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October 2013



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## EDITORIAL

Dear Readers,

Assalamu Alaikum! Isra News is an official organ of Isra University. This quarterly newsletter is designed to keep the Isra affiliated community well connected, and at the same time bring the readers up to date with the various co-curricular and extra-curricular activities taking place at the University along with the educational and social welfare programs pursued by the parent organization, Isra Islamic Foundation.

In order to keep Isra News well populated, we rely on contribution of news items from the community members. When sending news items, please make sure to include the essential elements of an event: what took place, whom it concerns the most, where and when it took place. You are encouraged to send your news items by email to the address given below.

Last but not the least, your news contributions are important to us, so help us keep the Isra community connected by contributing regularly to Isra News. We appreciate your interest and contributions, and hope that you will find Isra News to be informative and pleasant to read.

Best Regards,  
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## ISRA NEWS

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## US Consulate Officials Visit Isra University



Cultural Affairs Officer, Ms. Kim Strollo and Assistant Cultural Affairs Officer, Mr. Phillip Assis, along with cultural specialist Ms. Sarrah Alam, paid a visit to Isra University Hyderabad on Monday 9 September 2013. The prime reason of this visit was to meet and congratulate the delegation of Isra University which recently visited the Ball State University, Indiana USA in June 2013. The US officials had a meeting with the delegation and had a fruitful discussion about the cultural and educational experience of the

students and scholars and their overall journey to USA. The delegation appreciated the instrumental role of US Consulate in making this a mutually beneficial affiliation for both of the universities.

The US delegation also met with Prof. Dr. Asadullah Kazi, Chancellor, Dr. Hameedullah Kazi, Pro-Vice Chancellor, and faculty members of Isra University.



## Seminar on Micronutrient Deficiency in Children

Iron deficiency is the most common single nutrient disorder in the world, and infants are at particular risk due to their rapid growth and limited dietary sources of iron. Iron is involved in many central nervous system processes that could affect infant behavior and development. If attention is not paid, then the children may develop serious disruptions in mental, motor, social/emotional, and neurophysiologic functions. Such was said by Prof. Muhammad Aslam Memon, Head, Department of Pediatrics, Isra University, as he addressed the participants of Continuing Medical Education (CME) program, on Micronutrient Deficiencies in Infancy and Childhood, held at the Isra University Hyderabad on 8 October 2013.

Postgraduate students and trainees including Dr. Heera Fahim,

FCPS Part-II, and Dr. Quratulain Shah and Dr. Mariam Shah, DCH trainees presented their case presentations on various phenomena that follow the deficiency of vital minerals and vitamins in infants and children of minor ages.

In the end Prof. Muhammad Aslam Memon gave an overview on above mentioned cases and answered the queries of audience. The vote of thanks was paid by program coordinator Dr. Muhammad Aamir Memon, Assistant Professor, Department of Pediatrics.

At this occasion, Dr. Abdul Ghani Kazi, Pro-Vice Chancellor, and Director, Isra University Hospital, Prof. Aftab Munir, Prof. Saleh Memon, Dr. Shams Solangi and other dignitaries were also present.

## iCube 2013

Competitions nurture the problem solving and creative capabilities of the students. Taking part in a competition enables the students to challenge the contenders, which in turn enhances their skills in their field of choice.

Keeping this in view, the IEEE Isra Student Branch organized a nationwide competition “iCube 2013”, which was held at the Isra University on 27 October 2013. As many as 345 participants from different institutes of the country including UET Lahore, NED University Karachi, Hamdard University Karachi, Usman Institute of Technology Karachi, DHA Suffa University Karachi, Sir Syed UET Karachi and others participated.

iCube 2013 was held under the tagline of IDEA, INNOVATION, INVENTION. The competitions included Hardware Exhibition, Programming King, Gaming Mania, Circuit Designing, Techno

Ahmed Abro, Chairperson, Department of Electrical Engineering, Isra University.

