









02

EDITORIAL

Dear Readers,

Assalamu Alaikum! Isra News is an official organ of Isra University. This quarterly newsletter is designed to keep the Isra affiliated community well connected, and at the same time bring the readers up to date with the various cocurricular and extra-curricular activities taking place at the University along with the educational and social welfare programs. pursued by the parent organization, Isra Islamic Foundation.

In order to keep Isra News well populated, we rely on contribution of news items. from the community members. When sending news items, please make sure to include the essential elements of an event: what took place, whom it concerns the most, where and when it took place. You are encouraged to send your news items by email to the address given below.

Last but not the least, your news contributions are important to us, so help us keep the Isra community connected by contributing regularly to Isra News. We appreciate your interest and contributions, and hope that you will find Isra News to be informative and pleasant to read.

Best Regards, Irfan Haroon isra.news@isra.edu.pk

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International Symposium on Entrepreneurship and Career Services



Isra University, Hyderabad in collaboration with Ball State University, USA organized a two-day International Symposium on 'Higher Education Initiatives in Entrepreneurship and Career Services' on 27 & 28 July 2016 at Movenpick Hotel, Karachi.

The opening held on 27 July 2016 which was attended by well reputed personalities from academia, government and corporate sector. The program comprised keynote speeches, thematic panel sessions and group activities related to challenges of entrepreneurship and career services at universities in Pakistan.

In this program, which was funded by the U.S. Department of State participants from universities located in KPK, Sukkur, Gilgit Baltistan and Balochistan were present.

The initial part of the event on day 1 started with speeches including speech of Prof. Dr. Hameedullah Kazi Pro-Vice Chancellor, Engineering and Management Sciences, Isra University; Prof. Dr Ghulamqadir Kazi Vice Chancellor, Isra University; A. J. Jagelski, Cultural Attaché U.S. Consulate Karachi; Dr. Kenneth Holland and Dr Julie Barker from Ball State University, USA. The experts highlighted the significance and challenges of entrepreneurship in Pakistan and the panel discussions led to effective strategies to meet discussed challenges.

The latter part of the event included panel sessions that were headed by Dr. Javeid Iqbal, Vice Chancellor, University of Balochistan; Dr. Abdul Raheem, Vice Chancellor, University of Science and Technology Bannu; Dr. Muhammad Asif Khan, Vice Chancellor, Korakoram International University; Dr. Ghulamqadir Kazi, Vice Chancellor, Isra University; Dr. Hameedullah Kazi, Pro Vice Chancellor, Isra University; and Dr. Kenneth Holland, Director, Center for International Development, Ball State University, USA.

The experts highlighted core issues of entrepreneurship and career services and suggested that industry and academia should work together and communication should be enhanced between them. They expressed that entrepreneurial activities will help address the ground issues of communities, hence universities should develop curricula that can facilitate this process. Moreover, youth especially girls should be encouraged to create innovation and adapt to face the challenges that are essential for a successful entrepreneur. They noted that friendly policies should be put in place that can make acquiring seed money easier, reduce business risk and fulfil training gaps. Dr. Qamaruddin Mahar, Chairperson of Management Sciences at Isra University concluded the session. The second day commenced with the keynote speeches of Dr Kenneth Holland and Julie Lebo who talked about empowering and facilitating women entrepreneurs and job seekers. During their speech they highlighted the role of women in the business community and expressed their preference for an active women representation in work place saying, "For a prosperous business community it's very important for men and women to contribute their efforts equally."

The second keynote speaker of the day, Mr Jim McAtee presented on 'Modern Trends in Career Services'. He stated the changing role of career services in the world. He shared the principles and procedures with which Ball State University has been successful in running its career center.

The symposium, graced with the presence of distinguished Vice Chancellors of various universities and experts from corporate sector, was very successful.



04

Course on Management of Weapon-Wounded Patients in Asia

A course on the management of 'Weapon-wounded patients in Asia', jointly organized by International Committee of the Red Cross (ICRC) and Isra University was for the first time held from 25^{th} to 29^{th} July at Isra University Islamabad Campus.

