

# ISRA NEWS

January-March 2015







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#### **EDITORIAL**

Dear Readers,

Assalamu Alaikum! Isra News is an official organ of Isra University. This quarterly newsletter is designed to keep the Isra affiliated community well connected, and at the same time bring the readers up to date with the various co-curricular and extra-curricular activities taking place at the University along with the educational and social welfare programs pursued by the parent organization, Isra Islamic Foundation.

In order to keep Isra News well populated, we rely on contribution of news items from the community members. When sending news items, please make sure to include the essential elements of an event: what took place, whom it concerns the most, where and when it took place. You are encouraged to send your news items by email to the address given below.

Last but not the least, your news contributions are important to us, so help us keep the Isra community connected by contributing regularly to Isra News. We appreciate your interest and contributions, and hope that you will find Isra News to be informative and pleasant to read.

Best Regards, Irfan Haroon isra.news@isra.edu.pk

#### **ISRA NEWS**

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# Isra University Celebrates the Graduation of 532 Students at its 12<sup>th</sup> Convocation, 2015



Everything changes with time, except the change itself. We live in an age of innovation and change, and in such an age, the universities have a special obligation. They must hold fast to the best of the past, and do more for the best of the future, said Prof. Dr. Asadullah Kazi, Chancellor, Isra University while presiding over its 12<sup>th</sup> Convocation of Isra University held on 31 January 2015 at its main campus in Hyderabad.

The Isra University conferred degrees to around 532 students belonging to Medical Sciences, Dentistry, Nursing, Vision Sciences, Physical Therapy, Electrical Engineering, Management Sciences, Electronics, Computer Science, Information Technology, Software Engineering and Telecommunications.

While talking about change, Prof. Dr. Asadullah Kazi said that we must get ready for globalization, which is like the river that has burst its banks. As a parting message to the students, he said, 'Work hard to achieve your goals. I want you to become great, as we are optimistic in you. You are the leaders of tomorrow, so get yourself ready to address the challenges of the future.' He went on and reminded the students their goal as educated citizens, 'to uphold the image of your country, by letting the world know that we are a peaceful nation.'

Further in his address, he highlighted the importance of education

and said that learning is a lifelong process that continues from the cradle to the grave. He urged the students to be competitive and participative in order to extend their knowledge. 'There can be no development without participation; and there can be no participation without communication, in this age of digital literacy,' he said.

On this felicitous occasion, Prof. Dr. Ghulamqadir Kazi, Vice Chancellor, Isra University in his address said that the main purpose of such events is not only to confer degrees on the students but also to honor those who have performed meritoriously.

In the light of a verse from The Holy Quran he said, 'Knowledge inculcates in a person sense of responsibility and accountability.' While expressing his expectations of the graduating batch he said, 'I hope that the graduating students of this University will demonstrate this purpose of the knowledge and will emerge as torch-bearers of truth and be paragons of virtue.'

In his address, he also shared the tremendous progress shown by Isra University and the various achievements made over the years. In his closing remarks, he congratulated the graduating students and expressed his good wishes for their future endeavors.

At the convocation, out of 532 graduates, 189 received degree for Bachelor in Medical Sciences, Dentistry, Nursing, Physical





Therapy and Vision Sciences whereas, 55 post graduate degrees were awarded in different programs of medical and allied medical sciences. In addition, 122 received degree for Bachelor and 39 for Master in Business Administration, Electrical Engineering, Computer Science, Electronics, Information Technology, Software Engineering and Telecommunications whereas 8 M. Phil degrees were awarded in Computer and Management Sciences. Apart from this, three student was also conferred upon a PhD. in Management & Medical Scinces.

Professor Dr. Asadullah Kazi, the Chancellor, Isra University also awarded the honorary degree of Doctor of Philosophy to Prof. Dr.

Ahmed Yousif Ahmed Al Draiweesh, president of International Islamic University, Islamabad in recognition of his commendable services in the field of Medical Education.

At the end, Prof. Dr. Asadullah Kazi awarded Gold and Silver Medals to the outstanding students for securing positions in their relevant Faculties and Departments. This year, Ihsanullah, a graduate of MBBS program received a Gold Medal in the Faculty of Medicine & Allied Medical Sciences whereas, he also received a Silver Medal in the Division of Basic Sciences and Division of Clinical Scinces; Aisha Naseem Rajput, a graduate of BDS program, received a Gold Medal in the Faculty of Dentistry &





Allied Sciences whereas, she also received Silver medal in the Division of Basic denal sciences and Jaweria Zulfiqar received a silver medal in Clinical Dental Sciences; Farhat Bano, a graduate of BS (Nursing) program received a Silver Medal in the Faculty of Medicine & Allied Medical Sciences, Quratul Ain, a graduate of BS (Vision Sciences) received a Silver Medal in the Faculty of Medicine & Allied Medical Sciences and Hafiz Muhammad Hussain, a graduate of DPT (Doctor of Physical Threapy) received



Department of Management Sciences; Izhar Ali Laghari a graduate of BS (Telecommunication) program received a Silver Medal in the Department of Computer Science; Rubab Khan a graduate of BS (Software Engineering) program received a Silver Medal in the Department of Computer Science; Ahmed Khilji a graduate of BS (Computer Science) program received a Silver Medal in the Department of Computer Science; Radhan Khan a graduate of BS (Electronics) program received a Silver Medal in



a Silver Medal in the Faculty of Medicine & Allied Medical Sciences. In addition, Pirah Akber Nizamani, a graduate of BS (Electrical Engineering) received a Gold Medal in the Faculty of Engineering, Science & Technology whereas, she also received a Silver Medal in the Department of Electrical Engineering; Aisha Mehmood Memon, a graduate of BBA program received a Gold Medal in the Faculty of Commerce, Economics & Management Sciences whereas, she also received a Silver Medal in the



the Department of Computer Science and Warda Haleem a graduate of BS (ICT) program received a Silver Medal in the Department of Computer Science.

At the convocation besides the dignitaries other faculty members, parents and a large number of students were present who were invited for lunch after the Chancellor declared the convocation closed.



### 12<sup>th</sup> Convocation 2015 Pictorial

















### Isra University, Hyderabad Hosts Its First International Conference on Entrepreneurship

Hyderabad, 16 March 2015: The first International Conference on Entrepreneurship (ICE) 2015; a joint initiative of Isra University, Hyderabad and Ball State University, USA; was held from 16 to 17 March at the Asadullah Kazi Auditorium of Isra University with Prof. Dr. Hameedullah Kazi, Pro-Vice Chancellor, Isra University and Prof. Dr. Kenneth Holland, Director of Centre for International Development, Ball State University acting as joint chairs of the conference. ICE 2015 was based on the theme of 'Business and Innovation for Societal Development'. This international conference was a product of a three year MoU signed between the two universities, and was seen as a means of strengthening research alliance between them.

The two-day conference was organized to explore the myriad opportunities, possibilities and problems that exist as a result of increasing demand on existing resources and infrastructure. Moreover, it was also an endeavour to assist the academia and

opportunities for innovation and technological advancement, he added.

Seeing this conference as an aid to the government authorities in revising their policies, the chief guest Prof. Dr. Asadullah Kazi, Chancellor, Isra University said that appropriate policies are the need of the time with competition becoming global and economic and social development of a country relying so heavily on successful small and medium enterprises.