For as much as 6 hours, different competitions took place, which tested the students' skills in different fields. The participants' were evaluated by highly skilled judges and industry professionals. The winners of the competitions included team of Hamdard University in Hardware Exhibition, Arshad Ali from MUET Jamshoro in Techno Idea, Bilal Mughal from Isra University in Computer Networking Competition, Ayesha Amin and Asna Rajput from Isra University in Poster Competition, Ayesha Amin from Isra University in Scenario Writing, Ghanwa Jarwar from Phoenix Higher Secondary School in Spelling Bee Competition, Haseeb Soomro from Center of Excellence in Arts and Design (CEAD MUET) in Short Films Competition, Raza Ali from SZABIST in



Idea, Innovative Business Idea, Photography Competition, Networking Competition, Poster Presentation, Web Development Competition, Scenario Writing, Arts and Sketching Competition, Short Film Competition, Spelling Bee Competition, Logo Designing, and AutoCAD Designing. iCube 2013 provided a platform for multitalented students to come forward and show their capabilities and skills in academic and non-academic fields of interests.

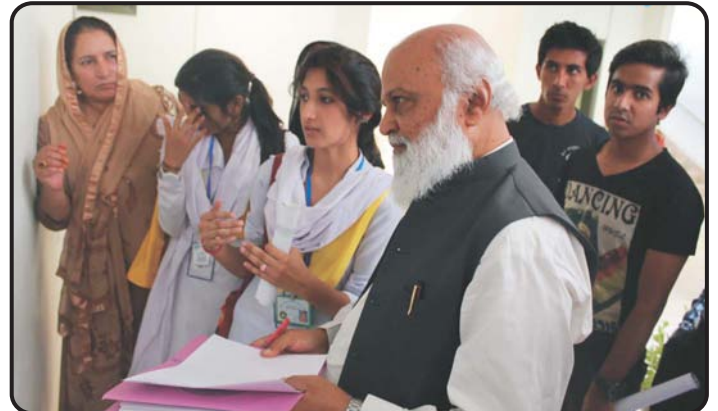
The event kicked off with a welcome speech by Mr. Muhammad Hanan Daudpota, President, IEEE Isra Student Branch. A video showcasing the services of engineering for humanity was also played. The event was declared open by Professor Dr. Rafiq

Gaming Competition, Cyber Mafia from DHA Suffa Karachi in Programming Competition, Amna Shah from Beacon House in Photography Competition, MUET Krushers in Web Development, Maaz Ali from Sind University in Sketching and Saadiya Lakho from Isra University in Painting Competition.

The Chief Guest at this occasion was Professor Dr. Ghulamqadir Kazi, Vice Chancellor, Isra University who in his closing address lauded the efforts of the participants, and the IEEE Isra Student Branch for organizing a national level competition to empower the students. The vote of thanks was said by Mr. Saad Khan Baloch, Counselor, IEEE Isra Student Branch. Cash prizes and shields were awarded to the winners of all the competitions.



## iCube 2013 Pictorial





## Seminar on Community Level Interval for Pre Eclampsia



Department of Obstetrics and Gynecology arranged a one-day seminar on the research project based on the theme of "Community Level Interval for Pre Eclampsia (CLIP)". The seminar was held in collaboration with Agha Khan University Karachi on September 17<sup>th</sup>, 2013 at Asadullah Kazi Auditorium, Isra University Hyderabad.

Different cures and preventions were discussed among the post graduate students, general practitioners LHV, midwives and technicians primarily focused on the use of injections of Magnesium Sulphate ( $MgSO_4$ ) as an effective preventive measure keeping in mind the toxicity, dosage and technique.

The seminar featured different speaking sessions including a

presentation by guest speaker Dr. Peter Bellie on the prevention of Eclampsia followed by a general discussion on maternal health by Professor Aftab A. Munir. Professor Pushpa Srichand and Professor Rahat Qureshi briefly contributed by discussing the current and contemporary evidence of Eclampsia and its management.

The seminar was then concluded with the vote of thanks by Dr. Abdul Ghani Kazi, Director of Hospitals Isra University, who earnestly congratulated the department head for conducting an insightful learning discussion and appreciated all the speakers for their valuable contribution in making the seminar a huge success.