Pro-Vice Chancellor, Isra University Islamabad, Professor Dr. Umar Ali Khan presided over the closing ceremony with the chief guest, Mr. Reto Stocker, Head of Delegation, International Committee of the Red Cross (ICRC). This 5-day certificate course was CME accredited. Renowned Surgeons of ICRC, Dr. Asa Moldah (Sweden) and Dr Morco Pinter (Italy), conducted the course with the help of faculty members of surgery department of Isra University Islamabad including Prof. Dr. Ishtiaq Ahmed, Head of Surgery Department; Dr. Salman Tipu, Associate Professor and Vice Dean Clinical Sciences; and Dr. Junaid Javed. A diverse group of 30 surgeons from all over the country attended the course.

The purpose of the training was to promote a surgical module with an objective of improving the knowledge and skills of the surgeons on the comprehensive clinical management of patients injured by explosive weapons with a focus on surgical techniques, related procedures and protocols. Also, the course intended to prepare the health-care professionals to deal with weapon-wounded patients in a limited-resource scenario.

While addressing the participants, Dr. Asa Moldah (Sweden), International Committee of the Red Cross (ICRC) said that the ICRC has worked in different parts of the world. During these years, the ICRC has developed expertise in different fields of humanitarian services. She added that surgeons showed a great interest and appreciated the initiative, which would guide them to deal with weapons-wounded patients while enhancing their knowledge and skills. She termed it as the right step towards more integrated assessment. She advised the participants to familiarize themselves with some critical challenges being faced by Pakistan. The event reaffirmed her strong belief that a right step had been taken by the participants with a deepening commitment to help improve the lives of the people, who needed their assistance the most. Such ventures go a long way in helping the marginalized communities. "Healing is a matter of time, but it is sometimes also a matter of opportunity", she continued. ICRC transfers its capabilities to the local communities by engaging with the local institutions.

Course coordinator Dr. Salman Ahmed Tipu presented a vote of thanks to all the participants of the course who had travelled long distances from all over the country to attend the course.

Mr. Reto Stocker praised the efforts of Isra University in the field of Health Services and said that it was an honour for the ICRC to work with such a reputed institute. He explained that the ICRC was an impartial, neutral and an independent organization whose exclusive humanitarian mission was to protect the lives and dignity of victims of armed conflict and other situations of violence, and to provide them with assistance. He said that the institutions and people of Pakistan show incredible zeal when it comes to their commitment towards philanthropy.

In the closing ceremony, Pro-Vice Chancellor, Isra University Islamabad, Professor Dr. Umar Ali Khan while speaking on the occasion, briefly explained about the establishment of Isra University and Al-Nafees Medical College Hospital, a feather in the cap of Isra Islamic Foundation. He said that the Foundation was treading on the right path by not only working in the field of education but also by meeting the challenges on the health and welfare fronts. He thanked the guests and participants for sparing their precious time out of their busy schedules.

In the end, Professor Dr. Umar Ali Khan presented souvenir to the Chief Guest and awarded certificates to the participants.



Al-Nafees Medical College Introduces New Equipment for Pathology Department

Pathology Department of Al-Nafees Medical College (ANMC) has recently introduced new testing equipment to improve the efficiency and productivity of the work. These equipment included

Haematology Analyser (5 parts), Automated Chemistry Analyser and Electrolyte Analyser. By the use of these new equipment the quality and time of the work has improved to a great extent.

IBTA Licenses ANMC&H Blood Bank

Islamabad Blood Transfusion Authority (IBTA) recently offered license to multiple blood banks of the city which also includes Al-Nafees Medical College and Hospital (ANMC&H) Blood Bank. Lately State and Provincial governments made a legislation that only licensed blood banks will be authorized to provide blood for transfusion. This order was carried out in response to a high number of fatal diseases emerging in the society. ANMC&H has also been included in this list. ANMC&H now enjoys legal authority to provide safe blood and blood products to the patients. ANMC&H has also established a student based society to donate blood to the needy, impoverished patients in case of emergency.