The keynote speakers at the conference were Prof. Dr. Mats Westerberg, Professor, Business Administration, Technology and Social Sciences, Luleå University of Technology, Sweden; Dr. Julie Barker Lebo, Evaluation Systems Expert, Centre for International Development, Ball State University, USA; Prof. Dr. Yar M. Ebadi, Dean, College of Business, Kansas State University, USA; Dr. Mehtab Karim, Professor, George Mason University, Virginia, USA, Dr. Kenneth Holland, Director Center for



relevant stakeholders to reshape their strategies to adopt novel and creative approaches in order to teach and promote the culture and spirit of entrepreneurship. Consequently, approximately 25 papers from national and international authors that addressed challenges, opportunities and strategies pertaining to the promotion of entrepreneurship to build better and prosperous societies were presented at the conference, together with six keynote speaches.

The conference opened with addresses from Prof. Dr. Hameedullah Kazi, Joint Chair and Pro-Vice Chancellor, Isra University; Prof. Dr. Kenneth Holland, Joint Chair and Director of Centre for International Development, Ball State University; Prof. Dr. Ghulam Qadir Kazi, Vice-Chancellor, Isra University; Prof Dr. Asadullah Kazi, Chancellor Isra University and Chief Guest of ICE 2015; and Dr. Qamar Mahar, Chair, Organizing Committee and Assistant Professor, Isra University.

Prof. Dr. Ghulam Qadir Kazi, Vice-Chancellor, Isra University in his address reinforced that successful entrepreneurship is vital for the advancement and development of a society. Moreover, the growing scarcity of prevalent resources presents a challenge of effective utilization, but at the same time also opens a plethora of

International Development, Ball State University, USA, and Prof. Dr. Asadullah Kazi, Chancellor, Isra University. The conference was attended by the Chancellor, Vice-Chancellor, Pro-Vice Chancellor and Chairperson of Isra University, faculty members and students of Isra University; authors from various cities of Pakistan and other countries such as Australia, Austria, Algeria and United Kingdom; and delegates from Ball State University.

During the conference many interesting key issues in respect of entrepreneurship and enterprise development, including the status of women entrepreneurship, being faced especially by Pakistan were brought to public attention.

In their closing speech, Prof. Dr. Hameedullah Kazi, and Dr. Qamar Mahar acknowledged the contributions of all the researchers and the efforts put in by all the organizing committee members support of HEC, They also stressed the role played by such conferences in identifying the critical issues and suggesting the appropriate course of action to the policy makers for a prosperous, stable society. Later, awards and certificates were also distributed among the distinguished researchers.

### First International Conference on Entrepreneurship Pictorial

















#### International Conference on Medical Education

The Isra University and the Foundation University, Islamabad organized the Association for Excellence in Medical Education (AEME) Conference at Federal University, Islamabad on 7<sup>th</sup> March 2015. It was collaborated by the Foundation for Advancement of International Medical Education and Research (FAIMER), USA; World Federation for Medical Education (WFME), Higher Education Commission (HEC), Pakistan Medical & Dental Council (PMDC), College of Physicians & Surgeons of Pakistan; Foundation University, Islamabad; Isra University, and number of leading Medical & Dental Colleges of the country.

The aim of the conference was to provide a credible platform for health professionals and educators to share and exchange new researches and ideas to augment health standards and to promote collaboration and strengthen liaison between medical schools internationally.

The chief guest at the inaugural session was the esteemed Prof. Dr. Masud Hameed Khan, President of PM&DC. Prof. Dr. Ghulam Qadir Kazi, Vice-Chancellor, Isra University presided the opening ceremony. The conference was also graced by Maj. Gen. (R) Khadim Hussain HI (M), Rector of Foundation University; Prof Dr. Maj. Gen. (R) Dr. Nasim ul Majeed, Principal of Foundation University & Medical College; Prof. Dr. Umar Ali Khan, General Secretary of AEME & Pro-Vice Chancellor of Al-Nafees Medical College & Hospital; and Dr. Ara Tekian Member of AEME.

The theme of the Conference was 'The Continuum of Education in the Health Professions: Enhancing the Quality'. The conference boasted an audience of 2000 participants from various faculties and institutions. Eminent scholars from various international and



national organizations spoke on the occasion and a wide array of topics pertaining to teaching and learning were discussed. The need for conducive learning environment, ways to facilitate undergraduate and postgraduate training through E-learning, dearth of proper assessment programs and others topics related to rehabilitation, curriculum development, quality assurance and evaluation, professional development programs, nursing education, dental education, veterinary sciences, and poster reviews and issues on ethics and professionalism were highlighted. While addressing the audience, Dr. Masud Hameed Khan appreciated the diligent efforts of the organizing committee for their commitment and the infallible arrangements of the conference. In the end, Dr. Ghulam Oadir Kazi, President of AEME thanked all the participants and the Rector of Foundation University and presented the honorary shield to the President of PM&DC.



#### 1<sup>st</sup> Annual Isra Medical International Symposium 2015



The 1<sup>st</sup> Annual Isra Medical International Symposium 2015 on 'New Horizons in Health Sciences' was organized by Isra University Hospital (IUH), Hyderabad on 24<sup>th</sup> January. On account of the symposium's edifying scientific sessions and international level workshops the number of registrations exceeded 700.

The scientific sessions were divided into two main categories, Medicine and Allied, and Surgery and Allied, which exhibited 69 oral and 28 poster presentations of renowned international and national speakers.

Besides the scientific sessions, the faculty of Medicine & Allied Medical sciences had also arranged one-day pre-symposium workshops on twelve different disciplines. The workshops were conducted by experienced facilitators and attended by highly enthusiastic participants.

The inaugural ceremony of the international symposium commenced with the lighting of lamp by the dignitaries, the Chief guest, Prof. Dr. Akhlaq-un-Nabi Khan, Prof. Dr. Asadullah Kazi, Chancellor, Isra University; Prof. Dr. Ghulamqadir Kazi, Vice Chancellor, Isra University; Dr. Abdul Ghani Kazi, Director, Isra University Hospital and Pro-Vice Chancellor of Isra University; Prof. Dr. Feroz Memon, Chairman, Organizing Committee; and Dr. Nandlal Rathi, Secretary, Organizing Committee. The program was preceded and followed by the scientific presentations.

Prof. Dr. Feroz Memon formally welcomed all the dignitaries



present on the dais and participants from various parts of the world, colleagues and students. 'The primary aim of this symposium is to bring together a core group of researchers from around the world with a significant participation from our own country, Pakistan,' he said while highlighting the significance of the symposium.

Later, Prof. Dr. Akhlaq-un-Nabi Khan in his speech discussed the importance of conducting such symposia in the field of Medicine & Allied Medical Sciences and motivated the attendees to actively participate in the scientific sessions and workshops to attain maximum benefit. 'This International symposium will be a great learning experience and the knowledge imparted will increase our contributions to the field of medical sciences,' he noted.

Following the chief guest's address, Prof. Dr. Asadullah Kazi, Prof. Dr. Ghulamqadir Kazi and Dr. Abdul Ghani Kazi in their address, briefed about the importance of the selected theme. They expressed their hope for the success of the symposium and promised the participants for an academically rewarding stay in Hyderabad, Pakistan.

In the end, Dr. Nandlal Rathi expressed his thankfulness to all the invited guests and participants for gracing the occasion with their solemn presence. He also thanked Isra University Hospital for extending their maximum cooperation to conduct the symposium and workshops.



