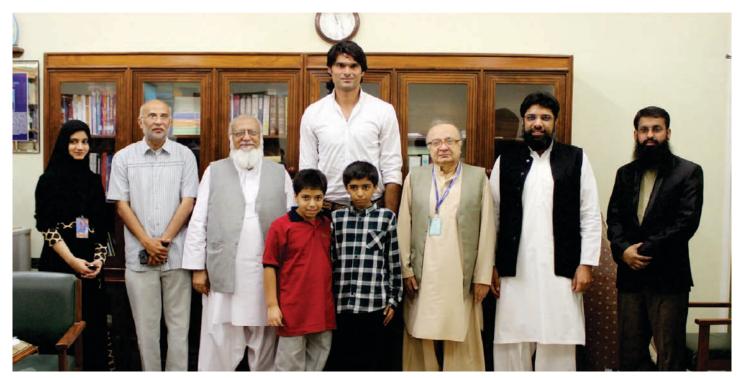
Prof. Ghulamqadir Kazi appreciated the efforts of Pakistan Physiological Society for organizing a successful conference of Physiology field which is vital for basic and clinical medical sciences. Prof. Umer Ali khan also spoke on Physiology in Health care and emphatically likened it to public health issues to past, present and future. Prof. Dr. Arif Siddiqui gave presentation on curriculum of physiology and stressed medical teachers training in curriculum field. A lecture was also delivered by Prof. Saadat Ali Khan on 'Olfaction, A Mysterious Human Behavior'.

Prof. H.R. Ahmed talked on cardio protection and speaker from Agha Khan University, Dr. Rehana Rehman talked on different methodologies used for teaching physiology. The conference also comprised of two workshops; one on "Writing Research Grant Proposal" and other on "Medical Writing" held at Isra University. The conference further included plenary sessions, free papers, poster exhibition and workshops on physiology. Notably, Life time Achievement Award was presented to Prof. Din Muhammad Shaikh for his services to Physiology field by Prof. Massod Hameed Khan. Dr. Naveed Kazi and Dr. Zulfiqar Leghari were secretaries of the conference. At the end of the conference, an election meeting was conducted which elected Dr. Ali Muhammad Soomro as the new president of Pakistan Physiological Society.





### Muhammad Irfan & Little Angels Shine at JAG 2015



"I see many future Muhammad Irfans here amongst us today, the energy and zeal of these children has left me speechless," said the notable test cricketer of Pakistan, Muhammad Irfan while acting as the chief guest at the 'Junior Athlete Games – JAG 2015' held on 15 April at Isra University, Hyderabad as a result of the commendable efforts of Isra Social Welfare Society (ISWS).

This sports event was organized for children living in orphanages like SOS Village, Jamshoro and Dar-ul-Atfal, Hyderabad to give them an opportunity to bring out their inner athletes. The event consisted of different sporting competitions including, racing, jumping, Tug of War, and cricket match to promote their sporting skills while boosting their confidence.

Mr. Hamza Mallah, General Secretary, Isra Social Welfare Society welcomed the dignitaries and students attending it. Following the inauguration, the kids marched into the ground in the form of groups carrying their respective group flags. Over 100 children participated in different sporting categories and showcased their abilities in front of a massive crowd gathered to extend their

#### support to the children.

At the culmination of the competition, the chief guest, Muhammad Irfan congratulated all the children and distributed different prizes among them. He also added, "Winning or losing is a part of game, but what sets you apart from others is your courage to face defeat and your persistence to maintain your victory. You all are winners for me and I wish you all the very best of luck!" The prize distribution ceremony was followed by the vote of thanks by the President of Isra Social Welfare Society, Mr. Ebbad Qureshi who lauded the efforts of the entire team for making the event a huge success.

Finally, Prof. Dr. Asadullah Kazi, Chancellor, Isra University adorned the chief guest with Sindhi Topi & Ajrak and Prof. Dr. Hameedullah Kazi; Pro-Vice Chancellor, Engineering and Management Sciences, and Chief Patron, Isra Social Welfare Society expressed his gratitude to Muhammad Irfan for sparing time for the children.





# JAG 2015 Pictorial

















#### CPD Seminar on IEEE Evolution 2015



On 28 April 2015, Isra University, Hyderabad and IEEE Isra Student Branch, Pakistan organized a PEC CPD (Continuous Professional Development) seminar on IEEE Evolution 2015 which was based on Evolving IEEE in the year 2015. Held at the Asadullah Kazi Auditorium of Isra University, the seminar boasted an audience of nearly three hundred participants pertaining to the field of Engineering, Science & Technology coming from Isra University and from different Universities of the region.