Isra University Signs MoU with Universities in KPK & Gilgit



Isra University in its efforts toward developing a network of organizations for the promotion of entrepreneurship and career services has established partnerships with peer institutions.

A delegation of Isra University comprising three members including Prof. Dr. Hameedullah Kazi, Pro-Vice Chancellor (Faculty of Engineering & Management Sciences); Dr. Qamaruddin Mahar, Chairperson Department of Management Sciences; and Mr. Hunain Ansari, visited six institutions from 29th



August 2016 to 1st September 2016, and signed Memoranda of Understanding with them to promote collaboration in entrepreneurship & career services, research in multidisciplinary areas, and various academic activities.

On Monday, 29 August 2016, the delegation visited Abdul Wali Khan University, Mardan; Institute of Management Sciences, Peshawar and University of Peshawar to meet their Vice Chancellors and sign the MoU. Later, on Tuesday, 30 August 2016,





the delegation of Isra University was hosted by the Vice Chancellors of University of Science & Technology, Bannu and Kohat University of Science and Technology at their respective campuses, where the MoU signing took place. The delegation also visited Karakoram International University, Gilgit on Thursday, 1 September 2016, to meet its Vice Chancellor and sign the formal agreement.

As a follow-up to the linkages, Isra University has scheduled to



conduct various workshops for students at its partnering institutions on how to launch their own business and how to conduct an effective job search.

These institutional collaborations will contribute in bringing positive impact on local communities and help harness the potential of the talented youth. It would not only provide an environment of integrated expertise but will also offer a band of opportunities.

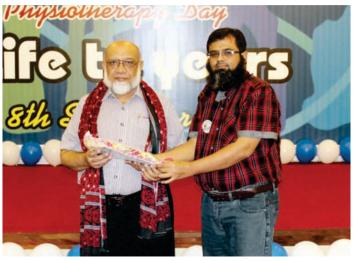


06

World Physical Therapy Day Celebrations 2016

World Physical Therapy Day is celebrated worldwide on 8th September. The day is an opportunity for physical therapists from all over the world to raise awareness about the crucial contribution the profession makes to keep people well, mobile and independent. Isra Institute of Rehabilitation Science (IIRS) Hyderabad campus organized a celebrative event around the theme 'Add Life to Years' at the Asadullah Kazi Auditorium on this day. The celebration started with recitation of the Holy Quran followed by a welcome address. Proceeding the event, the students of DPT performed many skits and activities to spread awareness among the audience vis-à-vis World Physical Therapy day and the importance of





physical therapy treatment.

Physical therapists work to undo damage, educate on healthy behavior and to restore lost or damaged functionality. Physical Therapy Day, then, is dedicated to these professionals throughout the world, and aims to recognize their commitment to keeping us all fighting-fit.

Chief Guest of the event in his address stated, "Activities like these are important for students not only to learn their responsibilities towards their profession, but also to thank professionals already fulfilling them."

The event closed with souvenir distribution and a vote of thanks.

U.S. Cultural Delegation Visits Isra University, Hyderabad

U.S. cultural delegation visited Isra University Hyderabad on 4th August 2016. The delegation comprised of U.S. cultural Attaché Mr. A. J. Jageski, Mr. Bria A. Mathews and Ms. Ayesha. Purpose of this visit was to discuss the status of the 'Entrepreneurship and Career Services Project' awarded to Isra University, Hyderabad.

The U.S. cultural delegation reached Isra University on Tuesday morning. It was received and welcomed by Prof. Dr. Hameedullah Kazi, Dr. Qamar-u-Din Mahar, Mr Riaz Ahmed Shaikh and Mr. Zafar Siddiqui. The delegates were presented with Sindhi Ajrak as a token of gratitude. Prof. Dr. Hameedullah Kazi, who is the





Director of this project, briefed the delegates about the progress of the project. Dr. Kazi also put forth valuable suggestions for increasing the efficiency of the project.