#### Pre-Symposium Workshop of Research Paper Writing



The 3<sup>rd</sup> pre-symposium workshop of the 1<sup>st</sup> Annual International Isra University Medical Symposium was held on 23<sup>rd</sup> January 2015 on 'SPSS'. The inaugural session was headed by Dr. Salman Ahmed Farsi Kazi, Vice Dean, Basic Medical Sciences while it was facilitated by Prof. Dr. Seema Mumtaz and Dr. Sanowar Ali. SPSS stands for Statistical Package for the Social Sciences and is used in Biomedical Research for thesis/dissertation and article writing. All participants were charged a nominal fee to boost participation and were provided with individual computers to run SPSS Version 21. The workshop ran along the lines of its effective methodology comprising lectures session, hands on sessions and individual skill sessions. At the culmination of all three sessions, workshop participants were given an evaluation proforma to

review their learning and SPSS skill improvement.

The workshop was a joint venture organized by the Department of Community Medicine at Isra University, Department of Community Health Sciences at United Medical and Dental College, Karachi and IT Department of Isra University. Hallmark of this workshop were the data entry, data analysis like p-value calculation, creation and interpretation of various charts, and diagram - a skill integral to acing research and similar techniques intensive projects.

The workshop was a success in sparking the interest of participants as the response was very satisfying. Prof. Dr. Ghulamqadir Kazi, Vice Chancellor, Isra University distributed certificates among the participants while presiding over the concluding session.



### Pre-Symposium Cardiology Workshop



The Cardiology Department of Isra University Hospital conducted a workshop on 'Systematic Hypertension' on 23 January 2015. The workshop was facilitated by Dr. Nandlal Rathi and Dr. Mohammad Zaman Baloch. As many as 30 participants including General Physicians and Postgraduate Students attended the workshop.

Hypertension (HTN) or high blood pressure, sometimes called arterial hypertension, is a chronic medical condition in which the blood pressure in the arteries is elevated. The aim of the workshop was to impart knowledge and discuss practical implications of the latest guidelines on arterial hypertension. Prof. Dr. Feroz Memon stressed on the guideline directed medical therapy for this silent killer, as it is one of the leading causes of deaths these days. The session also provided a platform to the participants to voice their

questions during and after the workshop, which were very satisfactorily answered by the speakers.

Dr. Abdul Ghani Kazi appreciated the efforts made by the cardiology department for organizing such an enlightening workshop for the participants and emphasized to have these academic activities on regular basis as they are a great source of knowledge and learning for the medical practitioners. He noted that as technology is evolving every field around the globe, particularly, the field of medicine has been affected the most and there is a need of such workshops to make the health care professionals more adept in adopting these changes.

In the closing ceremony Dr. Abdul Ghani Kazi and Prof. Dr. Feroz Memon distributed certificates among the participants.



#### Pre-Symposium Workshop of Pathology Department

A pre-symposium workshop was organized by the Department of Pathology Isra University Hyderabad on Friday, 23<sup>rd</sup> January 2015. The topic of the workshop was "Central Nervous System (CNS) Tumors". The workshop was organized in collaboration with the Pathology Department of Aga Khan University (AKU), Karachi. The facilitators were Dr. Aisha Hassan and Dr. Nasiruddin both from AKU.

The incidence of central nervous system tumors is alarmingly on rise. These tumors arise sporadically and there are very few known causes. However, factors which increase risk of developing CNS tumors include exposure to vinyl chloride or ionizing radiation. Also inherited conditions, such as Von Hippel–Lindau disease, multiple endocrine neoplasia, and neurofibromatosis type 2 carry a high risk for the development of brain tumors.

With increasing incidences of CNS tumors, there is an ardent need to master its diagnostic techniques primarily the biopsy and





microscopy techniques. This will in turn facilitate rapid diagnosis thereby allowing required treatment by drugs or chemotherapy to commence restoring the diseased to health. To fulfill these very agendas, this workshop was organized and the participants were provided histopathology slides of various clinically important CNS tumors. The participants were then asked to study them for two hours. This was then followed by an elaborate discussion on each slide which was conducted by the facilitators. The participants were actively engaged in the discussion which inspired huge interest amongst the audience.

Towards the end of the session, the Chief Guest, Dr. Ghulamqadir Kazi, spoke in appreciation of the facilitators and the Pathology Department of Isra University. The workshop was greatly appreciated and the need was expressed for more such exercises in future in view of the dearth of brain and general CNS biopsy specimens at Isra University, Hyderabad.

### Pre-Symposium Workshop of Dermatology Department

Isra University Department of Dermatology held a pre-symposium workshop, one of the several workshops, as part of the University's first ever Annual International Medical Symposium on 23<sup>rd</sup> January 2014, which focused on 'Topical application in dermatology'. The workshop was inaugurated and organized by the worthy Prof. Dr. Feroze Memon while it was facilitated by Dr. Uzma Razar. The participants learnt about the most recent





beneficial chemicals for various dermatological maladies in the lecture that was delivered. In the end, the worthy Pro-Vice Chancellor, Prof. Dr. Abdul Ghani Kazi awarded certificate to Dr. Uzma Rajar who then adorned the Pro-Vice Chancellor with the cultural souvenirs of Ajrak, Sindhi topi, and bouquet of flowers. The participants were also presented with certificates in the end.

#### Pre-Symposium Workshop of Surgery Department

On 23<sup>rd</sup> January 2015, pre-symposium workshop on Haemorrhoidal Artery Ligation (HAL) and Recto Anal Repair (RAR) was arranged as part of Isra University's first Annual International Medical Symposium. This procedure is intricately performed by ligating Haemorrhoidal artery under the vigilant guidance of Ultra sonic device. Following this procedure, the patient can be discharged on the same day and is free to carry out his routine work. This is why it is called 'Day Case Procedure'. To nourish an understanding of this pivotal procedure, the workshop





was organized by Prof. M H Laghari and Prof. Abdul Sattar Memon, and visiting professors Prof. Abdul Majeed Choudhri and Prof. Abdul Fazal Ali Khan.

The workshop was facilitated by Dr. Rizwanullah Junaid Bhanbhro and Dr. Tekchand Maheshwari. Participation included all the faculty members of Department of Surgery and Allied Sciences, visiting consultants, post graduate students as well as House Officers.

### First Pre-Symposium of 1st Annual International Isra Medical Symposium 2015

The 1<sup>st</sup> Annual International Isra University Medical Symposium saw its first Pre-Symposium workshop on 21<sup>st</sup> January 2015 held at Isra University, Hyderabad. The workshop concentrated on 'The Ebola Viral Disease and its Prevention'', a disease critical to lately intrigued and challenged medical practitioners all over the globe. The workshop was inaugurated by the eminent cardiologist Prof. Dr. Feroze Memon while the concluding session was chaired by the esteemed Abdul Ghani Kazi, Vice Chancellor of Isra University. Thronged by more than 40 participants, the workshop boasted the attendance of doctors, specialists, professors, lecturers and hospital consultants.

The workshop proceedings were conducted by Prof. Hussain Bux Kolachi, Dr. Nudrat Zeba, Dr. Sohail Bijarani, and Dr. Sajjad Kazi who highlighted the most salient indicators to suspect Ebola cases to the attending health care professionals i.e., fever more than 100 degrees of Fahrenheit and presence of travel history to an African country where Ebola viral diseases originated.



The workshop presented a brief oral timeline of the infamous Ebola virus, which is fatal in about 20 to 70 percent cases, highlighting that it first sprang in Sudan and Zaire in early 1976. Its first victim was a resident of River Ebola in Congo, hence the name 'Ebola viral disease'. Currently, Serrialeone, Liberia, Guinea, Congo, and Mali are under the fold of Ebola epidemic that has claimed more than 8,000 lives with more than 20,000 suspected to have contracted the infection. It owes its soaring mortality and morbidity to multi-organ failure that results from its attack on immunity and adrenal gland. To date, Pakistan is one of the countries where no case has been confirmed.