The seminar commenced with a welcome address by Prof. Dr. Rafiq Abro, Chairperson, Electrical Engineering Department and branch address by Safdar Abbas, Vice Chair, IEEE Isra Student Branch. These addresses were followed by very enlightening speeches from presenters including, Dr. Mohammad. Shahab Siddiqui; Vice Chair, IEEE Karachi Section, & Chairperson, CS & IT Department, Jinnah University for Women, Karachi; and Engr. Ghulam Mohammad, Regional Network Engineer, Mobilink, Karachi.

During his session, Dr. Siddiqui highlighted prospective opportunities for the students in their last and second to last year and prompted them to come up with socially sustainable final year projects that can be of service to the society and contribute to its betterment. He also informed the participants of the possibility of getting their final year project funded by IEEE. Speaking from his



personal experience, Dr. Siddiqui shared that he himself was granted a fund of USD 2,500 from IEEE USA for his project, developed especially for the unfortunate people of Khuda Ke Basti locality in Karachi, Pakistan, aiming to look after the health of unprivileged people living together in masses. Following him, Engr. Ghulam Mohammad spoke on the 3G and 4G technologies and their growing advancement. In addition to presenting a comparison between the two technologies, he also briefed the audience on the current LTE based technologies and upcoming cutting-edge technologies.

Towards the conclusion of the seminar, Prof. Dr. Hameedullah Kazi; Pro-Vice Chancellor, Engineering & Management Sciences, Isra University, and Head of Executive Council, IEEE Isra Student Branch, Pakistan adding to the previous talks said that Pakistan joined the club of 3G/4G networks back in 2014 which was, without a doubt, a celebrative achievement keeping in view the good it has done in connecting the far flung areas with the developed areas. Later, Engr. Saad Khan Baloch; Counselor, IEEE Isra Student Branch, and Assistant Professor, Faculty of Engineering & Science Technology, Isra University presented the vote of thanks and acknowledged the efforts of the speakers, volunteers and participants. In the end, Dr. Kazi, distributed shields, souvenirs & certificates to the speakers and the organizers.





#### **International Surgical Conference 2015**



The Society of Surgeon (SOS) Pakistan Rawalpindi/Islamabad Chapter and Isra University and Hospital, Islamabad organised the International Surgical Week with Surgical Conference on 9<sup>th</sup> April 2015 at Al-Nafees Medical College.

Preconference workshops were carried out in Nov 2014 and April 2015. There were total fifteen Preconference Workshops conducted at Al-Nafees Medical College and Hospital, Islamabad; Benazir Bhutto Hospital, Rawalpindi; KRL General Hospital and Combined Medical Hospital.

The 3 days International Surgical Conference was inaugurated at the Pearl Continental Hotel, Rawalpindi on 9<sup>th</sup> April 2015. The chief guest of inaugural session was Prof. Musadiq Khan who is a renowned Surgeon of Rawalpindi/Islamabad and the former president of Society of Surgeon. Prof. Umar Ali Khan, Pro-Vice Chancellor of Health Sciences, Isra University was the guest of honor of the event. All the scientific sessions were carried out at Al-Nafees Medical College and Hospital Islamabad. There were more than 50 research papers that were presented in the conference by



international guests, surgeons and students from allied specialities. The session was attended by 750 participants from all over the country.

The concluding session of the conference was held on 11<sup>th</sup> April. The chief guest was Prof. Ghulamqadir Kazi, Vice chancellor of Isra University. He appreciated the efforts of SOS for arranging the scientific session at Al-Nafees Medical College and Hospital Islamabad and encouraged the SOS for organizing more of such events in future.

Prof. Asif Zafar Malik, President of SOS Rawalpindi/Islamabad, then presented the overview of surgical week and the conference. This was followed by presentation of the annual report of the Society of Surgeon by Dr. Naeem Zia General, Secretary of SOS. Lastly, Prof. Dr. Hanif presented his vote of thanks to Prof. Ghulam

Qadir Kazi, Prof. Umar Ali Khan, Prof. Asif Zafar Malik, Mr. Mustafa Minhas, Dr. Ihtasham Chaudary, Mr. Laiq Khan, the organizing staff, IT Staff and all the participants for successful organization of the 3-day International Event.



### CME Seminar on Management of Colorectal Carcinoma



The Department of Surgery Unit-I organized a one day CME program on the management of colorectal carcinoma on 1<sup>st</sup> June 2015 at Asadullah Kazi Auditorium, Isra University, Hyderabad. This was done under the chairmanship of the esteemed Prof. Abdul Sattar Memon. Amongst the guests of honor of the event were Prof. Jan Muhammad Memon, CEO Indus Medical College T.M.K and Founder VC LUMHS, and Dr. Abdul Ghani Kazi; Director of Isra University, Hyderabad. It was attended by 135 participants including 50 general practitioners. The program was accredited for 1.5 credit hours from PMDC.