"Such visits pave a path for developing a healthy relationship between U.S. and Pakistan and are helpful for initiating quality endeavours in the country," said Dr. Kazi. Moreover, U.S. cultural Attaché Mr. A. J. Jageski said, "I hope that we will succeed in accomplishing the main goal of this project that is to flourish entrepreneurship in Pakistan."

Session on Management of GERD



Department of Surgery in collaboration with Department of Gastro-enterology organized a session on 'Management of GERD' on 20th August 2016, at OPD lecture hall, Isra University, Hyderabad under the chairmanship of Prof. Abdul Sattar Memon.

Gastroesophageal reflux disease (GERD) is a chronic digestive disease. GERD occurs when stomach acid or, occasionally, stomach content, flows back into your food pipe (oesophagus). The backwash (reflux) irritates the lining of your oesophagus and causes GERD. Its Management is highly recommended by professionals to avoid complications in digestion.

Prof. Sadik Memon along with post graduate students from AIMS attended and presented his talk on recent advances in the Management of GERD. The overview of GERD was presented by

Prof. Abdul Sattar Memon followed by case presentations by Dr. Javeria Memon and Dr. Salma Rabail. Prof. Waseem Memon discussed the etiopathogenesis of GERD, while Dr Javeria Farid presented the clinical features and differential diagnosis of the same. Dr. Shaista and Dr. Techand Meshwari highlighted the investigation procedure and complications respectively. The medical, surgical and endoscopic treatment of GERD were elaborated by Dr. Shabana, Dr Abdul Sattar Memon and Dr. Amir Ghori respectively.

Program concluded with question and answer session and certificate distribution by Prof. M. H. Laghari, after which lunch was served.



Seminar on Quality Assurance in Pathology Lab at ANMC



Pathology department of Al-Nafees Medical College (ANMC), Islamabad conducted a one day seminar on 'Quality Assurance in Pathology Lab' on 24th May 2016 in Hassnain Auditorium. After the recitation of Holy Quran, Professor Dr. Ijaz Ahmad, Diplomat American Board of Histopathology and Chemical Pathology, was introduced by Dr. Ahsan Kazmi, Associate Professor Chemical Pathology. Prof. Dr. Ijaz Ahmed is an eminent and senior pathologist who has vast experience in pathology owing to his services at Rawalpindi Medical College, Pakistan Institution of Medical Sciences and Shifa International Hospital, Islamabad. Dr. Ahmed gave a detailed review of quality assurance in pathology lab. After his lecture, students asked questions which showed their interest in the subject.

The seminar was thronged by faculty members from other departments as well and students of MLT department of ANMC. At the end of the seminar, shield was presented to the guest speaker by Prof. Dr. Noor Khan Lakhnana, HoD of Pathology department

by Prof. Dr. Noor Khan Lakhnana, HoD of Pathology department of ANMC. Professor Dr. Mati Ur Rehman, Director of Quality Enhancement Cell also attended the seminar.



Mid Term Skills Competition & Cash and Certificate Distribution of NAVTTC PMYSDP



A Mid Term Skills Competition in the NAVTTC Prime Minister Youth Skills Development Program, Phase-3 was organized on 24 August 2016 in which all the students of Phase-3 participated enthusiastically. During the competition, practical tasks were given to students based around the latest technical aspects. The competition was organized in all three trades: Book Keeping & Accounting, Graphic Designing and Auto CAD.

In the Book Keeping & Accounting trade winner, runner-up and second runner-up were Adnan Shaikh, Ali Raza Sipio and Ramesh Kumar respectively, while in the Graphic Designing trade winner, runner-up and second runner-up were Ubaidullah, Kashif Ali and Shoban Ali respectively and in the trade of Auto CAD winner, runner-up and second runner-up were Rashid Laghari, Ghulam Murtaza and Abdullah Veesar respectively.

The cash and certificate distribution ceremony of the winners, runners-up and second runners-up was held at the office of Prof. Dr Hameedullah Kazi, Pro-Vice Chancellor, Engineering & Management Sciences and Head of NAVTTC Prime Minister Youth Skills Development Program. Dr. Kazi distributed cash awards and certificates among the position holders and encouraged them to continue their dedication and efforts.