Discussing about the possible ways of preventing Ebola virus from spreading in the country it was noted that the key strategy to prevent the spread of Ebola is not just better case management and efficient laboratory services but engaging the community to be aware of and detect any suspicious case within it or in the vicinity. Furthermore, Personal Protective Equipments (PPE); gown, headgear, gloves, goggles and shoes should be donned when in close contact with symptomatic patients. In addition, Chlorax Bleach must be used in hand washing and disinfecting material from patient. In its guidelines regarding Ebola containment, WHO recommends more funding and efforts for surveillance, installation of thermal scanners at airports and isolation wards. Moreover, awareness messages through mass media should be broadcasted religiously. Due to the alarming death toll and severity that it heralds, Ebola has been rightly declared Public Health Emergency of International concern.

The symposium co-coordinators, Dr. Zaman Baloch and Dr. Abdul Qadir Bhutto; and in charge of IT Lab, Mr. Akbar Memon also attended the workshop. In the end, all the participants were awarded certificates.

# Second Pre-Symposium of 1<sup>st</sup> Annual International Isra Medical Symposium 2015

Isra University marked the 2<sup>nd</sup> day of its 1<sup>st</sup> Annual International Medical Symposium with a pre-symposium workshop on 22<sup>nd</sup> January 2015 on the topic 'Vector Borne Diseases – Small Bite Big Threat'. The workshop was inaugurated by Dr. Abudul-ur-Rehman Pirzado, former WHO officer and Public Health expert while concluding session was presided by Dr. Zaman Baloch. Its facilitators included Prof. Hussain Bux Kolachi, Dr. Nudrat Zeba, Dr. Sohail Bijarani and Dr. Sajjad Kazi. The workshop was graced by the presence of Dr. Salman Farsi Kazi, Vice Dean as the Guest of Honor.

This workshop was third in the series of activities held on 'Vector Borne Diseases' at Isra Campus preceded by two programs held in April and May 2014 respectively. Emphasizing on the importance of vector borne diseases, the speakers underlined that the likes of malaria, dengue, lieshmaniasis and scabies chickungunya, filariasis, Onchcerciasis as well as typhoid fever fall under the category of vector borne diseases. This is because mosquitoes, sand fly, house fly, ticks, mite, and cockroaches are the very messengers that play the pivotal part of carrying and spreading the germs of the said infections from one person to another. Thus, without effective preventive measures, vector borne diseases will remain a major cause of mortality and morbidity in the community. Drawing attention to the risk factors of vector borne diseases;



globalization of trade, travel, agriculture, use of agricultural chemical, environmental changes, population movement, uncontrolled urbanization were seen as the major threats.

This workshop stood out in its methodology in that it comprised of lectures, group work and video sessions for maximum learning accounting for one CME hour, and hence awarding a coveted edge to its participants in the PMDC registration process.

# Third Pre-Symposium of 1<sup>st</sup> Annual International Isra Medical Symposium 2015



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#### Pre-Symposium on Obstetrical Manoeuver

The Department of Gynaecology and Obstetrics of Isra University organised a pre-symposium workshop as part of its 1<sup>st</sup> Annual Medical Isra Symposium on "Obstetrical Manoeuvre" on 22 January 2015. The symposium was conducted by the City's renowned obstetricians, Prof. Aftab A. Munir, Prof. Pushpa Srichand, and Prof. Nishat Zehra along with other members of the teaching faculty.

The session, attended by nearly 70 doctors, was inaugurated by the chief guest Prof. Feroz Memon. Audience included registrars and postgraduates trainees not only from Isra University and Liaquat University but also from Peoples Medical College, Nawabshah and several peripheral government hospitals. The attendees had an opportunity to learn hands-on skills to deal with day to day obstetrical emergencies to save the life of mothers and neonates. Nine stations were meticulously organised, each of which focused on different obstetrical manoeuvres.

The workshop stressed that maternal and prenatal health care crisis is one of the most daunting concerns surrounding the medical health organisations. Skilled care during childbirth and access to emergency obstetric care when required are the two most critical interventions needed to ensure safe motherhood. Worldwide, about one third of births take place without the assistance of skilled health personnel. In 2013 alone, this translated into more than 40 million unattended births, over 80 percent of which were in South

Asia and Sub-Saharan Africa. Hence, the speakers accentuated the rising need to decrease maternal and prenatal mortality which can be wheeled if junior doctors are trained accordingly regarding obstetrical emergencies to improve health status of both the mother and the child after delivery.

The session was concluded by Dr. Abdul Ghulam Kazi, Pro-Vice Chancellor of Isra University and Prof. Nazir Laghari, Dean of Isra University. Efforts of Gynaecology and Obstetrics Department were hugely lauded and the dire need for training workshops and events like these was highlighted. The session was closed by distribution of certificates to the participants and facilitators.



# Pre-Symposium Workshop of Community Medicine on Vector Borne Diseases

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This workshop stood out in its methodology in that it comprised of lectures, group work and video sessions for maximum learning accounting for one CME hour, and hence awarding a coveted edge to its participants in the PMDC registration process.

# Pre-Symposium Workshop of Community Medicine on Ebola Viral Disease and its Prevention



The 1<sup>st</sup> Annual International Isra University Medical Symposium saw its first Pre-Symposium workshop on 21<sup>st</sup> January 2015 held at Isra University, Hyderabad. The workshop concentrated on 'The Ebola Viral Disease and its Prevention", a disease critical to lately intrigued and challenged medical practitioners all over the globe. The workshop was inaugurated by the eminent cardiologist Prof. Dr. Feroze Memon while the concluding session was chaired by the esteemed Abdul Ghani Kazi, Vice Chancellor of Isra University. Thronged by more than 40 participants, the workshop boasted the attendance of doctors, specialists, professors, lecturers and hospital consultants.

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The workshop presented a brief oral timeline of the infamous Ebola virus, which is fatal in about 20 to 70 percent cases, highlighting that it first sprang in Sudan and Zaire in early 1976. Its first victim was a resident of River Ebola in Congo, hence the name 'Ebola viral disease'. Currently, Serrialeone, Liberia, Guinea, Congo, and Mali are under the fold of Ebola epidemic that has claimed more than 8,000 lives with more than 20,000 suspected to





have contracted the infection. It owes its soaring mortality and morbidity to multi-organ failure that results from its attack on immunity and adrenal gland. To date, Pakistan is one of the countries where no case has been confirmed.

Discussing about the possible ways of preventing Ebola virus from spreading in the country it was noted that the key strategy to prevent the spread of Ebola is not just better case management and efficient laboratory services but engaging the community to be aware of and detect any suspicious case within it or in the vicinity. Furthermore, Personal Protective Equipments (PPE); gown, headgear, gloves, goggles and shoes should be donned when in close contact with symptomatic patients. In addition, Chlorax Bleach must be used in hand washing and disinfecting material from patient. In its guidelines regarding Ebola containment, WHO recommends more funding and efforts for surveillance, installation of thermal scanners at airports and isolation wards. Moreover, awareness messages through mass media should be broadcasted religiously. Due to the alarming death toll and severity that it heralds, Ebola has been rightly declared Public Health Emergency of International concern.