## “Leading the Road to a Healthy Heart” An Awareness Walk



The Department of Cardiology Isra University Hospital Hyderabad organized an awareness walk on the occasion of World Heart Day on Friday, 27 September 2013. The theme for the walk was “Leading the Road to a Healthy Heart”. The purpose of the walk was to create awareness among general public regarding different diseases of heart, and precautionary measures. In the end

Prof. Dr. Feroz Memon, Vice Dean, Clinical Sciences, Faculty of Medicine and Allied Medical Sciences, and Dr. Abdul Ghani Kazi, Director Isra University Hospital and Pro-Vice Chancellor, Health Sciences, emphasized on balanced diet, regular exercise, smoking cessation and periodical checkup of blood pressure, cholesterol & blood sugar



## Basic Suturing Workshop for Foundation Year Students

The Department of Surgery, Isra University organized a workshop on basic surgical techniques for foundation year students. The speakers including Professor Muhammad Hussain Laghari and others guided the students on techniques of scrubbing, gowning

and gloving wounds. The students were also mentored about different surgical types of sutures, and techniques of suturing. In the end, the students were taught different types of knots used in surgical bandages.



## Workshop on “Vision, Mission, Objectives and Outcomes”

Quality Enhancement Cell (QEC), Isra University Hyderabad as part of employee training and motivation-building arranged a workshop on 8 October 2013 on the topic of “Vision, Mission, Objectives and Outcomes.” The workshop was hosted by Khyber Medical University Peshawar in association with Higher Education Commission (HEC). The keynote speaker of the workshop was Mr. Tahir Masood, PhD in Management Sciences who delivered the lecture via Dubai. In discussion about the

contemporary trends of quality controls, Mr. Tahir Masood stressed the need of the vision, mission and values that contribute in effective quality management in an organization. He used Strategic Management Box Model to further his argument on the need of concrete and clear mission and vision for the organizations to survive and thrive in the saturated and competitive markets. The workshop was attended by representatives of 30 universities from all over Pakistan including Isra University Hyderabad.

## World Physical Therapy Day Marked



In connection with the World Physical Therapy Day, the Isra Institute of Rehabilitation Sciences (IIRS) organized a seminar and awareness walk at Isra University, Hyderabad.

The chief guests of this celebration were Dr. Abdul Ghani Kazi, Pro-Vice Chancellor (Health Sciences) and Director of IIRS, Prof. Dr. Nazeer Ashraf Laghari, Dean Faculty of Medicine and Allied Medical Sciences, and Dr. Sajjad Kazi, administrator of IIRS.

Dr. Muhammad Zubair, senior lecturer and In-charge IIRS Hyderabad Campus, highlighted the importance of the day. He also described the relevance of World Physical Therapy Day and answered the questions of the participants. In his message he emphasized the importance of frequent seminars and workshops in other faculties of health care to develop harmony and create awareness of the profession as it is at top priority of the current year.

After the presentation of Dr. M. Zubair, students gave the presentation on the importance of World Physical Therapy Day. The celebration ended with the awareness walk in the premises of

Isra University. All the students and faculty members of Isra Institute of Rehabilitation Sciences participated in the walk.





## PTCL to Kick Off Talent Drive from Isra University



The Department of Management Sciences Isra University in collaboration with Pakistan Telecommunication Company Limited (PTCL) organized a one day talent drive activity on 12 September 2013. The fully occupied auditorium was an evidence of students' interest from different faculties in the various sessions of the seminar such as employer branding, potential vacancies, recruitment method, CV collection / database and PTCL product information.

The session kickstarted with the welcome speech by Mr. Raza Mustafa, Assistant Professor, Department of Management Sciences and Career Development Office Coordinator, in which he warmly welcomed the regional team of PTCL and expressed his heartiest gratitude for choosing Isra University as a platform for fostering university-industry linkages and commencing their talent hunt drive from Isra University.

Mr. Javed Ahmed Sheikh, Regional General Manager PTCL Hyderabad, briefed about the purpose of PTCL talent drive and appreciated the educational and organizational excellence of Isra University which turned out to be the core reason of choosing IU to commence this significant recruitment process.

Continuing the session, Mr. Mudassar Aijaz, Senior HR manager PTCL, energetically affirmed that new generation is bringing new set of values to the workplace and PTCL is striving to go hand in hand with these contemporary values and is providing its existing and new organizational members with freedom of choosing their own employer by being an exemplary organization.

The session was then furthered by a detailed address on evolution of PTCL and its current status in the job market by Mr. Owais Shah, Assistant HR Manager Hyderabad. He went on from defining PTCL from its early stages to today's multifaceted contemporary learning organization, where people development is mainstream and revenue growth is inevitable thus, making PTCL one of the dream employers for fresh graduates all over Pakistan.