Executive Director of NAVTTC Visits Isra University, Hyderabad



Mr. Zulfiqar Cheema, Executive Director, NAVTTC (National Vocational Technical Training Commission) visited Isra University, Hyderabad on 9 August 2016. In his visit, he met with Prof. Dr Hameedullah Kazi, Pro-Vice Chancellor, Engineering & Management Sciences, Isra University, Hyderabad, who is the Head of the Prime Minister Youth Skills Development Program, Phase-3 at Isra University, Hyderabad.

Mr Saad Khan Baloch, focal person of the program & Assistant Professor, Faculty of Engineering, Science & Technology, coordinated the visit. Isra University, Hyderabad was shortlisted and selected to organize trainings in three trades at its Hyderabad Campus i.e. Book Keeping & Accounting, Graphic Designing and Auto CAD. Currently, a total of 75 students from underprivileged areas of the region are being trained. Mr Cheema also met with the students of the program and also visited different labs at the University. He appreciated the facilities at Isra University and was very happy to know the positive feedback from the students.



Certificate Distribution Ceremony of Prime Minister Youth Skills Development Program, Phase-2



A Certificate Distribution Ceremony of Prime Minister Youth Skills Development Program, Phase-2 of the region of Sindh was organized at MUET, Jamshoro, on 10 August 2016. The students of Phase-3 deployed at Isra University also attended the ceremony along with Mr. Saad Khan Baloch, Assistant Professor and focal person, Prime Minister Youth Skills Development Program at Isra University, Hyderabad. The certificate distribution ceremony encouraged all the other students in Phase-3 to be among the position holders.

In-House Teachers Training on Teaching Pedagogy

An In-House Teachers Training on Teaching Pedagogy was organized on 27 August 2016 at Isra University, Hyderabad. The resource person on the occasion was Mr Abbas Hussain, Director, Teaching Development Center, Karachi. Mr. Hussain has experience of 25 years of teachers' training. He is also a visiting faculty at IBA and IoBM Universities, Karachi.

Prof. Dr. Hameedullah Kazi, Pro-Vice Chancellor, Engineering & Management Sciences, welcomed all the participants and guest speaker from Karachi. He emphasized on the importance of teachers' training and noted that learning should take place not only at the start of career but also during it. Later, Prof. Dr. Hameedullah Kazi decorated the guest from Karachi with Sindhi Ajrak and presented with shield and certificate.

Following that Mr Hussain conducted a full day marathon training session in which he had the participants distributed in groups to learn about pedagogy. Pedagogy is the discipline that deals with the theory and practice of education; it thus concerns the study and practice of how best to teach. Its aims range from the general (full development of the human being via education) to the narrower specifics of basic, school, college, university and vocational education (the imparting and acquisition of specific skills). In correlation with those instructive strategies, the teachers own philosophical beliefs of instruction are harboured and governed by the pupil's background knowledge and experience, situation, and environment, as well as learning goals set by the student and teacher. One example would be the Socratic schools of thought. The training was attended by a good number of teachers from Isra University as well as teachers from the region of Sindh. Participants belonged to Nawabshah, Mirpurkhas and Hyderabad. From Isra University participants were from the Faculty of Medical & Allied Medical Sciences, Faculty of Engineering, Science & Technology and Faculty of Commerce, Economics & Management Sciences.

This event was organized by Mr. Saad Khan Baloch, Assistant Professor, Faculty of Engineering, Science & Technology.



Sports Gala 2016



The Annual Sports Gala 2016 was organized from 30 August 2016 to 13 September 2016. This two-week gala, which is a part of the yearly activity calendar saw enthusiastic participation of numerous male and female students from various faculties across the University. The 1st week was reserved for female students while the 2nd week for male students. The games were held at Isra Sports Ground and female sports area.

The Gala had kicked off with the events of females that were held at female sports area. The games that were played in the female section were cricket, basketball, chess, throw ball, badminton and table tennis. In Cricket Tigers from Medical Sciences Department beat Players from Dental Department by 6 wickets.