The symposium co-coordinators, Dr. Zaman Baloch and Dr. Abdul Qadir Bhutto; and in charge of IT Lab, Mr. Akbar Memon also attended the workshop. In the end, all the participants were awarded certificate



#### Two-day Workshop on 'Chemical Peeling'



The Department of Dermatology of Isra University arranged its two day workshop on 'Chemical Peeling' from 20<sup>th</sup> to 21<sup>st</sup> February 2015 at Isra University Hospital, Hyderabad. The workshop focused on the procedure of chemical peeling, its benefits and side effects along with the potential risks involved in the procedure. The workshop was conducted by the esteemed Dr. Uzma Rajar, Associate Professor of Dermatology and Head of Dermatology Department, Isra University.

A chemical peel is a body-treatment technique used to improve and smooth the texture of the skin, often facial skin. A chemical solution is used that causes the dead skin to slough off and eventually peel off. The new, regenerated skin is usually smoother and less wrinkled than the old skin.

On the first day of the workshop, Dr. Uzma Rajar gave a detailed lecture on the procedure of chemical peeling. The session spanned for over 3 hours which was punctuated by information regarding the process of chemical peeling. Detailed analysis on treatment's effects was given and its benefits for various skin types and potential risks were pointed out. Moreover, the steps and the types of chemical peel were elaborately discussed.

Discussing about the types of chemical peeling, Dr. Uzma Rajar elucidated that chemical peeling ranges has three types. Superficial or lunchtime peel makes use of Alpha-hydroxy acid or

another mild acid. It only penetrates the outer layer of skin to gently exfoliate it. The treatment is used to improve the appearance of mild skin discoloration and rough skin as well as to refresh the face, neck, chest or hands.

Medium peel uses Glycolic or Trichlorogetic said which when

Medium peel uses Glycolic or Trichloroacetic acid which, when applied, penetrates the outer and middle layers of skin to remove damaged skin cells. The treatment is used to improve age spots, fine lines and wrinkles, freckles and moderate skin discoloration. It also can be used to smooth rough skin and treat some precancerous skin growths, i.e. actinic keratosis.

Deep peel uses Tricholoracetic acid or phenol which deeply penetrates the middle layer of skin to remove damaged skin cells. The treatment removes moderate lines, age spots, freckles and shallow scars. Patients will see a dramatic improvement in skin appearance. The procedure is used on the face and only can be performed once.

Chemicals peels may potentially cause stinging sensation or mild irritation. However such side effects are rare when superficial peels are used. They use alpha-hydroxy, glycolic, and lactic or fruit acids which are all gentle to skin. The other peels may cause stinging, redness, irritation and crusting but the side effects gradually subside as the skin gradually adjusts and returns to normal.





#### Colours & Festivity in the Air –Isra University Meena Bazaar 2015



Consistent with its tradition of holding Meena Bazaar every year for female students and their families, Isra University organized 'Meena Bazaar 2015' where female students from all the faculties of Isra University actively participated. However, this time around Meena Bazaar was even livelier owing to the excitement of the quarter final match between Pakistan and Australia being broadcasted live at the event.

The colourful event featured various food and fun stalls set up by the zealous and energetic female students displaying an array of unique ideas. The appealing stalls which were beautifully adorned and decorated by the team members offered a variety of foodstuff, games, beverages, frozen desserts and accessories along with funky photography, nail art, mehendi and hairdo services making the colourful event more enjoyable and fun. The spontaneous commentary, riddles, tongue twister competition, song dedication and similar activities conducted by the student volunteers for the visitors of Meena Bazaar proved to be another attraction of the event. Mrs. Rana Ansar, Member Sindh Assembly (MPA) was the chief guest of Meena Bazaar 2015.

Mrs. Rana Ansar appreciated the students for their creativity and lauded the extraordinary efforts put up by the participants and organizers that marked the remarkable success of the event. The organizing team leaders included Mrs. Shadia S. Baloch, Ms. Humaira Jabeen and Ms. Nida Shah while Ms. Shabina Shaikh and Ms. Amber Baig were the judges at the occasion.

The first prize was secured by Sadia Khan with her team members for their stall, 'Refuel with Frugos Returns' that offered delectable and soothing juices and smoothies. Second prize was won by Aksa Baig with her team members for their stall 'Dessert Lounge' while Ambreen with her team members stood third for her stall named the 'Pirates of Taste.' Mrs. Rana Ansar distributed prizes among the winners.

A huge crowd making up of teachers and students visited to relish the offerings of the joyous event. To invoke a sense of competition, Isra University Meena Bazaar also offered prizes to the stalls keeping in view the presentation of the kiosks, cleanliness and quality of the offerings.



# Isra University, Islamabad Sponsors and Participates in the Abu Dhabi Neuro Rehabilitation Conference 2015



The Abu Dhabi Neuro Rehabilitation Conference 2015 that took place from 5<sup>th</sup> to 7<sup>th</sup> March in Abu Dhabi, UAE was held in affiliation with World Federation for Neuro Rehabilitation (WFNR), a multidisciplinary organization which organizes a World Congress in Neurorehabilitation every two years. Isra University was the only university from Pakistan that not only actively participated in the conference but was also among the bronze sponsors of the conference.

The conference involved around 350 delegates from around the globe. The session topics included knowledge and skills to improve treatments offered by an organization, pre-purchase access to products and services; and the latest industry news, regulations and offerings.

The plenary sessions focused on the progress of medical rehabilitation in the UAE, current global status of neurorehabilitation, neurorehabilitation in the Gulf and WFNR in the UAE. The second day included stroke rehabilitation, free papers, brain injury, and spinal cord injury sessions. The spinal cord injury session was viewed by the Isra Institute of Rehabilitation Sciences (IIRS) students through a video link from Abu Dhabi, following which an interactive question and answer session was also conducted. The fourth session of Day 2 was divided into parallel sessions of free papers and technologies in neurorehabilitation. A physiotherapy workshop terminated the second conference day and a Gala dinner marked the ending of the day.

The third day commenced with the fifth session titled 'Long Term Care of the Neurologically Disabled' proceeded by the sixth



session that centered around 'Long Term Management of Chronic Neurological Disability' and comprised of four speakers and a question and answers session, followed by an occupational therapy workshop. Simultaneously with the workshop was a free papers parallel session. The seventh and eight sessions consisting of seven speakers were titled 'Pediatric Neurorehabilitation' and were also followed by a question and answer session. On the same day the conference ended with a certificate distribution ceremony. Dr. Naveed Babur, Principal IIRS, on behalf of Isra University Islamabad campus received the certificate of appreciation.

During the entire conference proceeding, Dr. Naveed Babar and Mrs. Nazia Mumtaz remained present in the Isra University booth (A03) and responded to queries put forward by the visitors. Keen interest was shown by participants from various countries especially from Jordan and other Gulf countries regarding the Post Graduate Rehabilitation Programs that are currently being offered and running successfully at the Islamabad campus. These particularly included the Post Graduate Programs of PP DPT, MPhil in SLP (Speech & Language Pathology), MPhil in Hearing



Sciences, MPhil in HPE&SS (Health Physical Education & Sport Sciences), MPhil in Neurorehabilitation and MPhil in Manual Therapy.

The University representatives interacted with the participants of the conference and elaborated the disciplines offered by Isra University along with its rules and regulations, the competitive fee structure, faculty and facilities available. Renowned rehabilitation professionals like Dr. Stephanie Clarke, Dr. Mike Barnes and Dr. Mario Patricolo showed profound interest in the upcoming international conference to be organized by Isra University anticipated in November 2015. Moreover, CEO of MCO showed keen interest for collaboration at academic levels between Isra University and Emirates College of Technology.