The seminar concluded with the résumé collection by the PTCL officials and closing remarks by Prof. Dr. Asandas Manwani, Chairperson, Management Sciences in which he expressed his heartfelt gratitude to the PTCL team for conducting such an informative and insightful session and presented the officials from PTCL with traditional token of hospitality, the Ajrak and Sindhi Topi, and souvenir shields.





## Research Poster Competition at Isra School of Nursing



Isra School of Nursing (ISON) organized a “Poster Presentation” on 04 September 2013 that showcased four research posters by the final year students from BS Nursing program. These studies were conducted on the topics: “The Effects of Cannabis Abuse on the Social Life of Addicts and their Families”, “The Effects of Early Marriage on Women's Health”, “Does Puberty Cause Anxiety?”

diligence. It infused in them the competitive spirit and an experience of teamwork. All the visitors lauded the output and appreciated the research oriented learning approach of the students.

The event was attended by Prof. Dr. Abdul Rahim Memon, Vice Dean, Basic Medical Sciences; Prof. Afroze Saleem Kazi,



and “The Effects of Single-Parenting on Psychological Health”. Prior to the event of poster-presentation, data were collected through questionnaires and was analyzed through SPSS. The judges were Ms. Rebecca Wilson-John, Principal ISON, Ms. Farzana Memon, senior faculty member, ISON and Mr. Zafarullah Junejo, Nursing Instructor, ISON. The panel unanimously rated 1<sup>st</sup> position to group that presented the research on Cannabis Abuse and 2<sup>nd</sup> position to the group with the topic of Single-Parenting. The event displayed students' research capacity, commitment and



Chairperson, Department of Anatomy; Dr Sajad Kazi, Administrator, Isra University Hospital, Prof. Dr. Zahid Chanar from Management Sciences, and teachers and students from Faculty of Medicine and Allied Medical Sciences.

Many teachers provided a very useful and insightful feedback for the research work. The event was conducted under the supervision of Mr. Abdul Razak Larik, Lecturer in English and Ms. Seema Khan, final year coordinator.



## Faculty Participation at Academic Forums and Conferences

Prof. Dr. Feroz Memon, Vice Dean, Clinical Sciences, along with Dr. Mohammad Zaman Baloch, PG student for MD Cardiology, represented Isra University at the European Society of Cardiology Congress. The congress was held from 31 August 2013 to 4 September 2013 at Amsterdam, The Netherlands. The congress discussed and elaborated the latest advances in Cardiology and recently issued ESC Practice Guidelines.

Dr. Ambreen Amna, Dr. Farhana Anjum, Dr. Zahida, Dr. Uzma, and Dr. Saroch, from Department of Obstetrics and Gynecology, attended the meeting of Society of Obstetrics and Gynecology (SOGP), held at Sheraton Hotel in Karachi. Professor Dr. Aftab A. Munir, Head, Department of Gynecology, Isra University was guest of honor at the inauguration ceremony.

## Paper Presentations and Publications by Isra University Faculty Members

“Primitive Neuroectodermal Tumor of Tongue - A case report” was published by Dr. Usha Isaac, Professor, Department of Pathology. The paper was published in Pakistan Oral and Dental Journal, Vol. 33, Issue 1, April 2013, pages 63-64.

“Causes of Delay in Cancer Diagnosis” was published by Dr. Usha Isaac, Professor, Department of Pathology. The paper was published in International Medical Journal, Vol. 5, Issue 2, June, 2013, pages 116-120.

“Fine Needle Aspiration Cytology of Oral Lesions” was published by Dr. Usha Isaac, Professor, Department of Pathology. The paper was published in Pakistan Oral and Dental Journal, Vol. 33, Issue 2, Aug 2013, pages 266-270.

“Acute Myocardial Infarction: Frequency of Complete Heart Bloc in Patients at a Tertiary Care Hospital” was published by Dr. Atif Sitwat Hayat, Dr. Muhammad Adnan Bawany, Dr. Jawad Ahmed Qadri, and Dr. Kiran Khalil, from Department of Medicine, in Professional Medical Journal, 2013; 20(3): 332-340.