In the events of Badminton Warisha Ali from Management Science Department beat Uzma Bibi 11-7 in the finals, while in Throw ball event Team of Faith from Dental Department beat team named Players from Physiotherapy. Moreover, in the event of Chess Maham Nizamani from the Management Sciences department beat Warisha Ali from Management Sciences department. In the event of Basketball team of Players beat team of Tigers by 7-3 and in the last event Table Tennis; Aida Nasir from Medical Sciences Department was the winner after defeating Rabia Nizamani from Physiotherapy Department 11-8. The trophies were distributed by Prof. Dr. Ghulamqadir Kazi, Vice Chancellor, Isra University, Hyderabad.

In Boys Section Table Tennis, Chess and Badminton were held first. In the final of Table Tennis event for boys Bilawal Mujtaba from B.E. Electrical Engineering beat Muzamil Khaliq from MBBS 11-7, while in Badminton the winner was Hasnain Ahmed from MBBS who beat Basit Memon from MBBS 15-7 and in Chess Farooq Ahmed from B.E. Electrical Engineering beat Rashid Ali Shah from DPT 1-0 in the finals. Cricket was the backbone of Sports Gala 2016 and as many as twenty-one teams participated in the cricket tournaments. There were five pools. Four matches were played daily. The matches were played on league basis in the first round and then in the second round and onwards knockout matches were held. After seven days of fervent league matches, two teams Thunders and Fleet XI made it to the final. The Final saw an excellent match and Fleet XI lost to Thunders by 6 wickets.

Other games that were organized during the sports gala included basketball, football, volleyball, chess, table tennis, and badminton. In the Basketball event, Pointers from FES&T beat United King from the FM&AMS by 7-4 goals in the final. In the Football event Kung-Fu from FM&AMS beat Leopards from the FES&T and FCE&MS by 5-2 goals in the final to lift the championship. While in the Volleyball event the team of Pak Dolphins from FM&AMS beat the team of Panthers again from the FM&AMS.

The trophies were distributed by Prof. Dr. Ghulamqadir Kazi, Vice Chancellor, Isra University, Hyderabad. This huge event was organized by Mr Irfan Haroon, Chief Organizer, Sports Gala 2016 and Director Student Affairs, Isra University, Hyderabad; Mr Saad Khan Baloch, Coordinator, Sports Gala 2016 and Assistant Professor, Faculty of Engineering & Science Technology; and other team members M. Ali Memon, Yasir Shaikh, Amjad Shah, Ahsanullah Samoo, Fayaz Noonari and Razaullah Balouch.





Sports Gala 2016 Pictorial

















12

2nd CPC on Intestinal Obstruction

Department of Surgery of Isra University, Hyderabad organized 2nd CPC on, Intestinal Obstruction for undergraduate students under the chairmanship of Prof. Abdul Sattar Memon on 22 September 2016 at Asadullah Kazi Auditorium, Isra University, Hyderabad. At the event Dr. Narjis Raza presented the case of intestinal obstruction, Dr. Aneeta Bai introduced the topic, whereas Dr. Payal Lal Chandani discussed Etiopathogenesis of Intestinal Obstruction to emphasize the causes and subsequent development of this abnormal condition. Dr. Aiman Rasheed discussed the clinical presented the investigation of obstruction of intestines. Furthermore, Dr. Sumbal Memon shed light on differential





diagnosis of this abnormality, and Dr. Sumera Baloch and Dr. Karishma Kumari detailed the medical management and surgical management of Intestinal Obstruction respectively.

Prof. M. H. Laghari appreciated the efforts of the Department of Surgery, particularly Dr. Javaria Fareed for her hard work and executing such an excellent CPC for the final year MBBS students of Isra University Hyderabad.

Almost 65 participants including faculty members from Department of Surgery, hospital administration and students of final year MBBS participated in the event. At the culmination of the program, Prof. M. H. Laghari distributed certificates among the speaker students.