Dr. Sabahat Asim Wasti, the conference chairman and Dr. Aref Al Shehhi, conference co-chairman of UAE were particularly interested in Isra University's academic features throughout the conference. In the closing session, the conference organizers and WFNR representatives were joined by representatives of Isra University.

#### Seminar on IEEE Envision 2015



On 28 January 2015, IEEE Isra Student Branch organized a seminar on IEEE Envision which was based on envisioning IEEE in 2015 and Nuclear Energy. The seminar was held at the Asadullah Kazi Auditorium with a participation of nearly 300 participants from the students and faculty members of Faculty of Engineering, Science & Technology, and Faculty of Commerce, Economics & Management Sciences.

The speakers of the seminar were Engr. Parkash Lohana, Chair, IEEE Karachi Section; and Engr. Abdul Rehman Abassi, Head PG Program, KINPOE, Karachi. The presentations were very informative and interesting.

The Chair, IEEE Isra Student Branch, Haris Shaikh, gave the welcome address. After welcome address the speakers delivered their speeches. Engr. Parkash Lohana briefed the audience on the latest trends and advantages of IEEE organization globally and in particular IEEE Pakistan. Dr. Abassi talked on nuclear energy and its pros on today's ever growing world.

The Pro-Vice Chancellor, Engineering & Management Sciences, Isra University, Prof. Dr. Hameedullah Kazi, was the chief guest on the occasion. Speaking on the occasion, Dr. Kazi, who also happens to be the Head of Executive Council, IEEE Isra Student Branch, further accentuated the prior two speeches. He also encouraged the students to participate in these types of seminars. Safdar Abbas, Vice Chair, IEEE Isra Student Branch, showcased different activities which IEEE Isra Student Branch had organized in the past.

Engr. Prof. Dr. Rafiq Abro, Chairperson, Electrical Engineering Department, gave the vote of thanks. In the end the worthy chief guest, Pro-Vice Chancellor, Engineering & Management Sciences, Isra University, Prof. Dr. Hameedullah Kazi distributed shields, souvenirs & certificates. The seminar was co-sponsored by Lazzaz Foods.



#### Seminar on Virtual Reality and Future Computing Technologies



Department of Computer Sciences of Isra University, Hyderabad organized a seminar on 'Virtual Reality and Future Computing Technologies' on Thursday, 26<sup>th</sup> February 2015 at the Asadullah Kazi Auditorium.

Speaker of the event Mr. Arshad Sheikh shed light on the topic saying, "The present era of computers has changed our lives to a great extent; from home appliances to giant satellites it has affected each and every aspect of human life and is once again all set to astound its users with a whole new technological environment known as Virtual Reality (VR) or Virtual Environment (VE)."

He further said that increasing virtual practices has a vast scope of progress and development and its study for students is an essential element in their learning as they would encounter many of these technologies in their practical journey towards success and that there is no doubt that these computing technologies will soon take

over

Digital 3-D movies are exceedingly popular these days. But those Hollywood blockbusters are just the latest trend in a long line of virtual reality experiences that began ages ago. It is an environment that makes a user believe in an artificial environment that seems at least partially real and may need user interactivity, it is primarily experienced through two of the five senses: sight and sound. The techniques involve wrap-around display screens, actual rooms augmented with wearable computers, and haptic devices that let you feel the display images. Such practices are very useful when it comes to education and training in medical, gaming and military applications. They not only make the impossible possible but also give a new path to future computing technologies which would contribute in building more effective and efficient work as well as societal environment and introduce more compressed and easy to operate computing pieces.

Seminars like these should be frequently organized to bring the students up to date with the rapid revolutionary changes taking place in such fields to ensure a better future.



#### Tree Plantation at Isra University

On Sunday, 29 March 2015, Prof. Dr. Masood Hameed Khan, President, Pakistan Medical & Dental Council (PMDC), Islamabad and Vice Chancellor, Dow University of Health Sciences, Karachi planted a tree at Isra University, Hyderabad to add to this omen of cleanliness.



#### IU Girls Hostel Inauguration



On Sunday, 29 March 2015, Prof. Dr. Masood Hameed Khan; President, Pakistan Medical & Dental Council (PMDC), Islamabad, and Vice Chancellor, Dow University of Health Sciences, Karachi inaugurated Isra University Girls Hostel.

#### Sports Participation



Isra University participated in different sports competitions held at different universities.

On 2<sup>nd</sup> February 2015 it participated in Inter University (Zone H) Cricket Championship 2015 held at Sindh University, Jamshoro in which it played against QUEST, Nawabshah.

On 11<sup>th</sup> February 2015 it participated in Inter University (Zone H) Volleyball Championship 2015 held at MUET, Jamshoro in which it played against Sindh University, Jamshoro.

On 17<sup>th</sup> February 2015 it participated in Inter University (Zone H) Table Tennis Championship 2015 held at SALU, Khairpur in





which it played against S.A.U, Tandojam.

On 18<sup>th</sup> February 2015 it participated in Inter University (Zone H) Football Championship 2015 held at Sindh Agriculture, Tandojam in which it played against MUET, Jamshoro.

On 25<sup>th</sup> March 2015 it participated in Inter University (Zone H) Basketball Championship 2015 held at LUMHS, Jamshoro in which it played against Sindh University, Jamshoro.

These teams were selected and managed by Mr. Saad Khan Baloch, Assistant Professor, Isra University, Hyderabad.



#### IEEE Isra Student Branch Participates in IEEE Karachi Section Workshop

IEEE Isra Student Branch members Hanan Daudpota and Basim Brohi represented IEEE Isra Student Branch in IEEE Karachi

Section Workshop on 21<sup>st</sup> February 2015 held at NED University, Karachi.

#### Workshop on Android Application & Mobile Development



IEEE Isra Student Branch organized a Workshop on "Android Application and Game Development" on 22<sup>nd</sup> February, 2015. The guest speaker was Mr. Wajahat Karim from Symmetry Group,

Karachi. Students from FAST University, Karachi; Hamdard University; and Isra University, Hyderabad participated in the event.

The participants were given hands-on practice and techniques on how to develop and make new apps in Android Operating System and Mobile based easy developments.

Prof. Dr. Hameedullah Kazi, Pro-Vice Chancellor, Engineering & Management Sciences, and Head of Executive Council, IEEE Isra Student Branch; and Engr. Saad Khan Baloch, Counselor, IEEE Isra Student Branch, and Assistant Professor, Electrical Engineering Department attended the workshop. Dr. Kazi presented certificates and shields to the participants and guest speaker. He also congratulated the team of IEEE Isra Student Branch on organizing such a healthy workshop at Isra University, Hyderabad.

### Computer Gaming Competition 2015



A Computer gaming competition was held at Faculty of Engineering Sciences & Technology on 18 and 19 February 2015 for Isra University girls & boys students. The games that were held were Counter-Strike, Fifa & Need for Speed. The gaming

competition was organized by Mr. Irfan Haroon, Director of Student Affairs; Mr. Saad Khan Baloch, Assistant Professor, FES&T; and Student Office Bearers of IEEE Isra Student Branch.



# IEEE (Isra Chapter) Receives Special Mention for Best Student Branch

Institute of Electrical and Electronics Engineers (IEEE), Isra chapter was awarded 'Special mention for Best Student Branch of the Year Award 2014' on account of consistent R10 Newsletter publication for the year 2014.

The award was received by the president of IEEE (Isra chapter) Mr. Harris Shaikh from the worthy Pro-Vice Chancellor, Engineering and Management Sciences, Prof. Hameedullah Kazi.