The program started with recitation of Holy Quran by Dr. Sumaya Pathan, House Officer. This was followed by the welcome address by Prof. Abdul Sattar Memon. In his speech, Dr. Memon thanked Prof. Ghulam Qadir Kazi, Vice Chancellor of Isra University; Prof. Jan Muhammad Memon, CEO of Indus Medical College TMK; Dr. Abdul Ghani Kazi, Director of Isra University Hospital; and Prof. Shah Nawaz Shah, Ex Prof. LUMHS for sparing their valuable time for this event. He also thanked Dr. Naeem Laghari for joining the CME program and providing his valuable services to Isra University. It was also suggested that board meetings should be conducted on this topic through video conferencing by the Department of Surgery.

Prof. Jan Muhammad Memon lauded the efforts of Isra University for organizing excellent CME programs and raising awareness on such crucial medical issue. He also assured his full co-operation for any future academic programs. Dr. A.G. Kazi, in his remarks, suggested ways to prevent rise of colonic cancer by focusing on the merits of consuming simple diet in tune with the physiology of the body. Honorable chief guest, Prof. Ghulam Qadir Kazi also



appreciated such programs and fully assured to support them in future. He also encouraged and congratulated the organizing team for conducting such well-organized CME programs by involving all the concerned departments.

The seminar constituted case presentations on operated cases of colorectal carcinoma at Isra University hospital presented by house officers and post graduate students. This was followed by an overview of the colorectal carcinoma and its management by Prof. Abdul Sattar Memon. A talk on etiology and pathogenesis was given by the esteemed Prof.Usha Isaac from Department of Pathology of Isra University. Regarding radiological investigations, Dr. Almas Memon and Dr.Ghazala Shahzad presented their talks. Prof.Sadik Memon presented on the role of colonoscopy in diagnosis of colorectal carcinomas. Prof.Waseem Memon discussed differential diagnosis of the cases. Prof.Mukhtiar Vakkasi discussed the role of anesthesia in colorectal surgery. The management plan was presented by Dr.Javeria Fareed, Assistant Prof., Department of Surgery. Dr.Abdul Sattar Memon discussed the complications involved and also talked about recent advances in the field. Dr. Naeem Laghari, guest speaker from Nimra Jamshoro, discussed about post surgical management. At the end of the program, a question answer session was also conducted.

After the concluding session, the chief guests and the guests of honor were called on the podium and were presented with shield and Ajrak. Shield distribution to the speakers and guests of honor was done by chief guest. Dr. Nargis Baqi, House Officer presented the vote of thanks.





# Communication Skills and Personality Grooming

The Isra University Entrepreneurial Society organized a one-day seminar on 'Communication Skills and Personality Grooming' held on 17<sup>th</sup> April 2015 at the Asadullah Kazi Auditorium attended by nearly 200 students from across the University. The guest speaker of the event was Mr. Muhammad Shahroze, a motivational speaker and training officer at Karachi Youth Support Network (KYSN).

The seminar commenced with the recitation of Holy Quran followed by the National Anthem recital. For the opening ceremony, Patron of Isra Entrepreneurial Society, Ms. Paras Bhatti was invited to come on the podium. In her address she noted, "In today's world, it is deemed very important for a person to have creditable and polished communication skills. No one can survive and become ultimately successful until and unless he knows the right manner to express his thoughts. Adding she said, "I'm very glad that this topic has been raised today so I'm looking forward to hearing some interesting ideas."

After the opening remark, the guest speaker was invited on the stage for his motivational presentation. He started off with a triad of mind-stimulating activities which pumped the audience with energy and zest. He shared with the audience the importance of right communication skills and the art of networking. He focused on the significance of consistent hard work for development of stronger personality and highlighted the attributes of successful people. Also, he shared his personal experiences punctuated with

some real life examples which moved the audience. Following it, the audience seemed visibly focused, determined and energetic which was also expressed through live tweets streaming arranged for the seminar.

At the end of the presentation, a Question and Answer session was held in which high participation of students was seen.

At the end of the event, the Chairperson of Management Sciences, Dr. Qamaruddin Mahar presented his closing remarks. Thanking the speaker and the audience for their participation he expressed, "I'm very happy to see Team IES back on work; today's event, indeed, was a reflection of the hard work put in by the team." The seminar ended with souvenir presentation to the guest speaker and a group photograph.



# Ideas for Programming and Circuit Design 2015



A competition named 'Ideas for Programming and Circuit Design' was organized by Department of Computer Sciences on 14 April 2015 at Isra University, Hyderabad. Almost 70 students participated from the Faculty of Engineering, Sciences and Technology in the event that consisted of three different competitions including 'On the Spot Programming Competition,' 'Poster Competition' and 'Circuit Design Competition.' The event aimed to provide students a platform to exhibit their talent and to establish their worth in the highly competitive market of the present era. It was an opportunity for the students to implement their ideas and a great source of exposure for them.