## Isra University Students Shine in Student Engineering Exhibition at PAF-KIET Karachi

Students from Isra University Hyderabad participated in Student Engineering Exhibition (SEE) held at PAF-KIET, Karachi on 9 September 2013. Dildar Hussain and Amir Ahmed from the

department of Electrical Engineering represented Isra University Hyderabad and secured 4<sup>th</sup> position in the competition among 30 other universities.

## Participation of IEEE Isra Student Branch in All Pakistan IEEE Pakistan Student Gold Women Congress

IEEE Isra Student Branch members participated in All Pakistan IEEE Pakistan Student Gold Women Congress from 23 October to 25 October 2013 at Mehran University of Engineering and Technology Jamshoro. The congress consisted of different seminars, lectures, workshops, curricular, and extra-curricular competitions. The IEEE Isra Student Branch also showcased their activities held at the Isra University to the participants of the IEEE Pakistan Student Gold Women Congress 2013.

Two students of Isra University, Bilal Mughal and Syed Zeeshan Ahmed conducted a public Astronomy session at the IEEE Pakistan Student Gold Women Congress 2013, for the participants from other cities of the country. The people were given a chance to view the Moon, planets, and stars through the telescopes. It was followed by an insightful question and answer session in which the astronomers answered the audiences' queries.



# PROJECTS OF ISRA ISLAMIC FOUNDATION GUARANTEE LIMITED (IIF)

## Educational Programs

### Isra University (Main Campus), Hyderabad

- Faculty of Medicine & Allied Medical Sciences
- Faculty of Engineering, Science & Technology
- Faculty of Commerce, Economics & Management Sciences
- Faculty of Dentistry & Allied Sciences

Isra University Hospital, Hyderabad

Isra Dental College & Hospital, Hyderabad

Isra College of Rehabilitation Sciences

Isra School of Nursing, Hyderabad

Isra School of Paramedics, Hyderabad

Isra Schools Network, Hyderabad & Nasarpur

## Health and Welfare Programs

Isra Blindness Control Programs

- Al-Ibrahim Eye Hospital: Malir, Kunri & Kharan
- International Eye Camps
- National Eye Camps

Isra University Welfare Hospital, Hyderabad

Isra General Medical Camps, Rural Areas

Al Tibri Medical College Hospital, Karachi

Al Nafees Medical College Hospital, Islamabad

### Isra University (Karachi Campus)

- Al Tibri Medical College & Hospital
- Isra Institute of Rehabilitation Sciences
- Isra Postgraduate Institute of Ophthalmology
- Isra School of Optometry

### Isra University (Islamabad Campus)

- Al Nafees Medical College & Hospital
- School of Engineering & Applied Sciences
- Isra School of Rehabilitation Sciences

## Markaz Islami Sindh

### Isra Quran Academy Programs

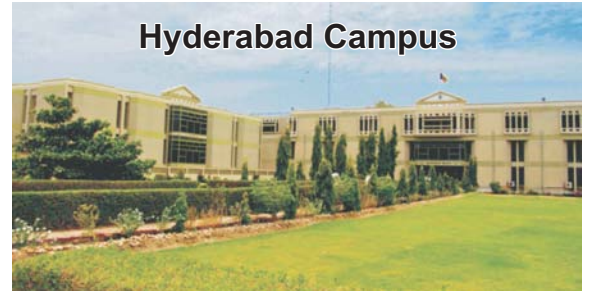
- Isra Quran Fahmi Program
- Isra Ta'leemul Quran Program

Madaris-Masjid Support Program

Rural Community Support Program Translation,

Publication and Distribution of Islamic Literature

Hyderabad Campus



Karachi Campus



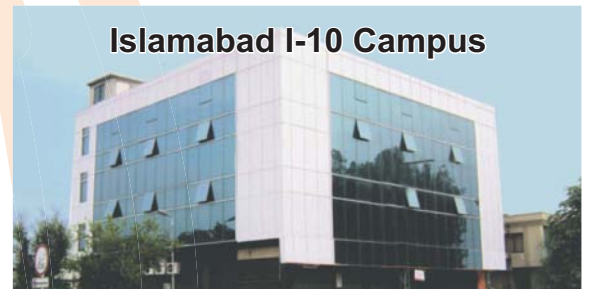
Karachi City Campus



Islamabad Campus



Islamabad I-10 Campus



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