The patron of the IEEE (Isra chapter) is Pro-Vice Chancellor, Prof. Hameedullah Kazi and the co-patron is Mr. Saad Khan Baloch. IEEE (Isra chapter) is a very active society of the Institute. It has conducted different seminars, workshops and conferences.



### Students of the Department of Computer Sciences Visit Systems Limited Karachi

Final year students of the Department of Computer Science visited Systems Limited Karachi on 31 March 2015 accompanied by faculty members, Mutee-U-Rahman, Amber Baig, and Aijaz Ali. The visit was organized by Ms. Amber Baig and Mr. Mutee-U-Rahman, Assistant Professors, Department of Computer Science, in order to familiarize the students with current trends & practices of Software industry.

The visit started with HR Session conducted by Asra Fakhri of HR Department of Systems Limited. She provided an overview of Systems Limited as first software house of Pakistan with its branches not only located in major cities of Pakistan but also expanded in U.S., U.K., Canada, India, and Middle East. She also highlighted job openings and skill sets required for the jobs in Software Industry.

Project Management session was conducted by Mr. Mushtaq Patni, Vice President, Professional Services, and Naureen Anwar, Vice President, Professional Services. Mr. Mushtaq Patni highlighted





some key points to be a successful project manager. He also emphasized the need and importance of career counseling in life of students and said that academia needs to familiarize the students with latest trends and technologies for their successful induction in job market.

Team lead Sessions on Java, Dot Net, Share Point and Dynamic AX conducted by Sr. Software Engineers. The software house also conducted a test of the students for Associate Software Engineer positions at Systems Ltd. as per the company's commitment to value and enhance its Graduate Trainee Program. Faculty members met Mr. Asif Peer, CEO & Managing Director, Systems Limited and presented him with souvenirs from Isra University. The visit ended by concluding remarks by Mr. Mushtaq Patni, Vice President, Professional Services and souvenirs from Systems Limited to faculty members of Department of Computer Science, Isra University.

#### Workshop on Simulation and Gamification

On 21<sup>st</sup> March 2015, a hands-on workshop was conducted on 'Simulation and Gamification' by Quality Enhancement Cell (QEC) and Academic Excellence and Research (AER) at Al-Tibri Medical College, Isra University Karachi Campus.

The speaker of the workshop was Prof. Dr. Muhammad Rafique who is the Head of Department of Anatomy, Al-Tibri Medical College, where as Dr. Hina Khan, Assistant Professor Anatomy,





Al-Tibri Medical College; and Dr. Raheela Adil, Lecturer Physiology ATMC facilitated the event. The workshop was intended for the education of all the participating doctors and healthcare professionals including the faculty engaged in conducting lectures & PBL (Problem Based Learning). The aim of this workshop was to develop deeper understanding on creating presentation and delivering it in a way most conducive to learning.

### Sports Festival at Isra Institute of Rehabilitation Sciences

A five-day sports festival was organized by Isra University for the students of Isra Institute of Rehabilitation Sciences (IIRS). Students of IIRS showed their active participation in the festival. This five-day festival constituted of different indoor as well as outdoor games such as Cricket, Badminton, Table Tennis, Foot Ball, Volley Ball, Shot Put, Sack Race, and Tug of War. Other than games many food stalls, face painting and mehendi stalls were also part of the festival.

A high participation of female students was also observed. The students were enthusiastic, confident and lively and their participation made the event successful. High professionalism was

seen all over the event. This event was organized to encourage and cheer up the students of IIRS.

Results of the sports competitions were declared on the last day of the festival when prizes were distributed among the top 3 position holders and certificates were given to all the participants. The prize distribution ceremony started with the recitation of Holy Quran. The students of IIRS also performed different skits and tableaus at the ceremony. The teaching faculty of IIRS attended the prize distribution ceremony and appreciated the efforts of Isra University.

#### Annual Sports Week and Festival 2015



Annual sports week and festival 2015 was held from February 14<sup>th</sup> 2015 to February 20<sup>th</sup> 2015 at Al-Tibri Medical College Sports Ground. It was a great week involving energetic and enthusiastic participants, everyone ready to play with exceptional performance of sportsmanship and healthy competition.

The chief guest of the event Prof. Ghulam Hussain Siddiqi and Dr. Umer Kazi gave their best regards saying that they were pleased to see students with such athleticism and positive energies.

The week consisted of several games such as cricket, table tennis, and throw ball. The tournaments for male and female took place separately, where in cricket winner from male was 4<sup>th</sup> year MBBS and in female also it was won by 4<sup>th</sup> year MBBS.





Isra Institute of Rehabilitation Sciences stood first from male in table tennis competition and in female the position was marked by Al-Tibri Medical College final year MBBS.

Final Year MBBS also won the female tournament of throw ball, whereas winning trophy of volley ball tournament in males was claimed by Final year MBBS.

Extra-curricular activities are equally important as curricular activities as they boost the will and spirit of students to spend time beyond their text books and engage in healthy activities to improve their stamina and progress and develop mentally as well as physically. Such practices effect positively on students and their busy routines increasing their productivity.



### Fulfilling Social Responsibilities



On Monday, 16<sup>th</sup> February 2015 Pro Vice Chancellor, Engineering and Management Sciences, and Patron in Chief of Isra Social Welfare Society (ISWS), Prof. Dr. Hameedullah Kazi along with the Director of Students Affairs, Mr. Irfan Haroon and team Isra Social Welfare Society had an official trip to two orphanages, Darul Atfaal and SOS Children Village.

ISWS is a student based society working for the less privileged community in interior Sindh for more than 3 years. Its mission is to help the unfortunates, secure a respectable place for them in the community, and empower them through better education and health. For this reason, ISWS is well known for its welfare work and has played an important role in grooming its members to volunteer for the underprivileged members of our society.

In one such good willed effort, the delegation visited Darul Atfaal where they were warmly welcomed by the authorities. In the meeting with officials some important aspects of the welfare society were discussed including its future plans for assisting the

orphanages. Later, Prof. Dr. Hameedullah Kazi and members of ISWS spent some time with the kids making them aware of the importance of exercise by delivering informative presentations prepared by the members on the subject. The kids, after the presentation, shared their thoughts which were highly appreciated by Prof. Dr. Hameedullah Kazi and the other team members.

Afterwards, the delegation visited the SOS Children Village, taking a round of every building present therein. Officials briefly introduced the children from village to the team of Isra University after which they spent quality time with them. An abstract on the administrative structure was delivered by officials of SOS children village to the dignitaries of Isra University and discussed their organizational goals.

The trip was a success and was admired by the other faculties and students of Isra University. With such milestones in its journey, ISWS is highly enthusiastic to serve the community in the best way it can.





# Medical Students Vow to Serve the Mankind: White Coat Ceremony of MBBS Class of 2019

The oath taking ceremony named 'White Coat MBBS 2019' was held at Al-Nafees Medical College and Hospital on 1st February 2015 to welcome the best brains of the country for starting their study journey of medical science. The event was chaired by Prof. Dr. Umar Ali Khan, Pro Vice Chancellor, Health Sciences, Al-Nafees Medical College and Hospital along with the senior management of the University.



The White Coat Ceremony is a special event in which College of Pharmacy alumni and the faculty members welcome new students to the journey through the degree program and eventually the pharmacy profession. The newly enrolled students are presented with white coat, the symbol of clinical service and care, and the students take the Pledge of Professionalism to publicly acknowledge their new responsibilities and willingness to assume the obligations of the profession.