The Poster Competition was won by 'Wireless Weather Monitoring System' presented by Faraz Ahmed Khan, Rizwan Ansari and Muhammad Danish. The 'Virtual Speaker Group' with its members Muqalid Abbas, Muhammad Ali Jamani and Amir stood first in 'On The Spot Programming Competition', while the Circuit Design Competition's winners were Razi Ahmed Qazi and Saddam Hussain.

Shields and certificates were distributed by Pro-Vice Chancellor Engineering and Management Sciences, Prof. Dr. Hameedullah Kazi among participants and organizing committee in the closing ceremony where he highly appreciated the efforts of the faculty of Computer Sciences and the hard work of the participants. Emphasizing the importance of such competitions he said, "Such events are essential to develop students in accordance to ongoing market trends and equip them with skills to work effectively in their respective field."



#### **ISoN Celebrates International Nurses Day**



Isra School of Nursing (ISoN), Isra University Hyderabad celebrated the International Nurses Day on 12<sup>th</sup> May 2015 at Asadullah Kazi auditorium, Isra University, Hyderabad. Consistent with its tradition, the day was celebrated on the birthday of Florence Nightingale, the founder of modern nursing. The chief guest of the program was Dr. Rubina Barolia, Professor and Director of the MS Nursing program at AKU–SONAM. The guest of honour of the event was Prof. Dr. Abdul Ghani Kazi, Pro-Vice Chancellor, Isra University and Director Isra University Hospital. In his speech, Dr. Abdul Ghani Kazi lauded the endeavours of the nursing faculty and students and commented on their remarkable performance laced with untiring efforts to make this program a success under the leadership of Ms. Rebecca Wilson-John. This was followed by a welcoming speech by the respected Principal of

10





ISoN. She said, "In today's world, we need to manipulate natural and mechanical environment and the environment within the human body to have a cost effective impact on nursing care and medical practice. Changes are required in health care policies, in political health agenda, in health and safety strategies of institutes and public awareness and teaching regarding accountability of health behaviours before individuals fall in the traps of costly and prolonged illnesses."

The key component of the program was a tableau performed by final year BS Nursing students based on the life story of Florence Nightingale and her Environmental Theory which garnered a huge interest among the audience. The tableau presented a chronological history of nursing from 1851 and its development to modern day nursing.





# Visit to University of Social Welfare and Rehabilitation Sciences, Iran

An auspicious meeting was held on 25<sup>th</sup> April 2015 in Tehran, Iran marking the collaboration between the University of Social Welfare and Rehabilitation Sciences (USWR), Tehran, Iran and Isra Institute of Rehabilitation Sciences (IIRS), Isra University, Karachi Campus, Pakistan. The attendees of the meetings included Prof. Hamid R. Khorram Khorshi, Chancellor of USWR; Prof. Muhammad A. Mohseni Bandpei, Vice Chancellor of International Affairs, USWR; Dr. Muhammad Asif, Associate Professor, and Principal Isra Institute of Rehabilitation Sciences, Isra University, Karachi Campus; and Dr. Vinod Kumar Assistant Professor, Isra Institute of Rehabilitation Sciences, Isra University, Karachi Campus.



The meeting started with the name of Allah. The Chancellor and Vice-Chancellor of USWR welcomed delegates from Isra University providing brief information about USWR and possibilities of further international collaborations in the field of Rehabilitation Sciences, Mental Health and Social Welfare particularly at post graduate levels. Dr. Muhammad Asif provided the brief introduction of Isra University, and explained in detail the standard guidelines of Higher Education Commission of Pakistan regarding entry level DPT and Post Professional DPT. He also explained requirements and standards of United States of America, minimum requirements and mandatory courses for entry level DPT and Post Professional DPT.



Delegates from Isra University visited some departments and research centres including Physiotherapy, Speech Therapy and Language Pathology, Genetics, Paediatric Neuro-rehabilitation Research Centre, etc. They held meetings and detailed discussion with heads of the departments as well.

At the end of meeting, Dr. Muhammad Asif presented traditional Sindhi cap, Ajrak, and Souvenir of Isra University and collaboration memento to Prof. Muhammad A. Mohseni Bandpei while Vice Chancellor Prof. Hamid R Khorram Khorshi presented Iranian Handicrafts as memento.



# **Balance Testing and Training Workshop**



A 3-day free of cost hands-on workshop on 'Balance Testing and Training' was organized on 22 April 2015 at Learning Resource

Center, Isra Institute of Rehabilitation Sciences (IIRS), Isra University Karachi Campus. The workshop was attended by different Health and Physical Education students along with the faculty of IIRS. The facilitator of the event was Dr. Muhammad Mazahir Zia Sheikh, Physiotherapist, Licensed Practitioner, and currently working as visiting faculty at IIRS.

The session aimed to develop understanding regarding normal and abnormal balance, and to help comprehend the type of balance problems so that appropriate treatments can be directed towards the patients.