Training on Scan Time Allenbradly PLC Trainers

A training on Scan Time Allenbradly PLC Trainers was organized at Electrical Engineering Department of Isra University, Hyderabad on 1 September 2016. Engr. Sarfraz Ahmed, Instrument Engineer, from Scan Time was the Trainer. The trainer extensively explained and trained the faculty members of the said trainers and its latest modules.

This training was organized by Engr. Saad Khan Baloch, Assistant





Professor, Electrical Engineering department, Faculty of Engineering & Science Technology; and Engr. Mumtaz Kazi, Lecturer, Electrical Engineering department, Faculty of Engineering & Science Technology. The training was attended by good number of the faculty members of Electrical Engineering Department.

PASTIC-Isra Three-Day Workshop on Koha (ILS)



Pakistan Scientific and Technological Information Centre (PASTIC) and Isra University, Hyderabad jointly organised a three-day training workshop on Koha (ILS). The workshop was conducted at Isra University, Hyderabad from 21st-23rd September 2016. The purpose of the workshop was to guide the participants about Koha which is the most advanced open-source Integrated Library System. Speakers of the workshop were from PASTIC and NCP Quaid-i-Azam University. Prof. Dr. Hameedullah Kazi was the chief guest of the opening ceremony.

This three-day workshop was mainly organised to introduce the new library software Koha. The speakers guided the audience regarding the importance and use of the software. They shed light on how the world is using technology to make the work more effective and how they can also improve their performance by capitalising on information technology.

13

The target audience of this joint session were librarians, IT specialists and experts, and IT users. These participants were not only from Isra University, Hyderabad but were from universities and R&D organisations across the province of Sindh.

The closing ceremony was graced by the presence of the Director General PASTIC, Dr. Muhammad Akram Shaikh as the Chief Guest. In his speech applauded the efforts of the organizers librarians, Mr. Gulzar Lakho and Mr. Iftikhar Ali Shah and shared the initiatives of PASTIC in promoting library services in the country.



14

Skill Workshop on Catheterization

The Department of Surgery in collaboration with the Department of Urology of Isra University, Hyderabad organised a one-day skill workshop on 'How to Catheterize' under the chairmanship of Prof. Abdul Sattar Memon and his team on 10 September 2016 at Skills Lab, Isra University Hospital. Another workshop on the same topic was conducted on 24 September 2016.

The Department of Surgery has started a series of workshops involving hands-on skill training for nurses, technicians, house surgeons and postgraduates of Department of surgery and Allied Medical Sciences. These were the first two skill workshops from a series of ten workshops. The three hour workshops were conducted





by Dr. Rajab Gharano, Assistant Professor of Urology who discussed the process of catheterization followed by hands-on catheterization by post graduate students and house surgeons of the Department of Surgery and Allied Medical Sciences for which Dr. Javeria Farid Assistant Professor of Surgery was the clinical coordinator. Question answer session was conducted as a final part of the session. Around 24 participants comprising faculty members, house surgeons and postgraduates of the Department of Surgery attended the programs. At the end, lunch was served to all the participants which was sponsored by Sami Pharma in the first workshop and by Getz Pharma in the second.

World Heart Day 2016



World Heart Day is annually celebrated in the last week of September to inform people around the globe that heart disease and stroke are the world's leading causes of death, claiming 17.3 million lives each year. The event also aims to promote preventative measures that reduce the risk of cardiovascular diseases. Each year celebration has a different theme, reflecting key issues and topics relating to heart health.

Prof. Dr. Feroz Memon as a coordinator of Hyderabad Chapter organized an Awareness program on 27th September 2016 for World Heart Day with a theme "Power Your Life" at Isra University Hospital, Hyderabad in collaboration with Pakistan Cardiac Society. During the program, Prof. Dr Feroz Memon, Dr

Nandlal Rathi and Dr. Muhammad Kashif Shaikh talked extensively on preventive strategies and provided awareness to the participants to have healthy diet, say no to smoking, be physically active, and know their number.