Prof. Dr. Rukhsana Ayub informed the participants about the history of White Coat event series and marked it a tradition in medical institutions which addresses the students' transition from preliminary coursework to a professional level clinical business. She elaborating further about the importance of White Coat ceremony in medical institutions said that such events play an active role by serving as a bridge between institution and students thereby bringing them closer together, a bond imperative to build student's commitments about professionalism, respect, integrity, and care.

Prof. Dr. Umar Ali Khan was of the view that such events reinforce the students' commitment to provide pharmaceutical care, assuring safe and effective use of medication for the help of patient and society as well. Addressing the students, Dr. Umar added, "By accepting white coat, you will join a community of professionals who share the same commitment to provide health care facilities." In the end, the students of the new batch of 2015 to 2019 partook in the oath ceremony conducted by Prof. Dr. Ghulam Mustafa Lodhi to remind them their commitments as a professional towards providing best health care facility to their patients.

#### Dental Symposium on Dental Auxiliaries

On 28<sup>th</sup> of March 2015, a symposium was held at the Asadullah Kazi Auditorium of Isra Dental College and University. The focus of this symposium was 'Dental auxiliaries'. Around 280 persons participated in the symposium under the banner of National Association of Dental Auxiliary Pakistan (NADAP), which was registered in the year 1690.

The occasion was graced by Dr. A. G. Kazi as the chief guest of the event. Valuable lectures were delivered on various topics by highly qualified teachers such as the esteemed Prof. Dr. Abdul Qadir Khero, Dr. Salman Shafique, and Dr. Irfan Ahmed Shaikh.

Participants arrived not just from the most populous metropolitan city of Pakistan, Karachi but from other cities as well such as Mirpurkhas, Sukkur, Larkana, and Dadu.

At the end of the event, the participants were offered lunch and certificates of appreciation were distributed among them.



### Pakistan Engineering Council registers Isra University, Hyderabad as Professional Engineering Body

Isra University, Hyderabad was registered as Professional Engineering Body (PEB) by Pakistan Engineering Council (PEC) for organizing Continuing Professional Development (CPD) events.

Isra University, Hyderabad is among the few universities selected

to organize these type of events. Continuing Professional Development (CPD) events are being organized for Resident & Professional Engineers (RE&PE) so as to increase their professional and practical knowledge.

## Meena Bazaar and Indoor Gaming Competitions Held at Isra Institute of Rehabilitation Sciences

The Isra Institute of Rehabilitation Sciences (IIRS) hosted a Meena Bazaar on 28<sup>th</sup> march 2015 for female students and faculty. On the same day an indoor gaming competition was also organized for male students. It was organized and co-ordinated by the faculty of IIRS.

A large number of students participated in both the events. Students were very enthusiastic and energetic. The Meena Bazaar was very colorful as it showed the arrival of spring. There were more than 30 stalls of food, clothing, gaming and many more.



The indoor game competition was enjoyed by the male students and large participation was recorded. There were many indoor games, such as basket ball, table tennis, and long-tennis.

The day started with a ribbon cutting ceremony by the principle of IIRS, Dr. Muhammad Asif. He visited all the stalls as well as played games. He showed great pleasure and contentment at the events and said, "I am glad to see students participating in such healthy competitions. It is a very good step taken by the faculty and I look forward to more such events in the near future."



# Celebrating the Poets: Mehfail Mushaira at Islamabad Campus

On 20<sup>th</sup> March 2015, Isra University Islamabad Campus held the event 'Mehfil Mushaira'. The aim of this literary event was to build motivation and appreciation for the rich verses part of our literary heritage and culture. The event was chaired by Prof. Dr. Altaf Ali. G. Sheikh and Pro-Vice Chancellor, Isra University Islamabad Campus.

Dr. Nilofer Sheikh, Vice Chancellor, Preston University, Islamabad graced the occasion with her presence as the chief guest. In addition to respected Mr. Rahim Bux Channa, Addl. Registrar, Isra University Islamabad campus; Brig. Dr. P. B. Kokhar,

Executive Director, Al-Nafees Medical Hospital; Dr. Muhammad Naveed Babar, Principal, Isra Institute of Rehabilitation Sciences; and more than 12 well known poets of Pakistan participated in the event

At the culmination of the ceremony, honorary shields were awarded to the chief guest and the poets. The winning team and position holders of academic session semester Fall '14 were also awarded prizes for various games.

The entire session brimmed with remarkable energy and enthusiasm from the audience and participants till the end.

#### **Faculty Participation**

Prof. Dr. Hameedullah Kazi, Pro-Vice Chancellor, Engineering & Management Sciences; Engr. Dr. M. Ali Nizamani, Assistant Professor, Electrical Engineering Department; and Engr. Saad Khan Baloch, Assistant Professor, Electrical Engineering Department, participated in the International Multi-Topic Conference (IMTIC) 2015 at MUET, Jamshoro from 4th to 6th February 2015.

#### **Faculty Publications**

Dr. Muhammad Adnan presented his paper at 'The 17<sup>th</sup> International Congress of the Egyptian Hepato-Pancreato-Biliary Society' held in Luxor, Egypt from 11 to 12 February 2015.

Dr. John S. Isaac, Professor and Head of Oral Medicine and Oral Diagnosis, Faculty of Dentistry and Allied Sciences, Isra University, Hyderabad presented a paper on "Frequently Misdiagnosed Oral Lesions" at the Asia Pacific Dental Federation Seminar which was a part of the 32<sup>nd</sup> National Dental Congress.

# PROJECTS OF ISRA ISLAMIC FOUNDATION GUARANTEE LIMITED (IIF)

#### **Educational Programs**

#### Isra University (Main Campus), Hyderabad

- Faculty of Medicine & Allied Medical Sciences
- Faculty of Engineering, Science & Technology
- Faculty of Commerce, Economics & Management Sciences
- Faculty of Dentistry & Allied Sciences

Isra University Hospital, Hyderabad

Isra Dental College & Hospital, Hyderabad

Isra College of Rehabilitation Sciences

Isra School of Nursing, Hyderabad

Isra School of Paramedics, Hyderabad

Isra Schools Network, Hyderabad & Nasarpur

#### Health and Welfare Programs

Isra Blindness Control Programs

- Al-Ibrahim Eye Hospital: Malir, Kunri & Kharan
- International Eye Camps
- National Eye Camps

Isra University Welfare Hospital, Hyderabad Isra General Medical Camps, Rural Areas Al Tibri Medical College Hospital, Karachi Al Nafees Medical College Hospital, Islamabad

#### Isra University (Karachi Campus)

- Al Tibri Medical College & Hospital
- Isra Institute of Rehabilitation Sciences
- Isra Postgraduate Institute of Ophthalmology
- Isra School of Optometry

#### Isra University (Islamabad Campus)

- Al Nafees Medical College & Hospital
- School of Engineering & Applied Sciences
- Isra School of Rehabilitation Sciences

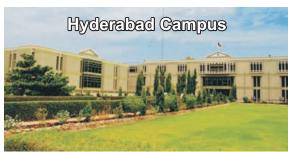
#### <mark>Markaz</mark> Islami Sin<mark>dh</mark> Isra Quran Academy Programs

- Isra Quran Fahmi Program
- Isra Ta'leemul Quran Program

Madaris-Masjid Support Program

Rural Community Support Program Translation,

Publication and Distribution of Islamic Literature











#### **ISRA UNIVERSITY**

P.O. Box 313, Hala Road, Hyderabad, Pakistan. Phone: +92-22-2030181-4 Fax: +92-22-2030185 http://www.isra.edu.pk