To motivate and keep the participants engaged different activities were arranged, which were highly appreciated by the participants who also expressed that they look forward to such interactive sessions in the future as well. At the conclusion of the workshop, all the participants were awarded with certificates.

### World Health Day Organised at Isra University



12

On 7<sup>th</sup> April 2015, the Department of Community Medicine and the Faculty of Medicine and Allied Medical Sciences organized the World Health Day Program hosted by Miss Aida Nasr Khan & Miss Zara Tahir in an effort to promote healthy and safe food. Theme of the program was "Food Safety: From Farm to Plate".

Dr. Abdul Karim Baloch, the worthy Vice Chancellor of Quaid-e-Awam University of Engineering and Technology (QUEST), Nawabshah was the chief guest while the Pro-Vice Chancellor of Isra University, Dr. A.G. Kazi was the Guest of Honour. Prof. Mehtab Karim, who is the Professor of Research at George Mason University, USA, also graced the event. Prof. Mehtab Karim highlighted some of the problems of the Muslim world and suggested that population growth and reproductive health issues need to be given utmost priority to ensure food security and food safety. Guests were welcomed by Dr. Naveed Kazi, while Dr. Nudrat Zeba Shaikh, Dr. Suhail Bijarani, Dr. Sajjad Kazi, Dr. Wasif Jamil Shaikh and Dr. Imdad Jalbani also participated in the proceedings. The panel of judges included Prof. Afroz Qazi, Prof. Mumtaz Qureshi, Prof. Sattar Memon and Mr. Murad Memon.

World Health day started with a walk from Academic Block to the Asadullah Kazi Auditorium. Fourteen 3rd year MBBS students spoke on different topics such as Food and Water Borne Diseases, Genetically Modified Crops, Junk food, Soft Drinks, Fast food, Vitamin A and Vitamin C deficiencies, Diseases like Night blindness and Scurvy, and Broiler Chicken Versus Country Chicken. The speaker and the chief guest, Prof. Abdul Karim Baloch, appreciated the students' contribution to World Health Day



through poster and PowerPoint presentations. Among the participants, first prize was secured by 3rd year MBBS student, Miss Zehra Fatima who had talked on the topic of Obesity and Diabetes while Miss Karishma Kumari won the first prize for Poster presentation on the topic of Malnutrition and Balanced Diet. Moreover, Dr. Shams Solangi presented Isra Hospital data of 700 patients, registered from March till the start of April, demonstrating that 100 patients had nutritional diseases like Food Allergy, Diabetes, Anaemia, Diarrhoea, Difficulty in Swallowing, Edema and other diseases associated with hygiene and contaminated food. It was told by experts that each year more than 200 diseases and 2 million deaths occur due to lack of food safety in the world. Dr. A.G. Kazi, Pro-Vice Chancellor said that he was impressed by students' poster and PowerPoint presentations, however, the actual impact of food safety awareness would take place when students and doctors move in villages and community settlements spreading similar awareness.

Prof. Hussain Bux Kolachi, Chairman Community Medicine pointed out that nowadays camel milk is being sold all across Hyderabad city with claims that the milk has the potential to cure every disease. Alarmingly, however, unhygienic practices of milking the female camel may lead to an increased burden of bacterial and viral diseases instead of reducing it. Prof. Hussain Bux Kolachi also advised the doctors of Isra University to offer their services in Thar, where malnutrition in children is reported in the media.



### CME on Polycystic Ovarian Syndrome



Department of Gynaecology & Obstetrics at Isra University organized a one day seminar on Polycystic Ovarian Syndrome (PCOS) on 16 May 2015. This CME Seminar was accredited by PMDC.

A large number of post graduate students and doctors attended the seminar. Dr. Asadullah Kazi, Chancellor, Isra University was the chief guest on the occasion and Dr. Abdul Ghani Kazi, Pro-Vice Chancellor of Isra University was the Guest of Honour. The speakers for the seminar included Prof. Aftab Munir, Prof. Nishat



Zohra, Prof. Pushpa Srichand, Dr. Farhana Anjum, Dr. Zahida Brohi and Dr. Uzma Rajar. They highlighted the symptoms and causes of PCOS, and different diagnostic modalities and its management. It was a thoroughly informative session that renewed the knowledge of all the participating consultants and house officers.

A panel of experts including Prof. Shaista Farooq, Prof. Razia Abbasi, Prof. Raheel Sikander and Prof. Sajida Yousfani participated in case discussion.