Around 250 medical students, paramedical staff and other health related personnels participated in this awareness and preventive program to mark World Heart Day and encourage healthy lifestyles. Dr. A.G. Kazi Pro Vice Chancellor of Faculty of Medicine & Allied Medical Sciences of Isra University, Hyderabad also graced the event with his presence. At the end, Prof. Dr. Feroz Memon thanked all the participants for active discussion and attending the awareness program



MDM Meetings

Pathology Department of Al-Nafees Medical College (ANMC) with the collaboration of the Surgery Department of ANMC has been conducting multi disciplinary meetings (MDM) on a monthly basis. In the said meetings, information regarding interesting cases of surgery referred for histopathology is discussed. Preoperative findings are correlated with histopathology reports. Unexpected

interesting findings are, at times, reported. A case of a tumour like swelling with capsule removed after surgery was recently reported. On histopathology and gross examination, it was revealed as a gauzoma (forgotten gauze piece in pelvis of patient by the negligence of another health centre).

Publication and Chapter Indexing

The Head of Physiology department and Director of Postgraduate Studies of Al-Tibri Medical College, Karachi, Prof. Muhammad Ahmed Azmi made his campus proud when his book chapter named 'Pesticides – The impacts of Pesticide Exposure' got accepted for indexing in Thomson Reuters' ISI Web of Science Book Citation Index (BKSI). Thomson Reuters' ISI Web of Science is the world's leading citation index that provides interaction from researchers to researchers and researchers to relevant data in sharing their ideas and scientific knowledge.

Another chapter on 'Nanotechnology' from his book has been accepted for publication in ELSEVIER.

MBBS Female Students Visit Basic Health Unit Hatri

As part of their academic curriculum, the girls of third year MBBS were taken for field visit and research survey activity to Basic Health Unit (BHU) Hatri on 20 August 2016. These girls were





accompanied by Prof. Dr. Hussain Bux Kolachi, Dr. Nudrat Zeba, Dr. Suhail Ahmed, Dr. Sajja Kazi, Dr. Abdul Wadood Shah and Mr. Iqbal Ahmed Khaskheli.

MBBS Students Visit Water Filter Plant

The boys and girls of third year MBBS visited Water Filter Plant at Hyderabad on 27 August and 3 September 2016, respectively. These students were accompanied by Dr. Suhail Ahmed,





Dr. Nudrat Zeba and Mr. Iqbal Ahmed Khaskheli from the faculty. During the visit, the students saw first-hand the operation of the filter plant and were briefed about its processes.

PROJECTS OF ISRA ISLAMIC FOUNDATION GUARANTEE LIMITED (IIF)

Educational Programs

Isra University (Main Campus), Hyderabad

- Faculty of Medicine & Allied Medical Sciences
- Faculty of Engineering, Science & Technology
- Faculty of Commerce, Economics & Management Sciences

Faculty of Dentistry & Allied Sciences
Isra University Hospital, Hyderabad
Isra Dental College & Hospital, Hyderabad
Isra College of Rehabilitation Sciences
Isra School of Nursing, Hyderabad
Isra School of Paramedics, Hyderabad
Isra Schools Network, Hyderabad & Nasarpur

Health and Welfare Programs

Isra Blindness Control Programs

- Al-Ibrahim Eye Hospital: Malir, Kunri & Kharan
- International Eye Camps
- National Eye Camps

Isra University Welfare Hospital, Hyderabad Isra General Medical Camps, Rural Areas Al Tibri Medical College Hospital, Karachi Al Nafees Medical College Hospital, Islamabad

Isra University (Karachi Campus)

- Al Tibri Medical College & Hospital
- Isra Institute of Rehabilitation Sciences
- Isra Postgraduate Institute of Ophthalmology
- Isra School of Optometry

Isra University (Islamabad Campus)

- Al Nafees Medical College & Hospital
- School of Engineering & Applied Sciences
- Isra School of Rehabilitation Sciences

Markaz Islami Sindh

Isra Quran Academy Programs

- Isra Quran Fahmi Program
- Isra Ta'leemul Quran Program

Madaris-Masjid Support Program Rural Community Support Program Translation, Publication and Distribution of Islamic Literature

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