### eBeam Edge Interactive Technology Training Workshop

Isra Institute of Rehabilitation Sciences (IIRS), Isra University, Karachi Campus organized a one day training workshop on "eBeam Edge" for the faculty members of IIRS on 4<sup>th</sup> April 2015. The aim of the workshop was to help teachers plan, prepare and deliver compelling lessons, while keeping students involved and motivated.

eBeam is a fully featured mobile whiteboard system in the market, its exceptionally easy to install and is used with existing projectors. It is a portable and interactive system that enables the teacher and the students to indulge in more interactive learning environment. Making figures, notes and presentations more interesting they can even be saved and shared to students, colleagues or meeting partners through internet or other networks. eBeam Edge Wireless brings interactivity to any surface, quickly transforming classroom or meeting room into a dynamic learning and working place where students and colleagues can focus, participate and collaborate. With numerous other educational technologies, eBeam Edge wireless is a valuable add-on to the list.

The workshop acknowledged the impressive technological revolution and all the participants guaranteed expertise in this interactive technology after the workshop.

14

#### One-Day Seminar on Foreign Exchange Market Business



Isra Entrepreneurial Society (IES) with the collaboration of Isra Career Development Society successfully organized one day seminar on 'Foreign Exchange Market Business'. It was held on 8 April 2015 at Asadullah Kazi Auditorium. The speaker of the day was Mr. Riaz Ahmed Shaikh, who with his expertise conceptualized the mechanism of foreign exchange market.

The event started with the recitation of Holy Quran by Dr. Aijaz Khoso proceeding with the national anthem. Subsequently, the speaker Mr. Riaz Ahmed was invited on the stage.

Mr. Riaz is manager in Office of Research, Innovation and Commercialization (ORIC), Isra University and also a certified trainer of four different organizations. He disseminated information about foreign exchange which included brief introduction of Stock Market, Financial Services, Mutual Funds, Risk Management and Technical Analysis. Further, he characterized major currencies mobilizing in different parts of the world and also highlighted some of the main FOREX participants including Banks, Multinational Organizations, and Individual Traders.

At the conclusion of the seminar, Chairperson of Isra University, Dr. Qamar-ud-din Mahar shed further light on the topic and elaborated the importance of such informative seminars in understanding today's fast moving and constantly fluctuating economies.



### The 26th Iranian Annual Physiotherapy Congress

The 26th Iranian Annual Physiotherapy Congress was held from 22 to 24 April 2015 in Tehran, Iran. Principal and Associate Professor, Dr. Muhammad Asif and Assistant Professor, Dr. Vinod Kumar from Isra Institute of Rehabilitation Sciences, Isra university, Karachi campus attended the congress. Dr. Muhammad Asif delivered the welcome speech and congratulated the Iranian Physiotherapy Association on their 50 years of continuous hard work serving the physiotherapy community of Iran.

He said, "The services of Iranian Physiotherapy Association have a great impact on the development of physiotherapy in Iran. Its





efforts have always been and will be a great source of improvement and progress for the community." He further paid tribute to the president and physiotherapy community of Iran for their magnificent contribution in the field of physiotherapy and for laying down a strong foundation of the profession in the region Lastly, Dr. Muhammad Asif presented shield to Dr. Esmail Ebrahimi, the head of Iranian Physiotherapy Association and also graced him with traditional Sindhi topi and Ajrak as token of hospitality.

#### Poster/Model Exhibition at Al- Tibri Medical College

Academic Excellence & Research (AER) organized a Poster/Model Exhibition on 9 May 2015 at Al- Tibri Medical College, Isra University, Karachi campus. Honorable Pro-Vice Chancellor, Prof. Ghulam Husain Siddiqi was the chief guest at the Exhibition. A large number of students and faculty members of Al-Tibri Medical College were also present on the occasion.

Appreciating the team efforts the chief guest said, 'Such events stimulate students' growth and reinforce their confidence providing them an opportunity to put forward their ideas and also polish and perfect them.'

The exhibition was initiated with an objective to develop and expand the confidence level and enhance the learning skills of the students. It was an opportunity for the students to implement and showcase their ideas in creative ways.

Students from 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> year of Al-Tibri Medical College and





students from Isra School of Optometry participated and a huge number of interesting and informative posters and models were showcased by the participants.

The organizing team constituted of Dr. Asad Raza jiskani, Director Academics, Clinical Sciences; Dr. Hina Khan, Assistant Professor, Department of Anatomy; Dr. Mazhar-ul-Haq, Assistant Professor, Department of Anatomy; Mr. Dilbar Hussain, Kailash, and Mr. Younus with his associate team, which was put together by Prof. Dr. Muhammad Saleh Memon, Principal and Prof. Husan Bano, Vice Principal, Basic Sciences and Coordinator of AER.

Departmental Facilitators comprised of Dr. Qadir Bux Memon, Dr. Muhammad Sajid Khan, Dr. Nadeem-ul-Haq, Dr. Anila Qureshi & Dr. Nazia, Dr. Ijaz Hussain Zaidi, Dr. Khursed Bhutto, and Dr. Shahid Kamran from Department of Anatomy, Physiology, Biochemistry, Pathology, Pharmacology, Community Medicine and Forensic Medicine respectively.

### Electrocardiography (ECG) Workshop

The Department of Cardiology Isra University Hospital Hyderabad conducted an Electrocardiography (ECG) workshop on 15th April 2015. Dr. Amir Hameed Khan who is distinguished Consultant Electro physiologist was the main speaker of the session.

The session was facilitated by Prof. Dr. Feroz Memon and Dr. Nandlal Rathi. This session saw active participation from House Officers, Postgraduate students & Medical Officers from Isra University Hospital, Liaquat University of Medical & Health





Sciences and Red Crescent Institute of Cardiology.

Interpretation of ECG is not just imperative for a particular speciality but an indispensible skill for all healthcare professionals. Hence, this session proved to be a valuable learning opportunity for all.

In the end, Dr. Abdul Ghani Kazi, Medical Director of Isra University Hospital, congratulated Prof. Feroz Memon and his team on the successful completion of this event.

# Outstanding Performance of Isra University in Procom 2015



Procom.net is a multi-competition event organized by FAST University, Karachi. This year the event held between 29 and 30 April 2015 was a terrific blend of computer science, electrical and electronics engineering, business studies, arts, and literature.

Students of Isra University, Hyderabad also participated in this competition. A number of about 100 students from the University participated in different competitions such as, Speed Programming Competition, Software Exhibition & Competition, Gaming Extreme Competition, Idea to Product, Robo Race, Ad-Art, I-Quest, Digital Poster Design, Painting & Sketching, English Essay & Creative Writing, and Photography Competition.

Mr. Amaad Soomro (Haji Khan), a student of Department of Computer Sciences, won two awards. He was awarded as the Best Ambassador of the event and also secured first position in the Digital Poster Design Competition, while the runner-up for the same competition was also a student of Isa University, Mr. Arslan Shaikh. Besides, Team 'Crazy Engineers' of Isra University was declared as the winner of Robo Race consisting of Mr. Aamir Ali, Mr. Ebbad Qureshi, Mr. Hamza Mallah and Mr. Shahzaib Malik as team members.





### Fire Safety and Evacuation Training Workshop

A free training workshop on "Fire Safety and Evacuation" was organized on 4<sup>th</sup> of April 2015 at Isra Institute of Rehabilitation Sciences (IIRS), Isra University Karachi Campus. The workshop facilitated by Mr. Amir Butt was attended by the DPT students along with the faculty of IIRS.

This session aimed to train the students for emergency situations to prevent a fire from occurring in a workplace. It described the fuel sources (hazardous or other materials) on site that could initiate or contribute to the spread of a fire. Guidelines were provided on building systems, such as fixed fire-extinguishing systems, to control the ignition or spread of a fire.

In the end of the session, the facilitators tested participants to gauge the effectiveness of the information imparted and awarded them with certificates of appreciation.



# PTCL Talent Hunt Drive 2015



PTCL Talent Hunt Drive was organized by Isra Career Development Centre (IUCDC) on 5 May 2015 at the Asadullah Kazi Auditorium of Isra University, Hyderabad.

The first PTCL Talent Hunt Drive was organized back in 2013 and since then it has become a yearly event. This event is organized so that officials from PTCL can interact with the young talent enrolled in universities and unearth the best aptitude for their organization. Subsequently, job and internship opportunities are discussed along with opportunity for on-spot CV submission.

This year almost 100 students participated in this seminar of which Dr. Hameedullah Kazi, Pro-Vice Chancellor, Isra University, Hyderabad was the chief guest. A team of three officials from PTCL visited the University and shared their experience and knowledge with the students. They familiarized the attendees with the history of PTCL and current projects in which the Company is engaged. Alumnus of Isra University, Hyderabad, Ms. Ayesha Mehmood who is the triple E intern in PTCL shared her experience with the students and motivated them. After the completion of all the presentations, a question and answer session was also held so that students could voice their concerns regarding the organization. At the conclusion of the seminar, the president of IUCDC, Mr. Faraz Shaikh presented his vote of thanks which was followed by the closing remarks of the chief guest. The event closed with a group photograph of the chief guest, dignitaries from PTCL and Team IUCDC.



### Workshop on Hyper-Pigmentation: A Major Social Problem



Department of Physiology and Department of Dermatology at Isra University, Hyderabad collaboratively organized a workshop on 'Hyper-pigmentation: A Major Social Problem' on 22nd May 2015 at the Asadullah Kazi auditorium.

The workshop began with the recitation of the Holy Quran followed by the welcome address presented by Dr. Navaid Kazi; Joint Secretary Pakistan Physiological Society (PPS), and acting chairman, Department of Physiology at Isra University, Hyderabad. The event was presided over and inaugurated by Prof. Dr. Ali Muhammad Soomro, President of PPS, and Chairman of Department of Physiology, University of Sindh, Jamshoro.

The guest speaker, Dr. Haji Khan Khoharo; MBBS & FCPS in Medicine, and M.Phil in Physiology facilitated the session by highlighting the several applied physiological aspects related to hyper pigmentation. Another guest speaker was Dr. Uzma Rajar, MSc in Dermatology, who spoke on almost all causes of hyper pigmentation and their management. The session consisted of enlightening case presentations as well.

At the end of the workshop, Prof. Dr. Ali Muhammad Soomro in his speech appreciated the efforts of the organizers, while highlighting the importance of such workshops and conferences. He went on to brief the audience about the role of Pakistan Physiological Society (PPS) in such activities. Furthermore, he also shed light on the history of Pakistan Physiological Society (PPS), its adherence with SAAP/SAOPS/IUPS and motivated the participants to become a member of the society. Dr. Navaid Kazi ended the session with a vote of thanks to all participants, especially to President of PPS, facilitators and Dr. Zulifqar Laghari, Former Joint Secretary of PPS who had also graced the occasion with his presence.



# Training workshop on Simulation and Gamification



The Isra Institute of Rehabilitation Sciences (IIRS), Isra University, Karachi Campus, organized a one day, hands-on workshop on 'Simulation and Gamification'. This was organized for the faculty members of IIRS on 11<sup>th</sup> April 2015. The facilitators on the occasion were Prof. Dr. Rafique and Dr. Hina Khan.

The event started with a lecture on Simulation and Gamification followed by its practical application. The aim of this workshop was to develop deeper understanding on creating presentation and delivering it in a way most conducive to learning. All the participants acquired expertise in simulation and gamification after the workshop. The event ended with certificate distribution by principal of IIRS, the esteemed Dr. Muhammad Asif.

### Admission Test of PPDPT Batch VII in Tehran, Iran



Admission Test of Post Professional Doctor of Physical Therapy (PPDPT) Batch VII was conducted in Olympic Hotel Tehran, Iran on 24 April 2015. A large number of students from different cities of Iran appeared in the test. The time duration of the test was one hour. After the test an interview was also conducted. The interviewees were Dr. Muhammad Asif, Principal and Dr. Vinod Kumar, Assistant Professor of Isra Institute of Rehabilitation Sciences, Isra University, Karachi Campus; and Dr. Sayed Mustafa Seyed Tash, coordinator and interpreter for Iranian Students.



### Isra Students Participate in Second Round of Allama Iqbal Shield Competition



The second round of Allama Iqbal Shield Competition was held on 22 April 2015 at the University of Karachi. A huge participation was seen from various universities of Sindh, especially from the city of Karachi. The competition was organized in the memory of Allama Iqbal, the Poet of the East. It was a bilingual competition, hence the students were allowed to speak either in English or Urdu language. A team of two students from Isra University also participated in the debate competition. These two students were Ms. Madiha Baloch who competed in English on the topic 'Character can change this world into Paradise!', and Ms. Irum Gul Laghari who competed in Urdu on the topic 'Badshahon ki nahi, Allah ki hai ye Zameen!'

# PROJECTS OF ISRA ISLAMIC FOUNDATION GUARANTEE LIMITED (IIF)

#### **Educational Programs**

#### Isra University (Main Campus), Hyderabad

- Faculty of Medicine & Allied Medical Sciences
- Faculty of Engineering, Science & Technology
- Faculty of Commerce, Economics & Management Sciences

Faculty of Dentistry & Allied Sciences
Isra University Hospital, Hyderabad
Isra Dental College & Hospital, Hyderabad
Isra College of Rehabilitation Sciences
Isra School of Nursing, Hyderabad
Isra School of Paramedics, Hyderabad
Isra Schools Network, Hyderabad & Nasarpur

#### Health and Welfare Programs

Isra Blindness Control Programs

- Al-Ibrahim Eye Hospital: Malir, Kunri & Kharan
- International Eye Camps
- National Eye Camps

Isra University Welfare Hospital, Hyderabad Isra General Medical Camps, Rural Areas Al Tibri Medical College Hospital, Karachi Al Nafees Medical College Hospital, Islamabad

#### Isra University (Karachi Campus)

- Al Tibri Medical College & Hospital
- Isra Institute of Rehabilitation Sciences
- Isra Postgraduate Institute of Ophthalmology
- Isra School of Optometry

#### Isra University (Islamabad Campus)

- Al Nafees Medical College & Hospital
- School of Engineering & Applied Sciences
- Isra School of Rehabilitation Sciences

### Markaz Islami Sindh

#### Isra Quran Academy Programs

- Isra Quran Fahmi Program
- Isra Ta'leemul Quran Program

Madaris-Masjid Supp<mark>o</mark>rt Program

Rural Community Support Program Translation, Publication and Distribution of Islamic Literature











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